

# Silver Award

Middle Schoolroom

Activities Brochure Summer Term 2022

## The Activities Programme

The following pages have your options for Activities this term.

You need to choose **THREE** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

## **Music Practice**

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. For some activities you can sign up early. These are shown as **Spaces EARLY RELEASE.** You can ask for a space on these from now until Monday at 6pm. They will then be fairly distributed.
- 3. Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 4. Make sure you save your choices and check that you have at least 3 activities. (Prep and music practice do not count).
- 5. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.



# What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Silver Award and you have the whole of Middle and Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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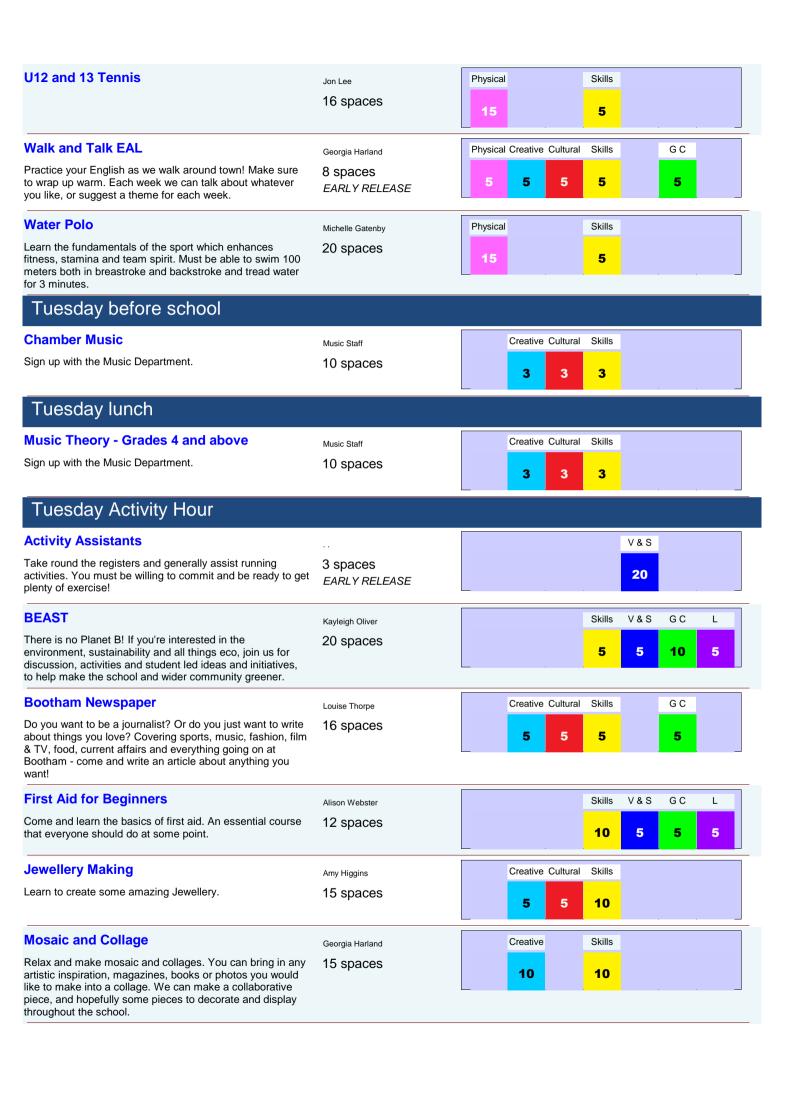
Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 500 credits over the two years across at least four of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

#### Monday lunch Music Theory - Grades 1 to 3 Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 Monday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces activities. You must be willing to commit and be ready to get 20 EARLY RELEASE plenty of exercise! **Baking** Skills Emma Stimpson Creative Create tasty treats and learn some new skills. 8 spaces 10 10 EARLY RELEASE **Disney Appreciation Society** Creative Cultural Amy Higgins Are you a lover of all things Disney? From songs to 15 spaces 5 characters, come test your knowledge with quizzes and film 10 clips. F is for Feminism Creative Cultural Skills GС Jessica Hargreaves A club that celebreates all things that stand for equality. 15 spaces 10 5 5 5 Including discussion, reading and creating every week! **Fashion Runway Challenge** Creative Cultural Skills GС Jade Blood Think Ru Pauls Drag Race and Project Runway combined! 12 spaces Every term you will be given a theme and in teams, you will 10 5 5 create a 'runway' look which will be judged by a guest panel on your creative interpretation! We will do some fabric dying, basic sewing techniques on the way, as well as thinking about sustainability and recycling in fashion! **Holiday Greek** Cultural Skills GC Jenny Adams Learn a few useful phrases like introducing yourself and 10 spaces 5 10 family, ordering a snack and an ice cream etc **Natural History Club** Creative Skills GC Robert Gardiner This term we are going to recommission the pond, set up 12 spaces camera traps and generally improve the school grounds for 5 10 10 wildlife. **Retro Gaming** Creative Cultural Kerri Haynes-McDonnell Skills Play on some retro consoles including PS1, Megadrive, 15 spaces 5 5 SNES and more! EARLY RELEASE Song writing, arranging and recording Creative Cultural Skills Richard Allain 16 spaces 10 5 **Touch Rugby** Physical Skills Helena Landau Touch rugby is designed to suit all, no contact or tackling is 20 spaces 5 involved! You don't need any previous experience of the game to take part in this activity, come along and try a fun yet challenging new game! U12 and 13 Girls Rounders Physical Skills Rachel Rogers 24 spaces 5



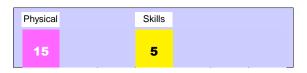
## Riding

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

Cathy Rowell

10 spaces EARLY RELEASE

£22.00 per week



## **Supported Prep**

Do you need some additional support with prep? Come along to check you are on the right track and complete your prep with additional support.

Helena Landau
12 spaces

This activity does not earn Bootham Challenge Credits

## U12 and 13 Girls Football

Previous team playing experience desirable.

Nathan Kilby

20 spaces

Physical Skills

15

5

#### **Water Polo**

Learn the fundamentals of the sport which enhances fitness, stamina and team spirit. Must be able to swim 100 meters both in breastroke and backstroke and tread water for 3 minutes

Michelle Gatenby

20 spaces

Physical Skills

15

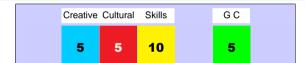
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## **World Cookery**

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces
EARLY RELEASE

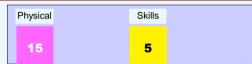


## Yoga and mediation

Come along to relax, stretch and clear your head after a busy day!

Lucy de Gaye

12 spaces



## Wednesday Activity Hour

## **Activity Assistants**

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

3 spaces
EARLY RELEASE

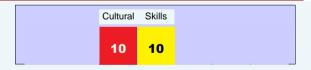
V & S 20

#### **Book or Film Club**

Which was better, the book or the film? We will watch 3 book to film adaptations and read the original books to compare and decide; which was better? The films will be Wonder, Howl's Moving Castle and A Monster Calls.

Laura Herring

6 spaces
EARLY RELEASE



## Ceramics

Come and make your favourite pair of shoes and keep them forever! You can bring anything from your best party shoes or your favorite trainers. Or you can just make your own designs in clay.

Penny Philips

10 spaces
EARLY RELEASE

£30.00 per term

Creative Skills

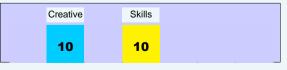
15
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## **Cross Stitching for mindfulness**

Take time out to learn a new skill or complete a mini project away from screens. Any experience welcome. I will help complete beginners get started.

Ruth Gilroy

12 spaces



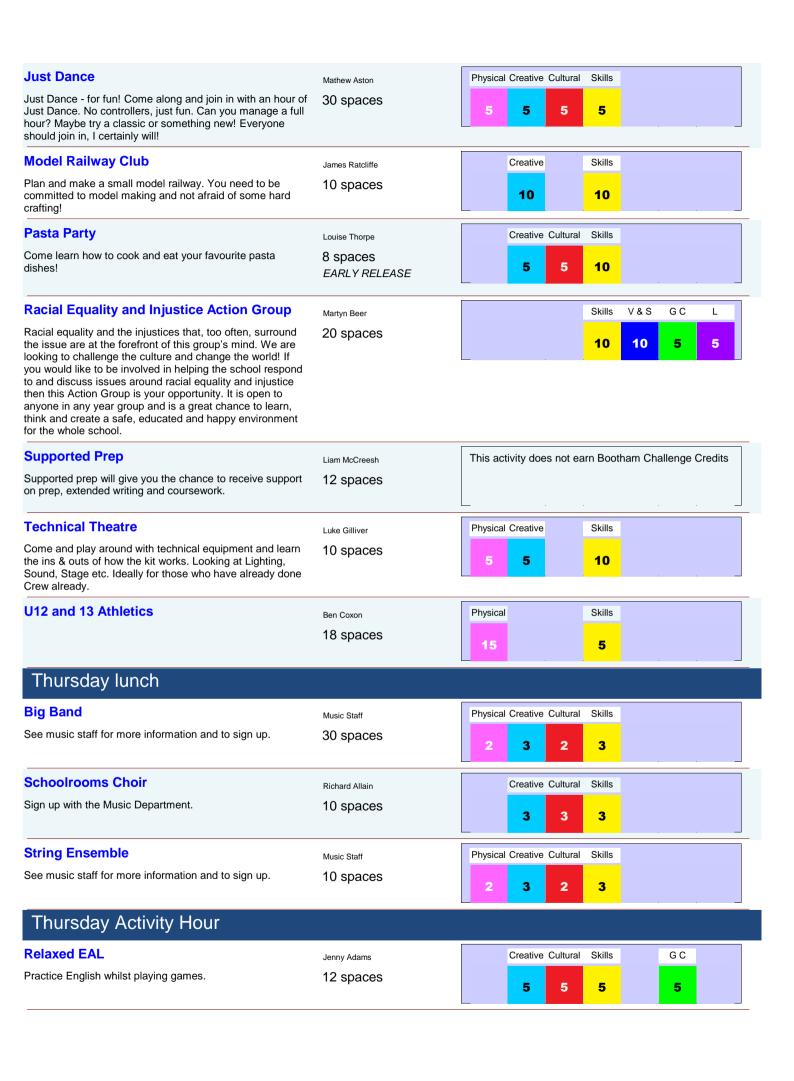
### **Fantasy Illustration**

We'll be taking excerpts from popular fantasy novels and using them to create illustrative art. From Harry Potter to The Witcher, design scenes and characters just the way you imagine them!

Emma Stimpson

15 spaces







#### Friday lunch **Chamber Choir** Richard Allain Creative Cultural Skills Sign up with the Music Department. 40 spaces 3 3 Friday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces activities. You must be willing to commit and be ready to get 20 EARLY RELEASE plenty of exercise! **Beginners Fencing** Physical Creative Donald Walker Skills Fencing is the best combination of mental and physical 30 spaces exercise possible. It teaches initiative, discipline, flexibility 5 (both mental and physical), strategy and observation. It £60.00 per term improves balance, timing and conditions the reflexes. Candle making Creative Skills Jocelin Leites and Hazel Tomlinson Do you like experimenting with different scents and colours? 8 spaces 10 Then come on down to candle making where you will have 10 EARLY RELEASE the opportunity to make a new candle every week. **Card Making** Htoon Aung Creative Skills Learn how to make cards. Superb gifts! 10 spaces 10 10 **Dungeons and Dragons** Creative Cultural Skills Sophie Morrison Serious players only (but beginners are welcome!) 16 spaces 5 10 Fun tennis for girls Physical Skills Louise Thorpe 16 spaces 5 **Miniverse** Creative Cultural Emma Stimpson Ever wondered what it would be like to create your own 15 spaces world? In this activity, we will be designing, building and 10 5 sculpting our own miniverse. Each week we will work on different areas and inhabitants for our mini world, depending on how we want to design it - this could include a theme park area, a Diagon Alley-style high street, an alien-invaded region - the world is your oyster! Eventually all of our elements will be combined to create the ultimate, crazy, super-personalised mini world of your wildest dreams. **Netflix and Colouring in** Creative Cultural Skills Yelena Davies Fancy a relaxing Friday afternoon? Come and join us 10 spaces watching your favourite films and tv whilst colouring in funky 5 5 patterns and pictures! Pin It! Creative Cultural GС Skills Jessica Hargreaves A club all about making badges! Bring inspiration and 15 spaces 5 5 5 interesting things to make into badges **Scratch Game Making** Creative Skills James Ratcliffe Create your own games in Scratch and take part in the 20 spaces 10 **Bootham Gaming Oscars!**

## **U12 and 13 Girls Cricket**

Andrew Bassett

18 spaces

Physical Skills

15

5

## **Zine Club**

Learn how to self publish your own mini magazine (zines!) Which can be about ANYTHING you like! We will work towards having our own stall at York Zine Fest later in the year!

Jade Blood

12 spaces

15

Creative

## Friday 5:15pm to 6:15pm

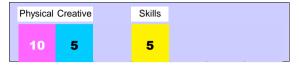
## **Intermediate Fencing**

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

Donald Walker

16 spaces

£60.00 per term



Skills

5