

Silver Award

Upper Schoolroom

Activities Brochure Autumn Term 2022

The Activities Programme

The following pages have your options for Activities this term.

You need to choose **THREE** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 3. Make sure you save your choices and check that you have at least 3 activities. (Prep and music practice do not count).
- 4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.



The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Silver Award and you have the whole of Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical Creative Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 400 credits over the year across at least five of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday before school		
Chamber Music Sign up with the Music Department.	Music Staff 10 spaces	Creative Cultural Skills
		3 3 3
Monday lunch		
Music Theory	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	<mark>333</mark>
Monday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
All Things Karaoke	Nadia De Souza	Creative Cultural Skills
Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you	12 spaces	5 5 10
think you can handle some fun, do join in.		
Board Games	Elizabeth McCulloch	Creative Cultural Skills
Play some stategic board games with friends.	12 spaces	<mark>5 5 10</mark>
K-pop and K-drama Appreciation Club	Jamie Smale	Creative Cultural
Do you like K-pop, or maybe K-dramas? If so, this is the club for you!	14 spaces	10 10
Natural History Club	Robert Gardiner	Creative Skills G C
A chance to look at nature, help study the animals and plants on the campus, camera trap foxes, moths and birds. Make footprint casts and wormeries. Look after the wildlife area and the pond.	12 spaces	<mark>5 10 10</mark>
Quilting	Lisa Niven	Creative Cultural Skills
Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.	10 spaces	10 5 5
Technical Theatre	Luke Gilliver	Physical Creative Skills
Come and play around with technical equipment and learn the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.	10 spaces	5 5 10
U14, 15 and 16 Girls Football	Matthew Turner	Physical Skills
Football training.	18 spaces	15 5
Water Polo	Michelle Gatenby	Physical Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.	20 spaces	15 5

Zine Club	Jade Blood	Creative Skills
Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and	12 spaces	15 5
shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.		
Tuesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Swimming	Grace Litchfield	Physical Skills
An extra morning session for Bootham team swimmers . Sign up with PE.	20 spaces	15 5
Tuesday lunch		
Big Band	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	30 spaces	2 3 2 3
Tuesday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
BEAST	Kayleigh Oliver	Skills V & S G C L
There is no Planet B! Now more than ever, we need to take	20 spaces	5 5 10 5
action to save the environment. If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.		
EAL games and conversation	lonny Adama	Creative Cultural Skills G C
Come and join in the games and conversation, improving your English language skills and having fun with friends.	Jenny Adams 12 spaces	5 5 5 5
EAL Prep	Kelly McCarthy	This activity does not earn Bootham Challenge Credits
Support with English conversation, grammar, reading and writing as well as subject specific help with key vocabulary and comprehension.	12 spaces	
Embroidery	Georgia Harland	Creative Skills
Join us for some embroidery. You could make a gift for someone, or something nice just for yourself! If you have any ideas, bring them along too!	12 spaces	10 10
First Aid for Beginners	Alison Webster	Skills V & S G C L
Come and learn the basics of first aid. An essential course that everyone should do at some point.	12 spaces	10 <mark>5 5 5</mark>

Horse Riding

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

Mandarin for Beginners

A good opportunity for anyone who is interested in Mandarin! You will be able to learn basic Pinyin and have simple Chinese conversations.

Musical theatre for fun

Try out musical theatre in a fun and informal setting. Star in your favourite musical theatre numbers, singing, dancing, and acting to your heart's content

Novice runners club

If you've ever wanted to join a running club, but worried that you wouldn't keep up, this is the club for you! Each week we'll don our trainers, embrace the weather and run at the pace of the slowest member of the group. This includes taking walking breaks whenever we need to. So come along if you want to chat as you run, get some fresh air and exercise, and build your confidence as a new or improving runner!

Scripted Showcase

Love Acting? Love Performing? Come rehearse and perform a variety of scripts, plays and scenes to put together a public showcase of your talents at the end of term

Supported Prep

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

The Braiders

Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.

£24.00 per week

Cathy Rowell

9 spaces

Cherry Peng

10 spaces

Felicity Williams

12 spaces

Madeleine Bowley

6 spaces

Rachel Cook

30 spaces

Physical	Physical	Skills
15	15	5

GC

Creative Cultural Skills

Physic	al Creative	Cultural	Skills
5	5	5	5

Liam McCreesh 12 spaces	This activity does not earn Bootham Challenge Credits		
Nadia De Souza	Creative	Skills	
14 spaces	10	10	

U14 and 15 Netball Training	Victoria Seller 30 spaces	Physical	Skills
Team netball training.		15	5
Water Polo	Michelle Gatenby	Physical	Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes.	20 spaces	15	5
Assessments of the above will be carried out on the first week. This a great sport that needs commitment.			

World Cookery	Htoon Aung	Creative Cultura	al Skills	GC	
Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.	6 spaces	5 5	10	5	

Wednesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Senior Brass	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	12 spaces	2 3 2 3
Wednesday lunch		
Drama: Makeup & Hair for the stage	Kayleigh Oliver	Creative Cultural Skills V & S
Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!	20 spaces	5 5 5 5
Wednesday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Bicentenary Art & Banner Making!	Jasmin Lambley	Creative Cultural Skills V & S
Bicentenary Art & Banner Making!	8 spaces	5 5 5 5
Help create bright & colourful banners to celebrate the Bootham Bicentenary! Our amazing Middle Schoolroom last year began working on the banners and we would like your help in finishing the banners ready for hanging up! This will include some lino printing with oil based inks, stitching and design work. Perfect if you want to contribute to something that will stay displayed in school for a long time. In particular, this would be great if you are in Upper Schoolroom currently and really enjoyed printing the banner letters last year and wanted to carry on creating them!		
Bikes in Need	Htoon Aung	Creative Cultural Skills V & S G C L
Repair or maintain bikes and put back into community via a charity.	10 spaces	5 5 5 5 5 5 5
Chess Club	Raphael Last	Creative Cultural Skills
Play chess against others and practice your skills in preparation for competition!	24 spaces	<mark>5 5 10</mark>
Chinese Culture Experience	Cherry Peng	Creative Cultural Skills G C
Here we will learn about the myths and legends of China! And you will learn about the origins and history of various traditional Chinese festivals and customs, such as the Moon Festival, Dragon Boat Festival, Chinese New Year and many more! You will also have chance to try traditional Chinese clothes such as Hanfu and Qipao!	10 spaces	5 5 5 5
Creative Writing: Show me your Story!	Nadia De Souza	Creative Cultural Skills
Channel your imagination into exciting stories. Develop your story writing skills using descriptive styles of writing, and share your world with others by taking them on a journey through your words.	10 spaces	10 5 5

Fashion Runway Challenge A mixture of Ru-Pauls Drag Race and Fashion Runway Challenge. In teams you must use what materials we have to create a garment or outfit based on a theme (given each term).	Jade Blood 12 spaces	Creative Cultural	Skills 5	GC 5
Japanese for Beginners	James Lewis-Morgan	Creative Cultural	Skills	GC
Take your first steps into the fascinating language of Japan. Learn how to introduce yourself and write your own name!	15 spaces	55	5	5
Just Dance	Felicity Williams	Physical Creative Cultural	Skills	
Like it says on the tin: "just dance!" No dance experience is needed, only enthusiasm. Turn up and have fun, following along with Just Dance routines and trying out new dance styles.	12 spaces	5 5 5	5	
Retro Gaming	Kerri Haynes-McDonnell	Creative Cultural	Skills	
Play on some retro consoles including PS1, Megadrive, SNES and more!	15 spaces	5 5	5	
School Production	Andrew Quarrell	Physical Creative Cultural	Skills	
Following on from the huge success of Beauty & The Beast last year this year's production is aimed to be even bigger and better. Come and be part of the production cast and put in the rehearsal required to achieve the standard of a West	50 spaces	5 5 5	5	
End Production! What is this year's production? All will be revealed! This activity is for CAST not technical or band. You must choose Wednesday and Friday and sign up for 2 terms.				
Screen-free games	Carolyn Bloxwich	Creative Cultural	Skills	
Come along for screen-free games - have the chance to play board games, both classic and contemporary. This is a great chance to connect with others, relax and have fun!	20 spaces	55	10	
Story-telling	Laura Bok	Creative Cultural	Skills	
Do you love stories? Get together for an hour of creating and enjoying stories. You could tell a story, write a story, draw a story, even share an existing story that you love whatever you like. Each week, you will be given a prompt, such as a word, picture or short text, and then you can let your creativity run wild. You can share your story or keep it	12 spaces	5 10	5	
to yourself.				
Table Tennis	John Brameld	Physical	Skills	
Practice your skills and keep fit!	16 spaces	15	5	
Yoga and mediation	lum to Orug	Physical	Skills	
Come along to relax, stretch and clear your head after a busy day!	Lucy de Gaye 12 spaces	15	5	
Thursday before school				
Chamber Music	Music Staff	Creative Cultural	Skills	
Sign up with the Music Department.	10 spaces	3 3	3	
Thursday lunch				
Schoolrooms Choir	Music Ctoff	Creative Cultural	Skills	
Sign up with the Music Department.	Music Staff 10 spaces	3 3	3	

String Ensemble	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	10 spaces	2 3 2 3
Thursday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Anime Club	Cherry Peng	Creative Cultural G C
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10 5
Baking	Felicity Williams	Creative Skills
Create tasty treats and learn some new skills.	8 spaces	10 10
Bicentenary Digitisation Project	Laura Herring	Creative Cultural Skills V & S
Come to the Library to explore 200 years of Bootham history, learn to digitise historical artifacts from the archives and present them online to celebrate the school's bicentenary year.	12 spaces	5 5 5 5
Cheese Dreams	Jade Blood	Creative Cultural Skills
Try a different cheese every week and rate, record your dreams and interpret others. Design challenges every week; the ultimate cheese board, imaginary cheeses and cheese sculpture. MUST LIKE CHEESE.	12 spaces	10 5 5
Lord of the Rings Film Club		Cultural
This term Film Club enters Middle Earth for the Lord of the Rings Trilogy.	60 spaces	10
Netflix Club	Yelena Davies	Creative Cultural Skills
Fancy a relaxing Thursday afternoon? Join us in watching your favourite Netflix films and shows for a fun and chill hour! :)	10 spaces	5 5 5
Senior Orchestra	Richard Allain	Creative Cultural Skills
Senior Orchestra for students grade 3 and above.	80 spaces	10 5 <u>5</u>
Swim Training	Michelle Gatenby	Physical Skills
Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.	24 spaces	15 5
U14 Football Team Training	Matthew Turner	Physical Skills
Training for U14 football team.	18 spaces	15 5
Werewolves / Mafia	Chloe Elliott	Creative Cultural Skills
Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.	13 spaces	5 5 10

World Shapers	Kayleigh Oliver	Creative Cultural	V&S GC L
Take action for a fairer world - you can make a difference! Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school.	15 spaces	5 5	5 5 5
Thursday 5:15pm to 7pm			
Advanced Fencing	Donald Walker	Physical Creative Skills	
If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.	16 spaces	10 5 5	
	£60.00 per term		
Friday before school			
Chamber Music	Music Staff	Creative Cultural Skills	
Sign up with the Music Department.	10 spaces	333	
Friday morning break			
Junior Flutes	Music Staff	Physical Creative Cultural Skills	
See music staff for more information and to sign up.	12 spaces	2 3 2 3	
Friday lunch			
Junior Guitars	Music Staff	Physical Creative Cultural Skills	
See music staff for more information and to sign up.	12 spaces	2 3 2 3	
Senior Choir	Richard Allain	Creative Cultural Skills	
Sign up with the Music Department.	40 spaces	3 3 3	
Friday Activity Hour			
Activity Assistants			V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces		20
Badge Club	Jessica Hargreaves	Creative Cultural Skills	GC
Learn how to make handmade badges and stickers!	15 spaces	5 5 5	5
Beginners Fencing	Donald Walker	Physical Creative Skills	
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical) structure and physical)	30 spaces	10 5 5	
(both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.	£60.00 per term		
Card Making	Htoon Aung	Creative Skills	
Learn how to make cards. Superb gifts!	10 spaces	10 10	
Cryptography Club	James Ratcliffe	Creative Skills	
Crack some codes. Each week a new challenge will be set. Can you crack the codes to get into the safe and get the sweet sweet rewards?	24 spaces	5 15	

Fitness	Matthew Turner	Physical
Strength and conditioning in the fitness suite for any students who want to improve their fitness in a specific sport	12 spaces	20
HITT workout with Aston	Mathew Aston	Physical
HITT High Intensity Interval Training. Three 15 minute HITTs, one for abs, one for lower body and one for cardio.	12 spaces	20
Japanese Culture	James Lewis-Morgan	Cultural Skills G C
Learn about the world renowned and unique culture of Japan, taking a look into their many festivals, tales, food and hobbies.	20 spaces	10 <mark>5 5</mark>
Junk Puppetry	David Swales	Creative Skills G C
Build madcap satirical puppets from discarded material. Help build a junk government to put the world to rights (or fall apart trying).	14 spaces	10 <mark>5 5</mark>
Mosaic and Collage	Georgia Harland	Creative Skills
Relax and make mosaic and collages. You can bring in any artistic inspiration, magazines, books or photos you would like to make into a collage. We can make a collaborative piece, and hopefully some pieces to decorate and display	15 spaces	<mark>10</mark> 10
throughout the school.		
School Production	Andrew Quarrell	Physical Creative Cultural Skills
Following on from the huge success of Beauty & The Beast last year this year's production is aimed to be even bigger and better. Come and be part of the production cast and put in the rehearsal required to achieve the standard of a West End Production! What is this year's production? All will be revealed! This activity is for CAST not technical or band. You must choose Wednesday and Friday and sign up for 2 terms.	50 spaces	5 5 5
Scrapbooking	Chloe Elliott	Creative Cultural Skills
Want a chill craft activity as well as something to remember Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style!	13 spaces	<mark>10 5 5</mark>
Strategy and Board Games	Will Lewis	Creative Cultural Skills
Come and enjoy some new and familiar games. Come with your friends and make some new ones.	16 spaces	5 5 10
Taste of East Asian Food	Cherry Peng	Creative Cultural Skills G C
Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!	8 spaces	5 10 5 <mark>5</mark>
Friday 5:15pm to 6:15pm		
Intermediate Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	16 spaces £60.00 per term	10 5 5