

Gold Award

Lower Senior

Activities Brochure Autumn Term 2022

The Activities Programme

The following pages have your options for Activities this term.

You need to choose **TWO** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **TWO** nights going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

Look through the list and find the activities you would like to do.

Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 2 activities. (Prep and music practice do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.



The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Gold Award and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical Creative Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Monday lunch		
Music Theory	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Monday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
All Things Karaoke	Nadia De Souza	Creative Cultural Skills
Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in.	12 spaces	5 5 10
Astronomy GCSE	Steve Everest	Creative Skills
The group is already set up so is not available for new students. Existing students please choose Monday and Friday.	14 spaces	5 15
Board Games	Elizabeth McCulloch	Creative Cultural Skills
Play some stategic board games with friends.	12 spaces	5 5 10
Couch to 5K	Jon Lee	Physical
Download the app, sync your phone with the group and let's get running. We'll target hitting the 5k by the end of the term.	8 spaces	20
Fitness	Kitty Wilson	Physical
General fitness using the machines in the Fitness Suite.	12 spaces	20
Greenpower Car	Benji Alwis	Creative Skills V & S G C
The challenge is to build a car that can be raced in June, from a design created by College Students.	spaces	5 10 5 5
Italian Club	Marco Piscioneri	Creative Cultural G C
Join us club if you want to learn more about the language and culture of the most beautiful country in the worldItaly!	18 spaces	5 5 10
K-pop and K-drama Appreciation Club	Jamie Smale	Creative Cultural
Do you like K-pop, or maybe K-dramas? If so, this is the club for you!	14 spaces	10 10
Quilting	Lisa Niven	Creative Cultural Skills
Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.	10 spaces	10 5 5

Technical Theatre	Luke Gilliver	Physical Creative Skills
Come and play around with technical equipment and learn the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done	10 spaces	5 5 10
Crew already. U14, 15 and 16 Girls Football	Matthew Turner	Physical Skills
Football training.	18 spaces	
ŭ		<mark>15 5</mark>
U15 Boys Football	Nathan Kilby	Physical Skills
Team members only.	20 spaces	15 5
Water Polo	Michelle Gatenby	Physical Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.	20 spaces	15 5
Zine Club	Jade Blood	Creative Skills
Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.	12 spaces	15 5
Tuesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Swimming	Grace Litchfield	Physical Skills
An extra morning session for Bootham team swimmers . Sign up with PE.	20 spaces	15 5
Tuesday lunch		
Big Band	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	30 spaces	2 3 2 3
Tuesday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
BEAST	Kayleigh Oliver	Skills V & S G C L
There is no Planet B! Now more than ever, we need to take action to save the environment. If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.	20 spaces	5 5 10 5
EAL Prep	Kelly McCarthy	This activity does not earn Bootham Challenge Credits
Support with English conversation, grammar, reading and writing as well as subject specific help with key vocabulary and comprehension.	12 spaces	
Embroidery	Georgia Harland	Creative Skills
Join us for some embroidery. You could make a gift for someone, or something nice just for yourself! If you have any ideas, bring them along too!	12 spaces	10 10

First At Lifes Dest		
First Aid for Beginners	Alison Webster	Skills V&S GC L
Come and learn the basics of first aid. An essential course that everyone should do at some point.	12 spaces	<mark>10 5 5 5</mark>
Fitness Suite	Peter Rankin	Physical
Exercise in the fitness suite.	8 spaces	20
GCSE Art Prep	Emily Harper-Gustafsson	This activity does not earn Bootham Challenge Credits
Additional practical studio time and teacher support for GCSE Art students.	20 spaces	
Horse Riding	Cathy Rowell	Physical Skills
Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding	9 spaces £24.00 per week	15 <mark>5</mark>
School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.		
Mandarin for Beginners	Cherry Peng	Creative Cultural Skills G C
A good opportunity for anyone who is interested in Mandarin! You will be able to learn basic Pinyin and have simple Chinese conversations.	10 spaces	5 5 5 5
Musical theatre for fun	Felicity Williams	Physical Creative Cultural Skills
Try out musical theatre in a fun and informal setting. Star in your favourite musical theatre numbers, singing, dancing, and acting to your heart's content	12 spaces	5 5 5 5
Scripted Showcase	Rachel Cook	Physical Creative Cultural Skills
Love Acting? Love Performing? Come rehearse and perform a variety of scripts, plays and scenes to put together a public showcase of your talents at the end of term.	30 spaces	5 5 5
Supported Prep	Liam McCreesh	This activity does not earn Bootham Challenge Credits
Supported prep will give you the chance to receive support on prep, extended writing and coursework.	12 spaces	
The Braiders	Nadia De Souza	Creative Skills
Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.	14 spaces	<mark>10</mark> 10
U14 and 15 Netball Training	Victoria Seller	Physical Skills
Team netball training.	30 spaces	15 5
Water Polo	Michelle Gatenby	Physical Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.	20 spaces	15 5

World Cookery	Htoon Aung	Creative Cultural Skills G C
Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.	6 spaces	5 5 10 5
Wednesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Senior Brass	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	12 spaces	2 3 2 3
Wednesday lunch		
Drama: Makeup & Hair for the stage	Kayleigh Oliver	Creative Cultural Skills V & S
Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the	20 spaces	5 5 5 5
basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!		
Wednesday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Artichoke (Art Magazine)	Jessica Hargreaves	Creative Cultural Skills
Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome!	15 spaces	10 5 5 5
Bicentenary Art & Banner Making!	Jasmin Lambley	Creative Cultural Skills V & S
Bicentenary Art & Banner Making!	8 spaces	5 5 5 5
Help create bright & colourful banners to celebrate the Bootham Bicentenary! Our amazing Middle Schoolroom last year began working on the banners and we would like your help in finishing the banners ready for hanging up! This will include some lino printing with oil based inks, stitching and design work. Perfect if you want to contribute to something that will stay displayed in school for a long time. In particular, this would be great if you are in Upper Schoolroom currently and really enjoyed printing the banner letters last year and wanted to carry on creating them!		
Bikes in Need	Htoon Aung	Creative Cultural Skills V & S G C L
Repair or maintain bikes and put back into community via a charity.	10 spaces	5 5 5 5 5 5
Chess Club	Raphael Last	Creative Cultural Skills
Play chess against others and practice your skills in preparation for competition!	24 spaces	5 5 10

Chinese Culture Experience	Cherry Peng	Creative Cultural Skills G C
Here we will learn about the myths and legends of China! And you will learn about the origins and history of various traditional Chinese festivals and customs, such as the	10 spaces	5 5 5
Moon Festival, Dragon Boat Festival, Chinese New Year and many more! You will also have chance to try traditional Chinese clothes such as Hanfu and Qipao!		
Creative Writing: Show me your Story!	Nadia De Souza	Creative Cultural Skills
Channel your imagination into exciting stories. Develop your story writing skills using descriptive styles of writing, and share your world with others by taking them on a journey through your words.	10 spaces	10 5 5
Fashion Runway Challenge	Jade Blood	Creative Cultural Skills G C
A mixture of Ru-Pauls Drag Race and Fashion Runway Challenge. In teams you must use what materials we have to create a garment or outfit based on a theme (given each term).	12 spaces	10 5 5 5
Fitness	Grace Litchfield	Physical
Strength and conditioning for sport in the fitness suite	12 spaces	20
Greenpower Car	Benji Alwis	Creative Skills V & S G C
The challenge is to build a car that can be raced in June, from a design created by College Students.	12 spaces	5 <mark>10 5 5</mark>
HPQ Help	Laura Herring	Creative Cultural Skills
The Higher Project Qualification is a GCSE-standard research project that is completed in Lower Senior.	12 spaces	5 5 10
Introduction to Java Programming	Tom Lund	Creative Skills
Introduction to Java Programming Want to learn a new programming language that is used in technology from DVDs to Mobile Phones, Web Apps to the	Tom Lund 16 spaces	Creative Skills 5 15
Introduction to Java Programming Want to learn a new programming language that is used in		
Introduction to Java Programming Want to learn a new programming language that is used in technology from DVDs to Mobile Phones, Web Apps to the Android operating system. Java is a secure programming language that is a step up from Python. If you are wanting to expand on your programming and have a go at practical		
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Introduction to Java Programming Want to learn a new programming language that is used in technology from DVDs to Mobile Phones, Web Apps to the Android operating system. Java is a secure programming language that is a step up from Python. If you are wanting to expand on your programming and have a go at practical programming tasks, then this is the activity for you. Japanese for Beginners Take your first steps into the fascinating language of Japan.	16 spaces James Lewis-Morgan	5 15 Creative Cultural Skills G C
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Introduction to Java Programming Want to learn a new programming language that is used in technology from DVDs to Mobile Phones, Web Apps to the Android operating system. Java is a secure programming language that is a step up from Python. If you are wanting to expand on your programming and have a go at practical programming tasks, then this is the activity for you. Japanese for Beginners Take your first steps into the fascinating language of Japan. Learn how to introduce yourself and write your own name! Learn Spanish through cooking Explore the art and joy of Spanish food, language, and	16 spaces James Lewis-Morgan 15 spaces Emily O'Loan	5 15 Creative Cultural 5 5 5 5 5 5 Creative Cultural Skills G C
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Screen-free games	Carolyn Bloxwich	Creative Cultural Skills
Come along for screen-free games - have the chance to	20 spaces	
play board games, both classic and contemporary. This is a great chance to connect with others, relax and have fun!	20 spaces	<mark>5</mark> 510
So you are interested in Psychology?	Harriet Ennis	Creative Cultural Skills
If you are new to Psychology (whether you just started the course in College or are in Seniors and might want to study it in College) this is the activity for you We will give you a taste of what Psychology is like, including some practical work. This will be a great opportunity to study fascinating subjects exploring the human mind and your behaviour. This is a chance to ask all the questions you always wanted to ask.	15 spaces	5 5 10
Story-telling	Laura Bok	Creative Cultural Skills
Do you love stories? Get together for an hour of creating and enjoying stories. You could tell a story, write a story, draw a story, even share an existing story that you love whatever you like. Each week, you will be given a prompt, such as a word, picture or short text, and then you can let your creativity run wild. You can share your story or keep it to yourself.	12 spaces	5 10 5
Yoga and mediation	Lucy de Gaye	Physical Skills
Come along to relax, stretch and clear your head after a busy day!	12 spaces	15 5
Thursday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Thursday lunch		
String Ensemble	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	10 spaces	2 3 2 3
Thursday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Anime Club	Cherry Peng	Creative Cultural G C
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10 5
Bicentenary Digitisation Project	Laura Herring	Creative Cultural Skills V & S
Come to the Library to explore 200 years of Bootham history, learn to digitise historical artifacts from the archives and present them online to celebrate the school's bicentenary year.	12 spaces	5 5 5 5
Binary Brains	Matei Canavea	Cultural Skills
Are you a tech-savvy person interested in computer science? Then the Binary Brains is the place for you! We will talk about the latest trends in tech culture and learn how to code in C++. Join us, we have Pi€ ^^	10 spaces	5 15
Cheese Dreams	Jade Blood	Creative Cultural Skills
Try a different cheese every week and rate, record your dreams and interpret others. Design challenges every week; the ultimate cheese board, imaginary cheeses and cheese sculpture. MUST LIKE CHEESE.	12 spaces	10 5 5

Additional practical studies time and teacher support for CCSE An students. Lord of the Rings Film Club The team Film Club enters Middle Earth for the Lord of the Rings Triany. Netfit Club Precy a relation Thursday afternoon? Join us in watching proor favouries Netfits films and shows for a fun and chill hourt 3) Senior Orchestra Senior Orchestra B Senior Orchestra B Senior Orchestra B Senior Orchestra B Senior Orchestra B Senior Orchestra Ris Senior Orchestra Ris	GCSE Art Prep	Jessica Hargreaves	This activity does not earn Bootham Challenge Credits
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Swim Training Midelle Galerity Physical Skills	Senior Orchestra for students grade 3 and above.	80 spaces	
Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Friencraw, tread water for 3 minutes and be confident with diving. Werewolves / Mafia Familiar with the game werewolves or mafia? Work on your debate and persussion skills in this game of interrogation, mystery and fun. World Shapers Take action for a fairer world - you can make a differencel of us to discuss and learn about the world, including issues line fair trade, refugee actor, and LGBTQIA+. Join us to discuss and learn about the world, including issues line fair trade, refugee actor, and LGBTQIA+. Join trade statils, scottal media campaigning around school. Thursday 5:15pm to 7pm Advanced Fencing If you've been fancing for a while then this is for you. You can also sign up for one of the other sessions (at no extra scats) and pass on your skills to others. Friday before school Chamber Music Sign up with the Music Department. Sign up with the Music Department. Senior Flutes Senior Choir Sing up with the Music Department. Sing up with the Music Department. Sin			
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Senior Guitars	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	12 spaces	2 3 2 3
Friday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Astronomy GCSE	Mike Shaw	Creative Skills
The group is already set up so is not available for new students. Existing students please choose Monday and Friday.	14 spaces	<mark>5 15</mark>
Badge Club	Jessica Hargreaves	Creative Cultural Skills G C
Learn how to make handmade badges and stickers!	15 spaces	5 5 5 5
Beginners Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility	30 spaces	10 5 5
(both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.	£60.00 per term	
Card Making	Htoon Aung	Creative Skills
Learn how to make cards. Superb gifts!	10 spaces	10 10
Fitness	Matthew Turner	Physical
Strength and conditioning in the fitness suite for any students who want to improve their fitness in a specific sport	12 spaces	20
HITT workout with Aston	Mathew Aston	Physical
HITT High Intensity Interval Training. Three 15 minute HITTs, one for abs, one for lower body and one for cardio.	12 spaces	20
Japanese Culture	James Lewis-Morgan	Cultural Skills G C
Learn about the world renowned and unique culture of Japan, taking a look into their many festivals, tales, food and hobbies.	20 spaces	10 5 5
Mosaic and Collage	Georgia Harland	Creative Skills
Relax and make mosaic and collages. You can bring in any artistic inspiration, magazines, books or photos you would like to make into a collage. We can make a collaborative piece, and hopefully some pieces to decorate and display throughout the school.	15 spaces	10 10
School Production	Andrew Quarrell	Physical Creative Cultural Skills
Following on from the huge success of Beauty & The Beast last year this year's production is aimed to be even bigger and better. Come and be part of the production cast and put in the rehearsal required to achieve the standard of a West End Production! What is this year's production? All will be revealed! This activity is for CAST not technical or band. You must choose Wednesday and Friday and sign up for 2 terms.	50 spaces	5 5 5
Scrapbooking	Chloe Elliott	Creative Cultural Skills
Want a chill craft activity as well as something to remember Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style!	13 spaces	10 5 5

Strategy and Board Games Come and enjoy some new and familiar games. Come with your friends and make some new ones.	Will Lewis 16 spaces	Creative Cultural	Skills 10	
Taste of East Asian Food	Cherry Peng	Creative Cultural	Skills	GC
Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!	8 spaces	<mark>5</mark> 10	5	5
Volleyball	Ana-Maria Vazquez Martin	Physical	Skills	
Beginners/improvers volleyball training. If you would like to learn the basics or help me train a beginners' volleyball team, please join us!	16 spaces	15	5	
Friday 5:15pm to 6:15pm				
Intermediate Fencing	Donald Walker	Physical Creative	Skills	
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility	16 spaces	10 5	5	
(both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	£60.00 per term			