

Silver Award

Upper Schoolroom

Activities Brochure Autumn Term 2021

The Activities Programme

The following pages have your options for Activities this term.

You need to choose **THREE** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. Once choosing starts (Tuesday 14th at the start of lunch) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 3. Make sure you save your choices and check that you have at least 3 activities. (Prep and music practice do not count).
- 4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in your Common Room showing which room your activities are in.



What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Silver Award and you have the whole of Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 500 credits over the year across at least five of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday Activity Hour **Activity Assistants** V & S Assist the Activities Duty Person by distributing registers 3 spaces 20 and running errands. **Comic Book Club** Creative Cultural Skills Jessica Hargreaves Fan of Comic books? Manga? Graphic Novels? The comic 10 spaces 10 5 5 book club is a place to talk about and create your own worlds and visual stories! **Fashion Runway Challenge** Creative Cultural Skills GС Jade Blood Think Ru Pauls Drag Race and Project Runway combined! 12 spaces 10 5 5 5 Every term you will be given a theme and in teams, you will create a 'runway' look which will be judged by a guest panel on your creative interpretation! We will do some fabric dying, basic sewing techniques on the way, as well as thinking about sustainability and recycling in fashion! **Horrible Histories** Physical Creative Cultural Skills GC Jodie Donovan Do you love Horrible Histories?! Have you learnt the songs 10 spaces 5 5 off by heart, and remember the best jokes and evil villains from history? Well why not create your own Horrible Histories show! We are going to use York as our inspiration to create our own Horrible Histories skits, writing them, creating costumes for them and filming them to have a viewing party at the end of term. If you are able to write a song - even better! **Natural History Society** GС Skills Robert Gardiner A time to reflect and learn more about the natural world 12 spaces 10 10 around us. Catch Moths, Set out Camera Traps, Increase the Biodiversity of the site, listen to some visiting experts and take away ideas to use at home to increase wild life. **School Production** Physical Creative Cultural Skills Andrew Quarrell The way a school production is meant to be done. We will 75 spaces 5 be choosing one full West End Production (revealed shortly) 5 5 and creating our own version which will rival the standard of the West End and Broadway. It will definitely be a highlight of the school year! You must sign up for Monday and Friday. **Stop-motion Animation** Creative Cultural Skills Georgia Harland Come and make a stop-motion film! Choose whatever 16 spaces 10 5 format you like, and create whatever setting you want! You could animate a story, make a music video for your favourite song, and we can collaborate and make a short film about Bootham. **Swim Training** Physical Skills Michelle Gatenby Working on stroke technique in all four strokes, also starts 20 spaces 5 and turns, relays, fitness training and personal survival skills. U14 and 15 Girls Football Physical Skills Helena Landau Football training 18 spaces 5 **Tuesday Activity Hour Activity Assistants** V & S Assist the Activities Duty Person by distributing registers 3 spaces 20 and running errands. **BEAST** Skills V & S GC L Kayleigh Oliver There is no Planet B! If you're interested in the 20 spaces 5 10 5 environment, sustainability and all things eco, join us for discussion, activities and student led ideas and initiatives, to help make the school and wider community greener.

Bell Ringing Physical Creative Cultural Skills Louise Thorpe Learn to ring church bells! You will discover the theory 6 spaces 5 10 5 behind change ringing before having a go on the St Wilfred **DIY Games Console** Creative Cultural Skills Luke Gilliver A DIY game console that will teach you about electronics 10 spaces 5 10 and programming in a fun and interesting way. Price of the activity includes the console that you can keep! £48.00 First Aid for Beginners Skills V & S GC L Alison Webster Come and learn the basics of first aid. An essential course 12 spaces 10 5 5 5 that everyone should do at some point. **Gardening Club** Physical Creative Cultural Skills V & S GС Jodie Donovan Growing your own flowers, herbs and veg can be one of the 10 spaces 5 most rewarding things you can do - and you can learn how! We're going to learn how to grow plants from seeds, how best to look after them, and how to make sure that we get as many flowers/vegetables out of each plant as possible! Plus, any produce we do grow will go to the kitchens towards our food (and we might even get to create a few recipes ourselves!) **KnitWits** Creative Skills Jessica Hargreaves Knitting, sewing, crochet, you name it! Here we will look at 10 spaces 10 10 all types of textile techniques to work on projects or learn a new skill that is relaxing and creative! Riding Physical Skills Cathy Rowell Learn to ride a horse! The activity is for schoolrooms and 15 spaces 5 seniors (and College by arrangement). It does not matter if you have ridden before- beginners are welcome. We £20.00 per week generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10on Tuesday afternoon and ride from 4:30 to 5:20, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at Speed Cubing and other skills. Creative Skills Mathew Aston Come along and learn to solve a Rubik's Cube, (maybe). 12 spaces 15 Learn algorithms which will allow you to improve your time 5 to fix! We will look at other skills as well, such as Cup Stacking. **Supported Prep** This activity does not earn Bootham Challenge Credits Liam McCreesh Do you need some additional support with prep? Come 10 spaces along to check you are on the right track and complete your prep with additional support. U14 Netball Training Physical Skills Angela Woods Team netball training. 24 spaces 15 5 Walk and Talk EAL Physical Creative Cultural Skills GC Kelly McCarthy Practice your English by having a walk with Kelly and her 10 spaces 5 5 5 dog Titch. Why not sign up with a friend for a chat? **Water Polo** Physical Skills Michelle Gatenby Learn the fundamentals of the sport which enhances 12 spaces fitness, stamina and team spirit. Must be able to swim 100 15 5 meters both in breastroke and backstroke and tread water for 3 minutes World Cookery Creative Cultural Skills GC Htoon Aung Learn how to cook and eat healthily. Making beautiful 6 spaces 10 continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Wednesday Activity Hour **Activity Assistants** V & S Assist the Activities Duty Person by distributing registers 3 spaces 20 and running errands. **Archaeology Club** Creative Cultural Skills GС Amira Brar and Kriti Chattopadhyay Do you want to explore ancient artefacts including ones 10 spaces 5 5 10 5 from Bootham? Discover and visit York's historic sites? Play games and quizzes with your friends? Then archaeology is for you! **Bikes in Need** Creative Cultural Skills V & S GC L Htoon Aung Bikes in Need. An activity to support a local charity called 10 spaces 5 5 5 5 5 5 Bikes In Need. By doing this activity you will learn: bike maintenance and social entrepreneurship. How can we, as a school, help Emma Frost raise funds, source, collect, restore and distribute bikes and publicise this charity? This will involve working with Emma and may include work on social media, fundraising, logistics (collection, storage and distribution of the bikes to refugees and homeless in York.) See Martyn Beer for further details. Cardio/Hit Workout Physical Gemma Campbell Are you ready to get moving and experience those positive 16 spaces vibes? Jump, squat, and run along to some feel good tunes. Everyone is welcome! **Ceramics** Creative Skills Penny Philips Play with clay! Beginners welcome, we make all sorts from 10 spaces 5 bowls to bears, the only limit is your imagination. It's a fun activity with the emphasis on exploring a new material and £60.00 per term getting to know other members of the group. Cryptography Club Creative Skills James Ratcliffe Crack some codes. Each week a new challenge will be set. 24 spaces 15 5 Can you crack the codes to get into the safe and get the sweet sweet rewards? **Hummus Appreciation** Creative Cultural Skills GC Jodie Donovan Do you like a good dip/spread? Have you found that you 8 spaces 5 5 5 5 feel like you're missing something when you're having some Doritos or some carrot sticks? Is hummus that dip that you've been missing?! Hummus appreciation is an activity for those who love a good hummus (or those who have never tried it!) We're going to be trying different types of hummus from various cultures and cuisines - with different accompaniments and recipes, rating each one every week. At the end of term, after we have experimented in the hummus world, we're going to try and make our own! **Music Theory** Cultural Skills Hannah Feehan Music Theory from grade 1 - 5. Any musician around grade 10 spaces 10 10 2 upwards should consider taking this. **Racial Equality and Injustice Action Group** Skills V & S GС L Martyn Beer Racial equality and the injustices that, too often, surround 20 spaces 10 10 5 the issue are at the forefront of this group's mind. We are looking to challenge the culture and change the world! If you would like to be involved in helping the school respond to and discuss issues around racial equality and injustice then this Action Group is your opportunity. It is open to anyone in any year group and is a great chance to learn, think and create a safe, educated and happy environment for the whole school **Retro Gaming** Creative Cultural Skills Kerri Haynes-McDonnell Play on some retro consoles including PS1, Megadrive, 12 spaces 5 5 5 SNES and more!

Still Life Skills Creative Jessica Hargreaves A place to learn or challenge your skills in drawing and 10 spaces 10 10 painting in traditional and unvonventional ways, being inspired by our surrounding and beyond! All levels of experience welcome! **Supported Prep** This activity does not earn Bootham Challenge Credits Helena Landau Supported prep will give you the chance to receive support 10 spaces on prep, extended writing and coursework. **U14 Boys Football** Physical Skills Ben Coxon Team training. 18 spaces 15 5 Thursday Activity Hour **Activity Assistants** V & S Assist the Activities Duty Person by distributing registers 3 spaces 20 and running errands. CASH (Consent and Sexual Harm) Skills V & S GС L Beth Steer Challenge the culture, change the world! If you would like to 20 spaces 5 10 10 5 be involved in helping the school respond to and discuss issues around sexism, consent and sexual harm then CASH is your opportunity. CASH is open to anyone in any year group and is a great chance to create a safe, educated and happy environment for the whole school community. Film and TV Club Cultural Luke Gilliver Come and relax and enjoy watching some TV shows and 50 spaces 10 films in the cinema. **Junior Orchestra** Creative Cultural Skills Tim Bayley Junior Orchestra for beginners up to grade 3 30 spaces 10 5 5 Myths, Legends and Lore Creative Cultural Skills GC Georgia Harland Join us as we delve into the world of myths and legends. 16 spaces 5 5 We will look at ancient Greek, Egyptian and Norse myths. If you love telling stories, introduce the group to a myth you love! We can listen to podcasts, watch some films/documentaries, act, feedback to the group, and do quizzes based on what everyone has learned each week. Senior Orchestra Creative Cultural Skills Paul Feehan Senior Orchestra for students grade 3 and above. 80 spaces 5 5 10 **Strategy Board and Card Games** Creative Cultural Skills Tom Sansford Hello and welcome to strategy board and card games club. 20 spaces 5 5 10 A club where you can learn about the (genuinely) exciting world of modern board games. Absolutely everyone is welcome of all ages and abilities so come along challenge your friends and have some fun. **True Tones - Show Choir** Creative Cultural Skills Henry Calvert From pop to jazz, show tunes to rap, we do everything in 16 spaces 10 5 True Tones. Whether you're a shower singer or the next Aretha Franklin, everyone is given a chance to shine, singing the songs they want to sing. **U15 Boys Football** Physical Skills Andrew Bassett Team members only. 16 spaces 15 5

WAG - World Shaper Action Group Creative Cultural V & S GС L Kayleigh Oliver Take action for a fairer world - you can make a difference! 15 spaces 5 5 5 5 Join us to discuss and learn about the world, including issues like Fairtrade, refugees and modern slavery. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, Fairtrade stalls, engaging with local politicians, and using art to inspire action in others. **World of Weird** Creative Cultural GC Emma Stimpson Delve into the world of weird as we explore unusual places, 20 spaces 5 10 5 people and phenomena from all over our whacky world: cults, UFOs, non-human politicians, you name it! Thursday 5:15pm to 6:15pm Advanced Fencing Physical Creative Skills Donald Walker If you've been fencing for a while then this is for you. You 16 spaces 5 5 can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others. £60.00 per term Friday Activity Hour **Activity Assistants** V & S Assist the Activities Duty Person by distributing registers 3 spaces 20 and running errands. **Baking** Creative Skills Andrew Basset Learn to make some sweet treats! 6 spaces 10 10 **Beginners Fencing** Physical Creative Skills Donald Walker Fencing is the best combination of mental and physical 20 spaces 5 10 5 exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It £60.00 per term improves balance, timing and conditions the reflexes. **Bootham Newspaper** Creative Cultural Skills GC Louise Thorpe Do you want to be a journalist? Or do you just want to write 16 spaces 5 5 5 5 about things you love? Covering sports, music, fashion, film & TV, food, current affairs and everything going on at Bootham - come and write an article about anything you want! Build your own boardgame Creative Cultural Skills Amy Higgins Do you love board games? Would like the chance to design 16 spaces 5 5 10 your own? Come along and see what you can create! Candle and Card Making Creative Skills Htoon Aung Learn how to make candles and cards. Superb Christmas 10 spaces 10 10 gifts! **Fantasy Illustration** Creative Cultural Skills Emma Stimpson We'll be taking excerpts from popular fantasy novels and 15 spaces using them to create illustrative art. From Harry Potter to The Witcher, design scenes and characters just the way you imagine them! Hallyu Appreciation Club Creative Cultural Jamie Smale Are interested in K-POP or K-dramas? If so come along 16 spaces 10 10 where we can watch, listen to and talk about everything in Korean pop-culture. Run and Read Cultural Physical Peter Rankin Run for a bit, read for a bit. A great Friday activity, 8 spaces 15 5

School Production Physical Creative Cultural Skills Andrew Quarrell The way a school production is meant to be done. We will 75 spaces 5 5 5 be choosing one full West End Production (revealed shortly) and creating our own version which will rival the standard of the West End and Broadway. It will definitely be a highlight of the school year! You must sign up for Monday and Friday. **Strategy and Board Games** Cultural Skills Will Lewis Come along and enjoy playing both traditional and new 16 spaces 5 15 games with your friends. You are a Wizard! Creative Cultural Skills Jessica Hargreaves I am pleased to inform you that you have been selected to 20 spaces 10 5 joing the witchcraft and wizardry club at Bootham! Come and get sorted into your house, create your wand, spellbook and test your Hogwarts knowledge! **Zine Club** Creative Skills Jade Blood Learn how to self publish your own mini magazine (zines!) 12 spaces 15 5 Which can be about ANYTHING you like! We will work towards having our own stall at York Zine Fest later in the Friday 5:15pm to 6:15pm **Intermediate Fencing** Physical Creative Skills Donald Walker Fencing is the best combination of mental and physical 16 spaces 5 exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It £60.00 per term improves balance, timing and conditions the reflexes. This

activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave

weekends and half term.