



**BOOTHAM  
CHALLENGE**

# Gold Award

Lower Senior

Activities Brochure  
Autumn Term  
2022

# The Activities Programme

The following pages have your options for Activities this term.

You need to choose **TWO** activities that are **not preps**. On the other nights you may either do more activities, a prep session or go home.

Boarders may have **TWO** nights going back to the boarding house a week (on any night).

## **Music Practice**

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## **How to choose your activities.**

Look through the list and find the activities you would like to do.

Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 2 activities. (Prep and music practice do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.



**BOOTHAM  
CHALLENGE**

## What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Gold Award** and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

<https://booth.am/challenge>

## Monday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

## Monday lunch

### Music Theory

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

## Monday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

### All Things Karaoke

Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in.

Nadia De Souza

12 spaces

Creative	Cultural	Skills
5	5	10

### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Steve Everest

14 spaces

Creative	Skills
5	15

### Board Games

Play some strategic board games with friends.

Elizabeth McCulloch

12 spaces

Creative	Cultural	Skills
5	5	10

### Couch to 5K

Download the app, sync your phone with the group and let's get running. We'll target hitting the 5k by the end of the term.

Jon Lee

8 spaces

Physical
20

### Fitness

General fitness using the machines in the Fitness Suite.

Kitty Wilson

12 spaces

Physical
20

### Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Benji Alwis

spaces

Creative	Skills	V & S	G C
5	10	5	5

### Italian Club

Join us club if you want to learn more about the language and culture of the most beautiful country in the world...Italy!

Marco Piscioneri

18 spaces

Creative	Cultural	G C
5	5	10

### K-pop and K-drama Appreciation Club

Do you like K-pop, or maybe K-dramas? If so, this is the club for you!

Jamie Smale

14 spaces

Creative	Cultural
10	10

### Quilting

Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.

Lisa Niven

10 spaces

Creative	Cultural	Skills
10	5	5

## Technical Theatre

Come and play around with technical equipment and learn the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.

Luke Gilliver

10 spaces



## U14, 15 and 16 Girls Football

Football training.

Matthew Turner

18 spaces



## U15 Boys Football

Team members only.

Nathan Kilby

20 spaces



## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

20 spaces



## Zine Club

Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.

Jade Blood

12 spaces



## Tuesday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces



### Swimming

An extra morning session for Bootham team swimmers . Sign up with PE.

Grace Litchfield

20 spaces



## Tuesday lunch

### Big Band

See music staff for more information and to sign up.

Music Staff

30 spaces



## Tuesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### BEAST

There is no Planet B! Now more than ever, we need to take action to save the environment. If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.

Kayleigh Oliver

20 spaces



### EAL Prep

Support with English conversation, grammar, reading and writing as well as subject specific help with key vocabulary and comprehension.

Kelly McCarthy

12 spaces

This activity does not earn Bootham Challenge Credits

### Embroidery

Join us for some embroidery. You could make a gift for someone, or something nice just for yourself! If you have any ideas, bring them along too!

Georgia Harland

12 spaces



### First Aid for Beginners

Alison Webster

Come and learn the basics of first aid. An essential course that everyone should do at some point.

12 spaces



### Fitness Suite

Peter Rankin

Exercise in the fitness suite.

8 spaces



### GCSE Art Prep

Emily Harper-Gustafsson

Additional practical studio time and teacher support for GCSE Art students.

20 spaces

This activity does not earn Bootham Challenge Credits

### Horse Riding

Cathy Rowell

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

9 spaces

£24.00 per week

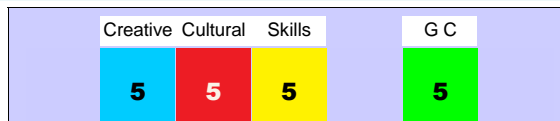


### Mandarin for Beginners

Cherry Peng

A good opportunity for anyone who is interested in Mandarin! You will be able to learn basic Pinyin and have simple Chinese conversations.

10 spaces



### Musical theatre for fun

Felicity Williams

Try out musical theatre in a fun and informal setting. Star in your favourite musical theatre numbers, singing, dancing, and acting to your heart's content

12 spaces



### Scripted Showcase

Rachel Cook

Love Acting? Love Performing? Come rehearse and perform a variety of scripts, plays and scenes to put together a public showcase of your talents at the end of term.

30 spaces



### Supported Prep

Liam McCreesh

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

12 spaces

This activity does not earn Bootham Challenge Credits

### The Braiders

Nadia De Souza

Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.

14 spaces



### U14 and 15 Netball Training

Victoria Seller

Team netball training.

30 spaces



### Water Polo

Michelle Gatenby

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

20 spaces



## World Cookery

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

## Wednesday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

### Senior Brass

See music staff for more information and to sign up.

Music Staff

12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Wednesday lunch

### Drama: Makeup & Hair for the stage

Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!

Kayleigh Oliver

20 spaces

Creative	Cultural	Skills	V & S
5	5	5	5

## Wednesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

3 spaces

V & S
20

### Artichoke (Art Magazine)

Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome!

Jessica Hargreaves

15 spaces

Creative	Cultural	Skills	L
10	5	5	5

### Bicentenary Art & Banner Making!

Bicentenary Art & Banner Making!

Jasmin Lambley

8 spaces

Creative	Cultural	Skills	V & S
5	5	5	5

Help create bright & colourful banners to celebrate the Bootham Bicentenary! Our amazing Middle Schoolroom last year began working on the banners and we would like your help in finishing the banners ready for hanging up! This will include some lino printing with oil based inks, stitching and design work. Perfect if you want to contribute to something that will stay displayed in school for a long time. In particular, this would be great if you are in Upper Schoolroom currently and really enjoyed printing the banner letters last year and wanted to carry on creating them!

### Bikes in Need

Repair or maintain bikes and put back into community via a charity.

Htoon Aung

10 spaces

Creative	Cultural	Skills	V & S	G C	L
5	5	5	5	5	5

### Chess Club

Play chess against others and practice your skills in preparation for competition!

Raphael Last

24 spaces

Creative	Cultural	Skills
5	5	10

## Chinese Culture Experience

Here we will learn about the myths and legends of China! And you will learn about the origins and history of various traditional Chinese festivals and customs, such as the Moon Festival, Dragon Boat Festival, Chinese New Year and many more! You will also have chance to try traditional Chinese clothes such as Hanfu and Qipao!

Cherry Peng

10 spaces

Creative	Cultural	Skills	G C
5	5	5	5

## Creative Writing: Show me your Story!

Channel your imagination into exciting stories. Develop your story writing skills using descriptive styles of writing, and share your world with others by taking them on a journey through your words.

Nadia De Souza

10 spaces

Creative	Cultural	Skills
10	5	5

## Fashion Runway Challenge

A mixture of Ru-Pauls Drag Race and Fashion Runway Challenge. In teams you must use what materials we have to create a garment or outfit based on a theme (given each term).

Jade Blood

12 spaces

Creative	Cultural	Skills	G C
10	5	5	5

## Fitness

Strength and conditioning for sport in the fitness suite

Grace Litchfield

12 spaces

Physical
20

## Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Benji Alwis

12 spaces

Creative	Skills	V & S	G C
5	10	5	5

## HPQ Help

The Higher Project Qualification is a GCSE-standard research project that is completed in Lower Senior.

Laura Herring

12 spaces

Creative	Cultural	Skills
5	5	10

## Introduction to Java Programming

Want to learn a new programming language that is used in technology from DVDs to Mobile Phones, Web Apps to the Android operating system. Java is a secure programming language that is a step up from Python. If you are wanting to expand on your programming and have a go at practical programming tasks, then this is the activity for you.

Tom Lund

16 spaces

Creative	Skills
5	15

## Japanese for Beginners

Take your first steps into the fascinating language of Japan. Learn how to introduce yourself and write your own name!

James Lewis-Morgan

15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

## Learn Spanish through cooking

Explore the art and joy of Spanish food, language, and culture in the kitchen. Using bilingual recipes we will learn traditional Spanish dishes—from tapas to churros—you will learn new and exciting words and recipes that you may go on to share at home for your next family fiesta!

Emily O'Loan

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

## Retro Gaming

Play on some retro consoles including PS1, Megadrive, SNES and more!

Kerri Haynes-McDonnell

15 spaces

Creative	Cultural	Skills
5	5	5

## School Production

Following on from the huge success of Beauty & The Beast last year this year's production is aimed to be even bigger and better. Come and be part of the production cast and put in the rehearsal required to achieve the standard of a West End Production! What is this year's production? All will be revealed! This activity is for CAST not technical or band. You must choose Wednesday and Friday and sign up for 2 terms.

Andrew Quarrell

50 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

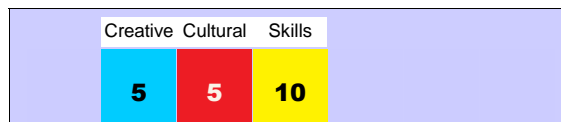


## Screen-free games

Come along for screen-free games - have the chance to play board games, both classic and contemporary. This is a great chance to connect with others, relax and have fun!

Carolyn Bloxwich

20 spaces



## So you are interested in Psychology?

If you are new to Psychology (whether you just started the course in College or are in Seniors and might want to study it in College) this is the activity for you.... We will give you a taste of what Psychology is like, including some practical work. This will be a great opportunity to study fascinating subjects exploring the human mind and your behaviour. This is a chance to ask all the questions you always wanted to ask.

Harriet Ennis

15 spaces

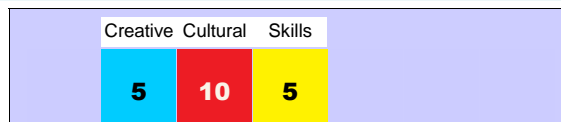


## Story-telling

Do you love stories? Get together for an hour of creating and enjoying stories. You could tell a story, write a story, draw a story, even share an existing story that you love ... whatever you like. Each week, you will be given a prompt, such as a word, picture or short text, and then you can let your creativity run wild. You can share your story or keep it to yourself.

Laura Bok

12 spaces



## Yoga and mediation

Come along to relax, stretch and clear your head after a busy day!

Lucy de Gaye

12 spaces



## Thursday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces



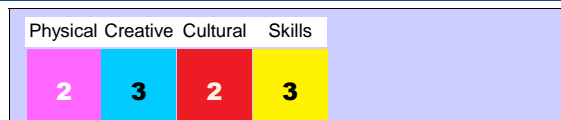
## Thursday lunch

### String Ensemble

See music staff for more information and to sign up.

Music Staff

10 spaces



## Thursday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### Anime Club

A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!

Cherry Peng

10 spaces

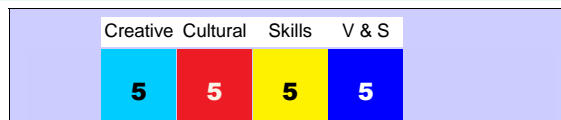


### Bicentenary Digitisation Project

Come to the Library to explore 200 years of Bootham history, learn to digitise historical artifacts from the archives and present them online to celebrate the school's bicentenary year.

Laura Herring

12 spaces



### Binary Brains

Are you a tech-savvy person interested in computer science? Then the Binary Brains is the place for you! We will talk about the latest trends in tech culture and learn how to code in C++. Join us, we have Pi€ ^^

Matei Canavea

10 spaces

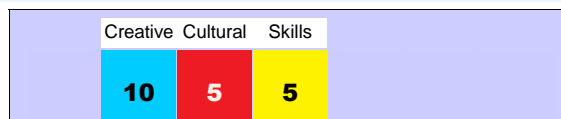


### Cheese Dreams

Try a different cheese every week and rate, record your dreams and interpret others. Design challenges every week; the ultimate cheese board, imaginary cheeses and cheese sculpture. MUST LIKE CHEESE.

Jade Blood

12 spaces



### GCSE Art Prep

Additional practical studio time and teacher support for GCSE Art students.

Jessica Hargreaves

20 spaces

This activity does not earn Bootham Challenge Credits

### Lord of the Rings Film Club

This term Film Club enters Middle Earth for the Lord of the Rings Trilogy.

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60 spaces

Cultural

10

### Netflix Club

Fancy a relaxing Thursday afternoon? Join us in watching your favourite Netflix films and shows for a fun and chill hour! :)

Yelena Davies

10 spaces

Creative Cultural Skills

5

5

5

### Senior Orchestra

Senior Orchestra for students grade 3 and above.

Richard Allain

80 spaces

Creative Cultural Skills

10

5

5

### Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby

24 spaces

Physical

15

Skills

5

### Werewolves / Mafia

Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.

Chloe Elliott

13 spaces

Creative Cultural Skills

5

5

10

### World Shapers

Take action for a fairer world - you can make a difference! Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school.

Kayleigh Oliver

15 spaces

Creative Cultural

5

5

V & S

G C

L

5

5

5

## Thursday 5:15pm to 7pm

### Advanced Fencing

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

Donald Walker

16 spaces

£60.00 per term

Physical Creative

10

5

Skills

5

## Friday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative Cultural Skills

3

3

3

### Flute Trio

See music staff for more information and to sign up.

Music Staff

3 spaces

Physical Creative Cultural Skills

2

3

2

3

### Senior Flutes

See music staff for more information and to sign up.

Music Staff

10 spaces

Physical Creative Cultural Skills

2

3

2

3

## Friday lunch

### Senior Choir

Sign up with the Music Department.

Richard Allain

40 spaces

Creative Cultural Skills

3

3

3

## Senior Guitars

See music staff for more information and to sign up.

Music Staff

12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Friday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

3 spaces

V & S
20

### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Mike Shaw

14 spaces

Creative	Skills
5	15

### Badge Club

Learn how to make handmade badges and stickers!

Jessica Hargreaves

15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

### Beginners Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

Donald Walker

30 spaces

**£60.00 per term**

Physical	Creative	Skills
10	5	5

### Card Making

Learn how to make cards. Superb gifts!

Htoon Aung

10 spaces

Creative	Skills
10	10

### Fitness

Strength and conditioning in the fitness suite for any students who want to improve their fitness in a specific sport

Matthew Turner

12 spaces

Physical
20

### HITT workout with Aston

HITT High Intensity Interval Training. Three 15 minute HITTs, one for abs, one for lower body and one for cardio.

Mathew Aston

12 spaces

Physical
20

### Japanese Culture

Learn about the world renowned and unique culture of Japan, taking a look into their many festivals, tales, food and hobbies.

James Lewis-Morgan

20 spaces

Cultural	Skills	G C
10	5	5

### Mosaic and Collage

Relax and make mosaic and collages. You can bring in any artistic inspiration, magazines, books or photos you would like to make into a collage. We can make a collaborative piece, and hopefully some pieces to decorate and display throughout the school.

Georgia Harland

15 spaces

Creative	Skills
10	10

### School Production

Following on from the huge success of Beauty & The Beast last year this year's production is aimed to be even bigger and better. Come and be part of the production cast and put in the rehearsal required to achieve the standard of a West End Production! What is this year's production? All will be revealed! This activity is for CAST not technical or band. You must choose Wednesday and Friday and sign up for 2 terms.

Andrew Quarrell

50 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

### Scrapbooking

Want a chill craft activity as well as something to remember Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style!

Chloe Elliott

13 spaces

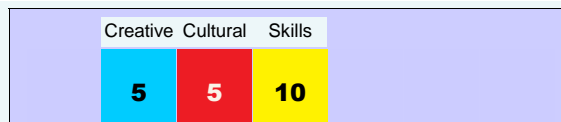
Creative	Cultural	Skills
10	5	5

### Strategy and Board Games

Will Lewis

Come and enjoy some new and familiar games. Come with your friends and make some new ones.

16 spaces



### Taste of East Asian Food

Cherry Peng

Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!

8 spaces



### Volleyball

Ana-Maria Vazquez Martin

Beginners/improvers volleyball training. If you would like to learn the basics or help me train a beginners' volleyball team, please join us!

16 spaces



## Friday 5:15pm to 6:15pm

### Intermediate Fencing

Donald Walker

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

16 spaces

**£60.00 per term**

