

# Silver Award

Middle Schoolroom

Activities Brochure
Spring Term
2023

# The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **three hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

## **Music Practice**

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

# How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 3. Make sure you save your choices and check that you have at least 3 hours of activities. (Preps do not count).
- 4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 4:15pm



# What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Silver Award and you have the whole of Middle and Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 400 credits over the two years across at least four of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

#### Monday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 Monday lunch **Music Theory** Creative Cultural Music Staff Sign up with the Music Department. 10 spaces 3 Monday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces 20 activities. You must be willing to commit and be ready to get plenty of exercise! All Things Karaoke Creative Cultural Skills Nadia De Souza Come along if you fancy a super fun singing session. It 12 spaces doesn't matter if you're a trained singer or if you're 10 convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in. **Board Games** Creative Cultural Skills Elizabeth McCulloch Play some stategic board games with friends. 12 spaces 10 **FUN science for EAL** Creative Cultural Skills GС Liliya Brezina Expand your knowledge and understanding of science in a 10 spaces relaxed and supportive environment. We will learn about plants in the green house, look after the Giant African Land snail Bill - our lab pet, explore the school grounds or simply revisit classroom and other exciting experiments. Hands-on, outdoor and classroom based activities aimed at users of English as second or additional language but everyone is welcome. **Natural History Club** Creative Skills GC Robert Gardiner Look at the oncoming spring, record the appearance of 12 spaces flowers, bulbs and bugs. Spend tome in nature and natural 5 10 10 processes. Maybe become a phenologist. Lots of varied activities to look at animals and trees. **Production Crew** Physical Creative Skills Luke Gilliver Come and play around with technical equipment and learn 15 spaces 10 the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already. **U12 and 13 Netball Practice** Physical Skills Rachel Rogers Fun netball drills, skills and matches. 45 spaces 15 5 **Water Polo** Physical Skills Michelle Gatenby For this high stamina based activity you need to be able to 14 spaces swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 5 metres Backstroke and tread water for 3 minutes Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

#### **World Cookery** Creative Cultural GС Skills Htoon Aung Learn how to cook and eat healthily. Making beautiful 6 spaces 5 continental salads, curries, soups etc. We'll be making 10 5 Asian, Oriental, Mexican, Continental and Burmese foods. Tuesday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 **Swimming** Physical Skills Grace Litchfield An extra morning session for Bootham team swimmers . 20 spaces Sign up with PE. 5 Tuesday lunch **Big Band** Physical Creative Cultural Skills Music Staff See music staff for more information and to sign up. 30 spaces 3 3 **Tuesday Activity Hour Activity Assistants** V & S Take round the registers and generally assist running 3 spaces activities. You must be willing to commit and be ready to get 20 plenty of exercise! **Baking** Creative Skills Felicity Williams Create tasty treats and learn some new skills. 8 spaces 10 **BEAST** Skills V & S GС Kayleigh Oliver There is no Planet B! Now more than ever, we need to take 20 spaces action to save the environment. If you're interested in the 5 5 10 environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener. **Dance Fitness** Physical Creative Cultural Skills Tom Lund Dance your way to fitness with this Zumba style dance. This 20 spaces 5 is suitable for beginners and you will not be expected to 5 learn a set piece of chorography. This move to beat activity uses your feet to trace letters and numbers along the floor. For a different way to stay fit dance fitness can be for you. **EAL games and conversation** Creative Cultural Skills GC Jenny Adams Come and join in the games and conversation, improving 12 spaces 5 your English language skills and having fun with friends. 5 5 **EAL Prep** This activity does not earn Bootham Challenge Credits Kelly McCarthy Support with English conversation, grammar, reading and 12 spaces writing as well as subject specific help with key vocabulary and comprehension. **Handycrafts** Creative Skills Emma Glover Do you enjoy being creative and enjoy the challenge of 8 spaces making things from scratch? Perhaps you have skills you 10 10 would like to share with others. Then this is the activity for you. A fun friendly hour of being creative in a welcoming and supportive environment.

#### **Horse Riding** Skills Physical Cathy Rowell Learn to ride a horse! It does not matter if you have ridden 9 spaces before- beginners are welcome. We generally have a 5 beginners group and an intermediate group riding at the £24.00 per week same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials. Mandarin for Beginners Creative Cultural Skills GC Cherry Peng A good opportunity for anyone who is interested in 10 spaces Mandarin! You will be able to learn basic Pinyin and have 5 5 5 5 simple Chinese conversations. **Maths Team Challenges** Creative Cultural Skills James Ratcliffe Take part in team maths challenges. We will do a mix of 20 spaces 10 questions, cross numbers, head to head relays and mathematical relay races. Add to that some random maths facts and plenty of mathematical jokes! **Novice runners club** Physical Madeleine Bowley If you've ever wanted to join a running club, but worried that 6 spaces 20 you wouldn't keep up, this is the club for you! Each week we'll don our trainers, embrace the weather and run at the pace of the slowest member of the group. This includes taking walking breaks whenever we need to. So come along if you want to chat as you run, get some fresh air and exercise, and build your confidence as a new or improving runner! **Scrapbooking** Creative Cultural Skills Chloe Elliott Want a chill craft activity as well as something to remember 13 spaces Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style! **Supported Prep** This activity does not earn Bootham Challenge Credits Liam McCreesh Supported prep will give you the chance to receive support 12 spaces on prep, extended writing and coursework. The Braiders Creative Skills Nadia De Souza Practice your hairstyling skills on your friends and yourself. 14 spaces 10 10 Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down. U12 13 boys football team Physical Skills Previous team playing experience desirable 36 spaces 15 5 **Water Polo** Physical Skills Michelle Gatenby For this high stamina based activity you need to be able to 14 spaces swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 5 metres Backstroke and tread water for 3 minutes Assessments of the above will be carried out on the first week. This a great sport that needs commitment. Wednesday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3

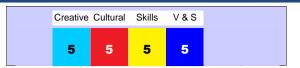
# Wednesday lunch

## Drama: Makeup & Hair for the stage

Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!

Claire Plowes

20 spaces



# Wednesday Activity Hour

#### **Activity Assistants**

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

3 spaces

V&S 20

#### **Amnestea**

Join the Amnesty group - write letters supporting or advocating for people who have been unjustly imprisoned or mistreated across the globe, all whilst enjoying a cup of tea.

Laura Bok

10 spaces

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#### **Bikes in Need**

Repair or maintain bikes and put back into community via a charity.

Htoon Aung

10 spaces

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#### **Caligraphy**

Learn the art of calligraphy, experimenting with modern lettering and different brush strokes

Felicity Williams

10 spaces

Creative Cultural Skills
5 5 10

#### **Chess Club**

Play chess against others and practice your skills in preparation for competition!

Raphael Last

24 spaces

Creative Cultural Skills

5 5 10

#### **Chess Training**

Chess training for intermediate and advanced level chess players

Bedat Lee

8 spaces

Creative Cultural Skills
5 5 10

#### Japanese for (not so) Beginners

A continuation of last term so you need to have some basics. Talk to James if you want to join and a a complete beginner.

James Lewis-Morgan

15 spaces

Creative Cultural Skills G C

5 5 5

#### **Les Mis**

Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.

Andrew Quarrell

80 spaces

Physical Creative Cultural Skills

10 10 10 10

### **Origami Club**

Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous experience necessary! Join Origami club to explore the wonders of paper folding!

Liliya Brezina

15 spaces

Creative Cultural Skills

10 5 5

#### Screen-free games

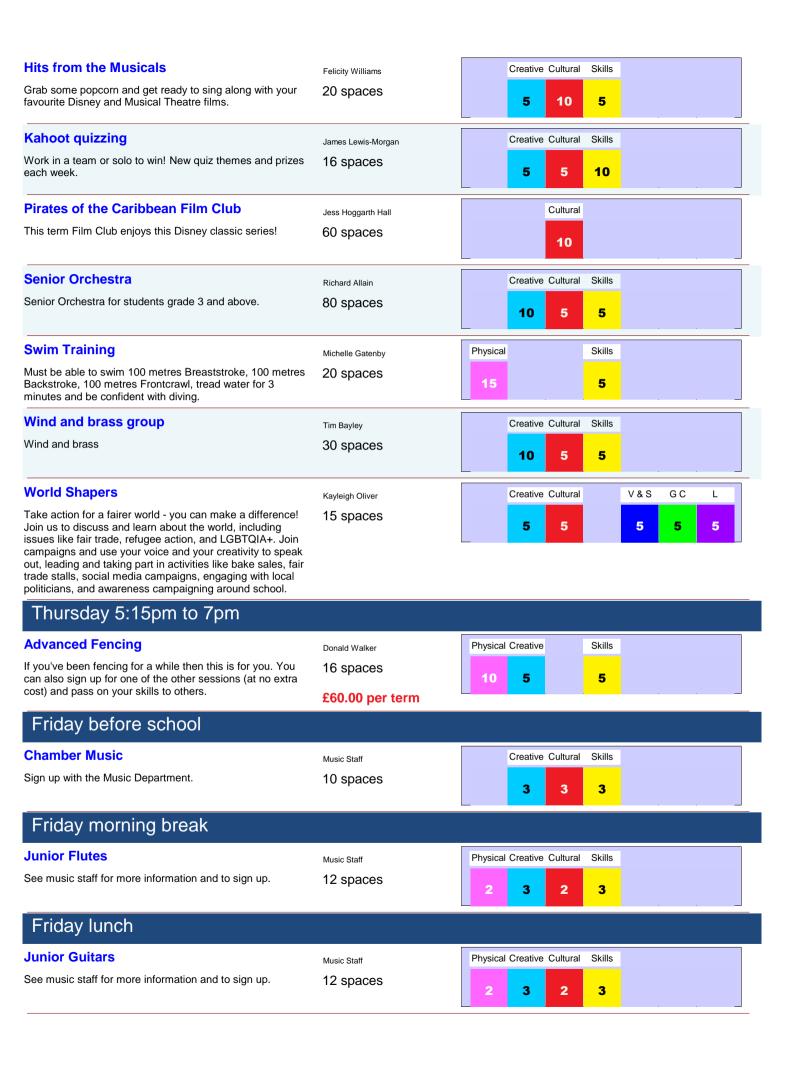
Come along for screen-free games - have the chance to play board games, both classic and contemporary. This is a great chance to connect with others, relax and have fun!

Carolyn Bloxwich
20 spaces

Creative Cultural Skills

5 10

Table Tennis	John Brameld	Physical Skills
Practice your skills and keep fit!	16 spaces	15 5
U12 and 13 Competitive Basketball	Grace Litchfield	Physical Skills
Session for students who want to play competitive basketball	20 spaces	15 5
U12 and 13 Girls Football	Angela Woods	Physical Skills
Previous team playing experience desirable.	20 spaces	15 5
Thursday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
Thursday lunch		
Schoolrooms Choir	Music Staff	Creative Cultural Skills
Sign up with the Music Department.	10 spaces	3 3 3
String Ensemble	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	10 spaces	2 3 2 3
Thursday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Anime Club	Cherry Peng	Creative Cultural G C
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10 5
Bootham Book Club	Laura Herring	Creative Cultural
We will be shadowing the brand new York Book Award and Excelsior graphic novel awards for 2023, reading the shortlists, discussing our favourites, then voting for the winners! There will also be an opportunity for the group to attend the awards ceremonies for both prizes later in the	10 spaces	5 15
year		
Bridge building  Come make bridges with us and test then until breakpoint!  The best gets a tasty prize.	Aurelie Gale and Finn Taylor  12 spaces	Creative Cultural Skills  5 10
Charades  To say or not to say, that is the question! Join us for games.	Nadia De Souza	Creative Cultural Skills
To say or not to say, that is the question! Join us for games of Dumb charades, Pictionary and Taboo.	12 spaces	5 5 10
Crotchet and Feminism	Katie, Katie and Hannah	Creative Cultural Skills G C
In this activity you will learn to crochet whilst talking about current world events and anything feminism related, designed to be a wind-down club that engages verbally	12 spaces	5 5 10 5



Senior Choir	Richard Allain	Creative Cultural Skills
Sign up with the Music Department.	40 spaces	3 3 3
Friday Activity Hour		
Activity Assistants		V & S
Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!	3 spaces	20
Badge Club	Jessica Hargreaves	Creative Cultural Skills G C
_earn how to make handmade badges and stickers!	15 spaces	5 5 5
Beginners Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical	30 spaces	
exercise possible. It teaches initiative, discipline, flexibility both mental and physical), strategy and observation. It mproves balance, timing and conditions the reflexes.	£60.00 per term	10 5 5
Card Making	Htoon Aung	Creative Skills
Learn how to make cards. Superb gifts!	10 spaces	10 10
Cryptography Club	James Ratcliffe	Creative Skills
Crack some codes. Each week a new challenge will be set. Can you crack the codes to get into the safe and get the sweet sweet rewards?	24 spaces	5 15
David Attenborough Film Club	Liliya Brezina	Cultural Skills G C
The title says it all! Join the Biology department in celebrating the life and work of David Attenborough. You can chose the films we watch and enjoy hours of beautiful mages, while effortlessly expanding your science horizons. Nature films are also good for our mental health and occasionally there will be free POPCORN too! What is not too like?	15 spaces	10 5
Dungeons and Dragons	Sophie Morrison	Creative Cultural Skills
Serious players only (but beginners are welcome!)	16 spaces	5 5 10
Haberdashery and Crafts	Georgia Harland	Creative Skills
Come along, relax and try out different crafts each week.  We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!	15 spaces	10 10
mprovers Swimming	Michelle Gatenby	Physical Skills
For anyonewho want to improve their breaststroke, backstroke, frontcrawl and have an introduction to butterfly. Additional skills taught will be entries and personal survival.	20 spaces	15 5
les Mis	Andrew Quarrell	Physical Creative Cultural Skills
Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.	80 spaces	10 10 10
Miniverses	James Lewis-Morgan	Creative Cultural Skills
Big ideas, small scale worlds. Create fascinating dioramas of anything your imagination can conjure.	10 spaces	10 5 5

