**What can you do in a minute? Just for fun!**

Here are some fun things you and your grown up can time yourself doing in 1 minute. Choose something from the list. How many times do you think you can do it in a minute? Time yourself to see if you are correct.

1. How many times can you clap your hands;

2. Write your name; (or write the first letter of your name)

3. Stretch and touch your toes;

4. How many circles (or other shapes) can you draw;

5. How many times can you catch a ball;

6. Starting at 1, how many numbers can you write;

7. How tall a tower of bricks can you build;

8. How many star jumps can you do;

9. Beginning at number 1 what number can you count to;

10.How many times can you jump up and down.

Can you think of any other things to do in a minute?