



**BOOTHAM
CHALLENGE**

**Gold
Award**

Lower Senior

Activities Brochure
Spring Term
2022

The Activities Programme

The following pages have your options for Activities this term.

You need to choose **TWO** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **TWO** nights going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

Look through the list and find the activities you would like to do.

For some activities you can sign up early. These are shown as Spaces can be requested. You can ask for a space on these from now until Thursday at 4pm. They will then be fairly distributed.

Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 3 activities. (Prep and music practice do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.



BOOTHAM
CHALLENGE

What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Gold Award** and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
----------	----------	----------	--------	-----------------------------	-----------------------	------------

Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 250 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

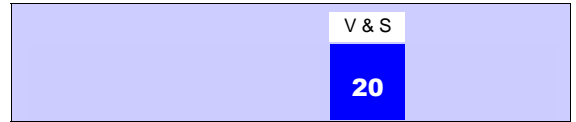
<https://booth.am/challenge>

Monday Activity Hour

Activity Assistants

Assist the Activities Duty Person by distributing registers and running errands.

3 spaces
Spaces can be requested



Astronomy GCSE

The group is already set up from last year, so unfortunately unavailable to other students. Please sign up for either Monday or Tuesday AND Friday.

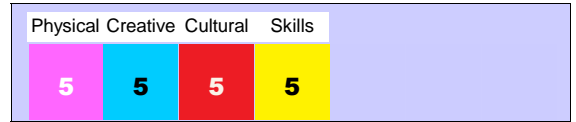
Steve Everest
14 spaces



Beauty and the Beast

Show rehearsals. You must sign up for Monday and Friday.

Andrew Quarrell
75 spaces



Disney Appreciation Society

Are you a lover of all things Disney? From songs to characters, come test your knowledge with quizzes and film clips.

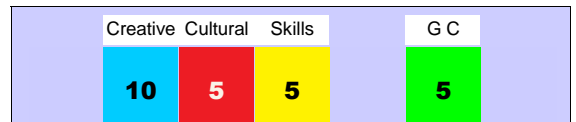
Amy Higgins
15 spaces



F is for Feminism

A safe space for everyone to discuss topics of gender equality, feminism and other social issues, a creative environment to learn and voice opinions. (Open to student led sessions!)

Jessica Hargreaves
15 spaces



Fantasy Illustration

We'll be taking excerpts from popular fantasy novels and using them to create illustrative art. From Harry Potter to The Witcher, design scenes and characters just the way you imagine them!

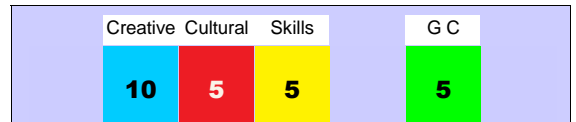
Emma Stimpson
15 spaces



Fashion Runway Challenge

Think Ru Pauls Drag Race and Project Runway combined! Every term you will be given a theme and in teams, you will create a 'runway' look which will be judged by a guest panel on your creative interpretation! We will do some fabric dying, basic sewing techniques on the way, as well as thinking about sustainability and recycling in fashion!

Jade Blood
12 spaces



Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Htoon Aung
12 spaces



HPQ Help

The Higher Project Qualification is a GCSE-standard research project that is completed in Lower Senior.

Lucy Huelin
12 spaces



Natural History Club

Delve into the world of Natural History. Discover species around school, set up moth traps, make bird boxes. Look at insect diversity and generally follow the changing of the seasons.

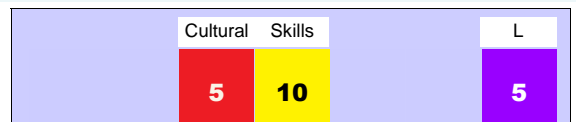
Robert Gardiner
12 spaces



Politics, Economics and Business Society

Interested in learning about the gender-pay gap? Why do 1 in 5 UK households live in poverty? Will robots take jobs? What went wrong in Afghanistan? Join us for lively debate and help set up a debating competition.

Shazma White
12 spaces



Swim Coaching

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby
20 spaces



U14 and 15 Girls Football

Football training.

Helena Landau
18 spaces



Walk and Talk EAL

Georgia Harland

Practice your English as we walk around town! Make sure to wrap up warm. Each week we can talk about whatever you like, or suggest a theme for each week.

8 spaces

Physical	Creative	Cultural	Skills	G C
5	5	5	5	5

Tuesday Activity Hour

Activity Assistants

..

Assist the Activities Duty Person by distributing registers and running errands.

3 spaces

Spaces can be requested

V & S
20

Artful Maths

Anne Whittle

Colouring for geeks! Construct detailed mathematical designs, including mandalas, kaleidometrics, Escher style tessellations, polysymetrics and curve stitching.

10 spaces

Creative	Cultural	Skills
10	5	5

Astronomy GCSE

Steve Everest

The group is already set up from last year, so unfortunately unavailable to other students. Please sign up for either Monday or Tuesday AND Friday.

14 spaces

Creative	Skills
5	15

BEAST

Kayleigh Oliver

There is no Planet B! If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas and initiatives, to help make the school and wider community greener.

20 spaces

Skills	V & S	G C	L
5	5	10	5

EAL Language Games and Conversation

Kelly McCarthy

Come join in the games and conversation, perfecting your English language skills and having fun with friends.

10 spaces

Creative	Cultural	Skills	L
5	5	5	5

First Aid for Beginners

Alison Webster

Come and learn the basics of first aid. An essential course that everyone should do at some point.

12 spaces

Skills	V & S	G C	L
10	5	5	5

GCSE Art Prep

Emily Harper-Gustafsson

Additional practical studio time and teacher support for GCSE Art students. This activity counts as a prep.

20 spaces

This activity does not earn Bootham Challenge Credits

Mini Model Railway Dioramas

James Ratcliffe

Build little scenes that could be put together to make a model railway.

8 spaces

Creative	Skills
10	10

Myths, Legends and Lore

Georgia Harland

Join us as we delve into the world of myths and legends. We will look at ancient Greek, Egyptian and Norse myths. If you love telling stories, introduce the group to a myth you love! We can listen to podcasts, watch some films/documentaries, act, feedback to the group, and do quizzes based on what everyone has learned each week.

16 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Riding

Cathy Rowell

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:20, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

12 spaces

Spaces can be requested

£20.00 per week

Physical	Skills
15	5

Supported Prep

Liam McCreesh

Do you need some additional support with prep? Come along to check you are on the right track and complete your prep with additional support.

10 spaces

This activity does not earn Bootham Challenge Credits

Table Tennis

Practice your skills and keep fit!

Andrew Bassett

12 spaces

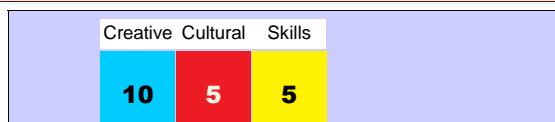


True Tones - Show Choir

From pop to jazz, show tunes to rap, we do everything in True Tones. Whether you're a shower singer or the next Aretha Franklin, everyone is given a chance to shine, singing the songs they want to sing.

Henry Calvert

16 spaces



U14 and 15 Netball Training

Team netball training.

Victoria Seller

30 spaces



U15 Boys Football

Team members only.

Nathan Kilby

16 spaces



Upcycling

Learn all about the importance of upcycling! Remodel one of your personal belongings to see how easy it is to achieve.

Amy Higgins

10 spaces



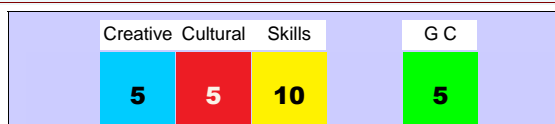
World Cookery

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces

Spaces can be requested



Wednesday Activity Hour

Activity Assistants

Assist the Activities Duty Person by distributing registers and running errands.

..

3 spaces

Spaces can be requested



Archaeology Club

Come along and join the archaeology club for a deep dive into the past. Make a paper mache canopic jar, a diorama of an Egyptian tomb, write with Roman ink and make medieval gingerbread.

Georgia Harland

10 spaces

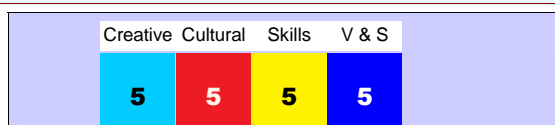


Beauty and the Beast - Crew

Be part of the production team for Beauty and the Beast! This is going to be a big production so all hands needed on deck for designing, constructing and painting set, designing and building sound systems and lighting. All those wanting to be part of Front of House too, please sign up.

Luke Gilliver

30 spaces

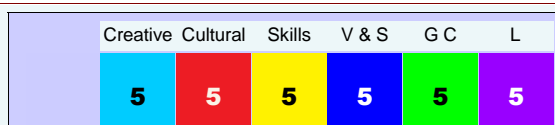


Bikes in Need

Bikes in Need. An activity to support a local charity called Bikes In Need. By doing this activity you will learn: bike maintenance and social entrepreneurship. How can we, as a school, help Emma Frost raise funds, source, collect, restore and distribute bikes and publicise this charity? This will involve working with Emma and may include work on social media, fundraising, logistics (collection, storage and distribution of the bikes to refugees and homeless in York.) See Martyn Beer for further details.

Htoon Aung

10 spaces



Monster Sculpture

Make Fantastical Monsters or Animals from your imagination! Sculpture in Wire and Clay, two projects, two materials two monsters!

Penny Philips

10 spaces

Spaces can be requested

£30.00 per term



Music Theory

Music Theory from grade 1 - 5. Any musician around grade 2 upwards should consider taking this.

Hannah Feehan

10 spaces

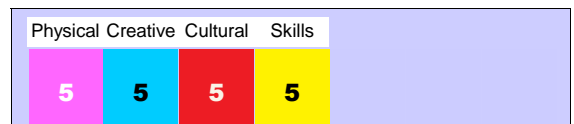


Play Reading Group

Discovering and reading aloud a range of comedies and tragedies.

Gillian Simpson

12 spaces



Racial Equality and Injustice Action Group

Racial equality and the injustices that, too often, surround the issue are at the forefront of this group's mind. We are looking to challenge the culture and change the world! If you would like to be involved in helping the school respond to and discuss issues around racial equality and injustice then this Action Group is your opportunity. It is open to anyone in any year group and is a great chance to learn, think and create a safe, educated and happy environment for the whole school.

Martyn Beer

20 spaces



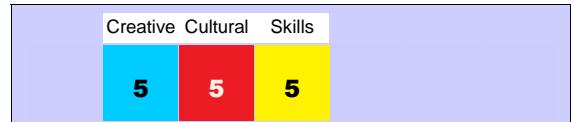
Retro Gaming

Play on some retro consoles including PS1, Megadrive, SNES and more!

Kerri Haynes-McDonnell

15 spaces

Spaces can be requested



Supported Prep

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

Helena Landau

10 spaces

This activity does not earn Bootham Challenge Credits

Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby

20 spaces



Yoga and mediation

Come along to relax, stretch and clear your head after a busy day!

Gemma Campbell

12 spaces



Thursday Activity Hour

Activity Assistants

Assist the Activities Duty Person by distributing registers and running errands.

..

3 spaces

Spaces can be requested



Baking

Create tasty treats and learn some new skills.

Amy Higgins

8 spaces

Spaces can be requested



Beginners Running Club

Do you want to get fit and get some head space before completing your prep? If the answer is yes that join Claire for a jog/run around York, all abilities welcome.

Claire Whitaker

10 spaces



Documentary and Discussion

Curious minds about the world gather as we explore all corners of the world via documentary, from our planet to AI technology we will watch and discuss the world of documentary!

Jessica Hargreaves

12 spaces

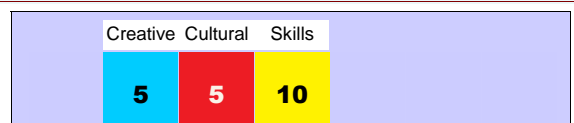


FUN Science club for EAL

Science fun activities with learning scientific English.

Stefan Sroka

10 spaces



Intro To Illustrator: Design For Print!

Learn your vectors from your pixels! Digitize a drawing! Learn how to make your designs print ready! An Introduction to Adobe Illustrator. Delve in to digital design & learn the basics of Adobe Illustrator to make your designs print ready. Create your own design! Follow a design brief and create a final outcome. From logos to greeting cards - learn how to make your design into a final product. All experiences welcome!

Jasmin Lambley

8 spaces



Miniature Model Painting

Antonio Cox-Alonso

Painting miniatures from any model centric board games.

10 spaces

Creative	Cultural	Skills
10	5	5

Miniverse

Emma Stimpson

Ever wondered what it would be like to create your own world? In this activity, we will be designing, building and sculpting our own miniverse. Each week we will work on different areas and inhabitants for our mini world, depending on how we want to design it – this could include a theme park area, a Diagon Alley-style high street, an alien-invaded region – the world is your oyster! Eventually all of our elements will be combined to create the ultimate, crazy, super-personalised mini world of your wildest dreams.

15 spaces

Creative	Cultural	Skills
10	5	5

Senior Orchestra

Richard Allain

Senior Orchestra for students grade 3 and above.

80 spaces

Creative	Cultural	Skills
10	5	5

So you are interested in Psychology?

Harriet Ennis

If you are new to Psychology (whether you just started the course in College or are in Seniors and might want to study it in College) this is the activity for you.... We will give you a taste of what the A level topics are like, including some practical work. This will be a great opportunity to study fascinating subjects exploring the human mind and your behaviour. This is a chance to ask all the questions you always wanted to ask.

15 spaces

Creative	Cultural	Skills
5	5	10

World Shapers

Kayleigh Oliver

Take action for a fairer world - you can make a difference! Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school.

15 spaces

Creative	Cultural	V & S	G C	L
5	5	5	5	5

Thursday 5:15pm to 6:15pm

Advanced Fencing

Donald Walker

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

16 spaces

£60.00 per term

Physical	Creative	Skills
10	5	5

Friday Activity Hour

Activity Assistants

..

Assist the Activities Duty Person by distributing registers and running errands.

3 spaces

Spaces can be requested

V & S
20

Astronomy GCSE

Mike Shaw

The group is already set up from last year, so unfortunately unavailable to other students

14 spaces

Creative	Skills
5	15

Beauty and the Beast

Andrew Quarrell

Show rehearsals. You must sign up for Monday and Friday.

75 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

Beginners Fencing

Donald Walker

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

20 spaces

£60.00 per term

Physical	Creative	Skills
10	5	5

Candle and Card Making

Htoon Aung

Learn how to make candles and cards. Superb gifts!

10 spaces

Creative	Skills
10	10

Fitness	Peter Rankin	Physical
General fitness using the machines in the Fitness Suite.	8 spaces <i>Spaces can be requested</i>	20

Gardening Club	Jodie Donovan	Physical Creative Cultural Skills V & S G C
Growing your own flowers, herbs and veg can be one of the most rewarding things you can do - and you can learn how! We're going to learn how to grow plants from seeds, how best to look after them, and how to make sure that we get as many flowers/vegetables out of each plant as possible! Plus, any produce we do grow will go to the kitchens towards our food (and we might even get to create a few recipes ourselves!)	10 spaces	5 5 5 5 5 5

GCSE Art Prep	David Swales	This activity does not earn Bootham Challenge Credits
An excellent opportunity to work on your GCSE art coursework and receive extra one-to-one tutorial support. This activity counts as a prep.	20 spaces	

KnitWits	Jessica Hargreaves	Creative Skills
Knitting, sewing, crochet, you name it! Here we will look at all types of textile techniques to work on projects or learn a new skill that is relaxing and creative!	10 spaces	10 10

K-pop and K-drama Appreciation Club	Jamie Smale	Creative Cultural
If you like K-pop or K-dramas (or both) then this is the activity for you!	16 spaces	10 10

Strategy and Board Games	Will Lewis	Cultural Skills
Come along and enjoy playing both traditional and new games with your friends.	16 spaces	5 15

Zine Club	Jade Blood	Creative Skills
Learn how to self publish your own mini magazine (zines!) Which can be about ANYTHING you like! We will work towards having our own stall at York Zine Fest later in the year!	12 spaces	15 5

Friday 5:15pm to 6:15pm

Intermediate Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	16 spaces £60.00 per term	10 5 5