



**BOOTHAM
CHALLENGE**

Gold Award

Lower Senior

Activities Brochure
Spring Term
2023

The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **two hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

Boarders may have **TWO** nights going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

Look through the list and find the activities you would like to do.

Once choosing starts (Wednesday at 1:30pm) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 2 hours of activities. (Prep and music practice do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 4:15pm



**BOOTHAM
CHALLENGE**

What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Gold Award** and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

<https://booth.am/challenge>

Monday before school

Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

Monday lunch

Music Theory

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

Monday Activity Hour

Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

All Things Karaoke

Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in.

Nadia De Souza

12 spaces

Creative	Cultural	Skills
5	5	10

Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Steve Everest

14 spaces

Creative	Skills
5	15

Board Games

Play some strategic board games with friends.

Elizabeth McCulloch

12 spaces

Creative	Cultural	Skills
5	5	10

Classics Club

Eating Ancient Greek and Roman food, watching classics movies and re-enacting historical events. Lots of classics fun but also classics homework and GCSE help if you need it.

Maya Lindridge

12 spaces

Creative	Cultural	Skills
5	5	10

Fitness

General fitness using the machines in the Fitness Suite.

Kitty Wilson

12 spaces

Physical
20

FUN science for EAL

Expand your knowledge and understanding of science in a relaxed and supportive environment. We will learn about plants in the green house, look after the Giant African Land snail Bill - our lab pet, explore the school grounds or simply revisit classroom and other exciting experiments. Hands-on, outdoor and classroom based activities aimed at users of English as second or additional language but everyone is welcome.

Liliya Brezina

10 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Benji Alwis

12 spaces

Creative	Skills	V & S	G C
5	10	5	5

Introduction to Economics

Interested in taking A-level economics? Take this activity to find out if it is for you. We will explore what the beginning of a level economics is like as well as exploring real world applications

Finn Taylor

8 spaces

Creative	Cultural	Skills
5	5	10

K-pop and K-drama Appreciation Club

Jamie Smale

Do you like K-pop or K-dramas? If you do then come along and have a fun time as we watch dramas and discuss various related topics!

14 spaces



Production Crew

Luke Gilliver

Come and play around with technical equipment and learn the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.

15 spaces



Quilting

Lisa Niven

Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.

8 spaces



U14, 15 and 16 Girls Football

Helena Landau

Football training.

18 spaces



U15 Boys Football

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Team members only.

20 spaces



Volleyball

Ana-Maria Vazquez Martin

Beginners/improvers volleyball training. If you would like to learn the basics or help me train a beginners' volleyball team, please join us!

16 spaces



Water Polo

Michelle Gatenby

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

14 spaces



Werewolves / Mafia

Chloe Elliott

Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.

13 spaces



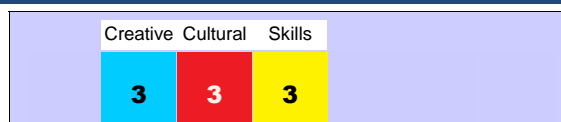
Tuesday before school

Chamber Music

Music Staff

Sign up with the Music Department.

10 spaces



Swimming

Grace Litchfield

An extra morning session for Bootham team swimmers . Sign up with PE.

20 spaces



Tuesday lunch

Big Band

Music Staff

See music staff for more information and to sign up.

30 spaces



Tuesday Activity Hour

Activity Assistants

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Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

3 spaces



BEAST

Kayleigh Oliver

There is no Planet B! Now more than ever, we need to take action to save the environment. If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.

20 spaces

Skills	V & S	G C	L
5	5	10	5

Dance Fitness

Tom Lund

Dance your way to fitness with this Zumba style dance. This is suitable for beginners and you will not be expected to learn a set piece of choreography. This move to beat activity uses your feet to trace letters and numbers along the floor. For a different way to stay fit dance fitness can be for you.

20 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

EAL games and conversation

Jenny Adams

Come and join in the games and conversation, improving your English language skills and having fun with friends.

12 spaces

Creative	Cultural	Skills	G C
5	5	5	5

EAL Prep

Kelly McCarthy

Support with English conversation, grammar, reading and writing as well as subject specific help with key vocabulary and comprehension.

12 spaces

This activity does not earn Bootham Challenge Credits

GCSE Art Prep

Emily Harper-Gustafsson

Additional practical studio time and teacher support for GCSE Art students.

20 spaces

This activity does not earn Bootham Challenge Credits

Horse Riding

Cathy Rowell

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

9 spaces

£24.00 per week

Physical	Skills
15	5

Mandarin for Beginners

Cherry Peng

A good opportunity for anyone who is interested in Mandarin! You will be able to learn basic Pinyin and have simple Chinese conversations.

10 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Scrapbooking

Chloe Elliott

Want a chill craft activity as well as something to remember Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style!

13 spaces

Creative	Cultural	Skills
10	5	5

Supported Prep

Liam McCreesh

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

12 spaces

This activity does not earn Bootham Challenge Credits

The Braiders

Nadia De Souza

Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.

14 spaces

Creative	Skills
10	10

U14 and 15 Netball Training

Victoria Seller

Team netball training.

30 spaces

Physical	Skills
15	5

Water Polo

Michelle Gatenby

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

14 spaces

Physical	Skills
15	5

World Cookery

Htoon Aung

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

Wednesday before school

Chamber Music

Music Staff

Sign up with the Music Department.

10 spaces

Creative	Cultural	Skills
3	3	3

Senior Brass

Music Staff

See music staff for more information and to sign up.

12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Wednesday lunch

Drama: Makeup & Hair for the stage

Claire Plowes

Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!

20 spaces

Creative	Cultural	Skills	V & S
5	5	5	5

Wednesday Activity Hour

Activity Assistants

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Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

3 spaces

V & S
20

Amnestea

Laura Bok

Join the Amnesty group - write letters supporting or advocating for people who have been unjustly imprisoned or mistreated across the globe, all whilst enjoying a cup of tea.

10 spaces

Creative	Cultural	Skills	V & S	G C	L
5	5	5	5	5	5

Artichoke (Art Magazine)

Jessica Hargreaves

Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome!

15 spaces

Creative	Cultural	Skills	L
10	5	5	5

Bikes in Need

Htoon Aung

Repair or maintain bikes and put back into community via a charity.

10 spaces

Creative	Cultural	Skills	V & S	G C	L
5	5	5	5	5	5

Caligraphy

Felicity Williams

Learn the art of calligraphy, experimenting with modern lettering and different brush strokes

10 spaces

Creative	Cultural	Skills
5	5	10

Chess Club

Raphael Last

Play chess against others and practice your skills in preparation for competition!

24 spaces

Creative	Cultural	Skills
5	5	10

Chess Training

Chess training for intermediate and advanced level chess players

Bedat Lee

8 spaces

Creative	Cultural	Skills
5	5	10

French Magazine

Help create Bootham's first French language magazine. Our magazine will celebrate Bootham successes, events and would contain short articles on what you enjoy including sport, cooking, French food tasting, new bands. We will share with a link French school.

Vanina Meunier

16 spaces

Creative	Cultural	Skills	G C
5	5	10	5

Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Benji Alwis

12 spaces

Creative	Skills	V & S	G C
5	10	5	5

HPQ Help

The Higher Project Qualification is a GCSE-standard research project that is completed in Lower Senior.

Laura Herring

12 spaces

Creative	Cultural	Skills
5	5	10

Japanese for (not so) Beginners

A continuation of last term so you need to have some basics. Talk to James if you want to join and a a complete beginner.

James Lewis-Morgan

15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Learn Spanish through cooking

Explore the art and joy of Spanish food, language, and culture in the kitchen. Using bilingual recipes we will learn traditional Spanish dishes—from tapas to churros—you will learn new and exciting words and recipes that you may go on to share at home for your next family fiesta!

Emily O'Loan

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

Les Mis

Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.

Andrew Quarrell

80 spaces

Physical	Creative	Cultural	Skills
10	10	10	10

Origami Club

Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous experience necessary! Join Origami club to explore the wonders of paper folding!

Liliya Brezina

15 spaces

Creative	Cultural	Skills
10	5	5

Poetry Club

Fancy yourself a budding bard? Whether you're a keen writer or just want to learn a little bit more about the form, each week we'll have a different poetry workshop. We'll look at forms such as black-out poetry, prose poetry, surrealism and slam, and even get a little crafty while we're at it.

Chloe Elliott

10 spaces

Creative	Cultural	Skills
10	5	5

The Philosophy of The Good Place

Explore some of life's biggest questions through the TV Show The Good Place. Is there an afterlife? What makes a good life? What is virtuous behaviour? What do we owe other people in our society? How do we solve the Trolley Problem? Open to anyone who is interested in these questions, whether you currently study RS or not!

Beth Steer

20 spaces

Creative	Cultural	Skills
5	10	5

Thursday before school

Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

Thursday lunch

String Ensemble

See music staff for more information and to sign up.

Music Staff

10 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Thursday Activity Hour

Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

			V & S
			20

Anime Club

A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!

Cherry Peng

10 spaces

Creative	Cultural	G C	
5	10	5	

Charades

To say or not to say, that is the question! Join us for games of Dumb charades, Pictionary and Taboo.

Nadia De Souza

12 spaces

Creative	Cultural	Skills
5	5	10

Crotchet and Feminism

In this activity you will learn to crochet whilst talking about current world events and anything feminism related, designed to be a wind-down club that engages verbally whilst crocheting.

Katie, Katie and Hannah

12 spaces

Creative	Cultural	Skills	G C
5	5	10	5

GCSE Art Prep

Additional practical studio time and teacher support for GCSE Art students.

Jessica Hargreaves

20 spaces

This activity does not earn Bootham Challenge Credits

Hits from the Musicals

Grab some popcorn and get ready to sing along with your favourite Disney and Musical Theatre films.

Felicity Williams

20 spaces

Creative	Cultural	Skills
5	10	5

Kahoot quizzing

Work in a team or solo to win! New quiz themes and prizes each week.

James Lewis-Morgan

16 spaces

Creative	Cultural	Skills
5	5	10

Pirates of the Caribbean Film Club

This term Film Club enjoys this Disney classic series!

Jess Hoggarth Hall

60 spaces

Cultural
10

Senior Orchestra

Senior Orchestra for students grade 3 and above.

Richard Allain

80 spaces

Creative	Cultural	Skills
10	5	5

So you are interested in Psychology?

If you are new to Psychology (whether you just started the course in College or are in Seniors and might want to study it in College) this is the activity for you.... We will give you a taste of what Psychology is like, including some practical work. This will be a great opportunity to study fascinating subjects exploring the human mind and your behaviour. This is a chance to ask all the questions you always wanted to ask.

Harriet Ennis

15 spaces

Creative	Cultural	Skills
5	5	10

Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby

20 spaces

Physical	Skills
15	5

World Shapers

Take action for a fairer world - you can make a difference! Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school.

Kayleigh Oliver

15 spaces

Creative	Cultural	V & S	G C	L
5	5	5	5	5

Thursday 5:15pm to 7pm

Advanced Fencing

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

Donald Walker

16 spaces

£60.00 per term

Physical	Creative	Skills
10	5	5

Friday before school

Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

Flute Trio

See music staff for more information and to sign up.

Music Staff

3 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Senior Flutes

See music staff for more information and to sign up.

Music Staff

10 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Friday lunch

Senior Choir

Sign up with the Music Department.

Richard Allain

40 spaces

Creative	Cultural	Skills
3	3	3

Senior Guitars

See music staff for more information and to sign up.

Music Staff

12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Friday Activity Hour

Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

3 spaces

V & S
20

Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Mike Shaw

14 spaces

Creative	Skills
5	15

Badge Club

Learn how to make handmade badges and stickers!

Jessica Hargreaves

15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Beginners Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

Donald Walker

30 spaces

£60.00 per term

Physical	Creative	Skills
10	5	5

Card Making

Learn how to make cards. Superb gifts!

Htoon Aung

10 spaces



David Attenborough Film Club

The title says it all! Join the Biology department in celebrating the life and work of David Attenborough. You can chose the films we watch and enjoy hours of beautiful images, while effortlessly expanding your science horizons. Nature films are also good for our mental health and occasionally there will be free POPCORN too! What is not too like?

Liliya Brezina

15 spaces



Dungeons and Dragons

Serious players only (but beginners are welcome!)

Sophie Morrison

16 spaces



Fitness Suite

Exercise in the fitness suite.

Peter Rankin

8 spaces



GCSE Art Prep

Additional practical studio time and teacher support for GCSE Art students.

David Swales

20 spaces

This activity does not earn Bootham Challenge Credits

Haberdashery and Crafts

Come along, relax and try out different crafts each week. We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!

Georgia Harland

15 spaces



HIIT workout with Aston

HIIT High Intensity Interval Training. Three 15 minute HIITs, one for abs, one for lower body and one for upper body.

Mathew Aston

12 spaces



les Mis

Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.

Andrew Quarrell

80 spaces

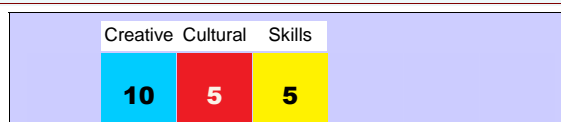


Miniverses

Big ideas, small scale worlds. Create fascinating dioramas of anything your imagination can conjure.

James Lewis-Morgan

10 spaces



Strategy and Board Games

Come and enjoy some new and familiar games. Come with your friends and make some new ones.

Will Lewis

16 spaces

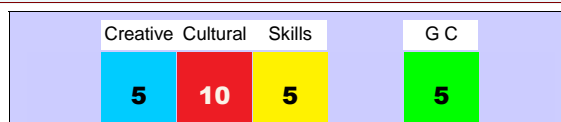


Taste of East Asian Food

Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!

Cherry Peng

8 spaces



Zine Club

Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.

Chloe Elliott

12 spaces



Friday 5:15pm to 6:15pm

Intermediate Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

Donald Walker

16 spaces

£60.00 per term

Physical Creative		Skills	
10	5	5	