



**BOOTHAM  
CHALLENGE**

Silver  
Award

Upper Schoolroom

Activities Brochure  
Spring Term  
2023

# The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **three hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

## Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## How to choose your activities.

1. Look through the list and find the activities you would like to do.
2. Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.
3. Make sure you save your choices and check that you have at least 3 hours of activities. (Preps do not count).
4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

**Thursday at 4:15pm**



**BOOTHAM  
CHALLENGE**

# What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Silver Award** and you have the whole of Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 400 credits over the year across at least five of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

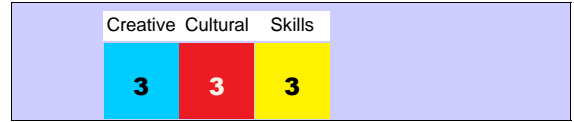
<https://booth.am/challenge>

## Monday before school

### Chamber Music

Sign up with the Music Department.

Music Staff  
10 spaces

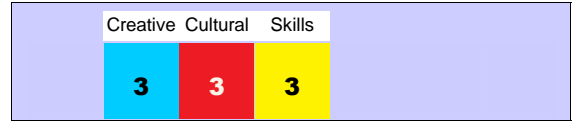


## Monday lunch

### Music Theory

Sign up with the Music Department.

Music Staff  
10 spaces

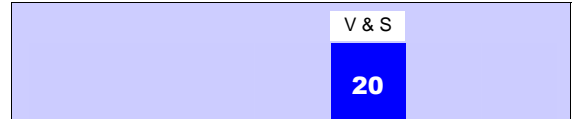


## Monday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..  
3 spaces



### All Things Karaoke

Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in.

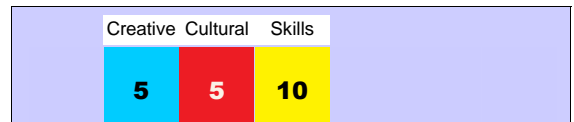
Nadia De Souza  
12 spaces



### Board Games

Play some strategic board games with friends.

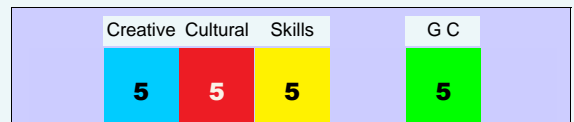
Elizabeth McCulloch  
12 spaces



### FUN science for EAL

Expand your knowledge and understanding of science in a relaxed and supportive environment. We will learn about plants in the green house, look after the Giant African Land snail Bill - our lab pet, explore the school grounds or simply revisit classroom and other exciting experiments. Hands-on, outdoor and classroom based activities aimed at users of English as second or additional language but everyone is welcome.

Liliya Brezina  
10 spaces



### K-pop and K-drama Appreciation Club

Do you like K-pop or K-dramas? If you do then come along and have a fun time as we watch dramas and discuss various related topics!

Jamie Smale  
14 spaces



### Natural History Club

Look at the oncoming spring, record the appearance of flowers, bulbs and bugs. Spend time in nature and natural processes. Maybe become a phenologist. Lots of varied activities to look at animals and trees.

Robert Gardiner  
12 spaces



### Production Crew

Come and play around with technical equipment and learn the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.

Luke Gilliver  
15 spaces



### U14, 15 and 16 Girls Football

Football training.

Helena Landau  
18 spaces



## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby  
14 spaces

Physical	Skills
15	5

## Werewolves / Mafia

Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.

Chloe Elliott  
13 spaces

Creative	Cultural	Skills
5	5	10

## Tuesday before school

### Chamber Music

Sign up with the Music Department.

Music Staff  
10 spaces

Creative	Cultural	Skills
3	3	3

### Swimming

An extra morning session for Bootham team swimmers . Sign up with PE.

Grace Litchfield  
20 spaces

Physical	Skills
15	5

## Tuesday lunch

### Big Band

See music staff for more information and to sign up.

Music Staff  
30 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Tuesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..  
3 spaces

V & S
20

### BEAST

There is no Planet B! Now more than ever, we need to take action to save the environment. If you're interested in the environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.

Kayleigh Oliver  
20 spaces

Skills	V & S	G C	L
5	5	10	5

### Dance Fitness

Dance your way to fitness with this Zumba style dance. This is suitable for beginners and you will not be expected to learn a set piece of choreography. This move to beat activity uses your feet to trace letters and numbers along the floor. For a different way to stay fit dance fitness can be for you.

Tom Lund  
20 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

### EAL games and conversation

Come and join in the games and conversation, improving your English language skills and having fun with friends.

Jenny Adams  
12 spaces

Creative	Cultural	Skills	G C
5	5	5	5

### EAL Prep

Support with English conversation, grammar, reading and writing as well as subject specific help with key vocabulary and comprehension.

Kelly McCarthy  
12 spaces

This activity does not earn Bootham Challenge Credits

### Handycrafts

Do you enjoy being creative and enjoy the challenge of making things from scratch? Perhaps you have skills you would like to share with others. Then this is the activity for you. A fun friendly hour of being creative in a welcoming and supportive environment.

Emma Glover  
8 spaces

Creative	Skills
10	10

## Horse Riding

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

Cathy Rowell

9 spaces

£24.00 per week

Physical	Skills
15	5

## Mandarin for Beginners

A good opportunity for anyone who is interested in Mandarin! You will be able to learn basic Pinyin and have simple Chinese conversations.

Cherry Peng

10 spaces

Creative	Cultural	Skills	G C
5	5	5	5

## Novice runners club

If you've ever wanted to join a running club, but worried that you wouldn't keep up, this is the club for you! Each week we'll don our trainers, embrace the weather and run at the pace of the slowest member of the group. This includes taking walking breaks whenever we need to. So come along if you want to chat as you run, get some fresh air and exercise, and build your confidence as a new or improving runner!

Madeleine Bowley

6 spaces

Physical
20

## Scrapbooking

Want a chill craft activity as well as something to remember Bootham in years to come? You'll be given your very own scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style!

Chloe Elliott

13 spaces

Creative	Cultural	Skills
10	5	5

## Supported Prep

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

Liam McCreesh

12 spaces

This activity does not earn Bootham Challenge Credits

## The Braiders

Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.

Nadia De Souza

14 spaces

Creative	Skills
10	10

## U14 and 15 Netball Training

Team netball training.

Victoria Seller

30 spaces

Physical	Skills
15	5

## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

14 spaces

Physical	Skills
15	5

## World Cookery

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

## Wednesday before school

### Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

## Senior Brass

See music staff for more information and to sign up.

Music Staff  
12 spaces

Physical	Creative	Cultural	Skills	
2	3	2	3	

## Wednesday lunch

### Drama: Makeup & Hair for the stage

Calling all those who are interested in makeup, hair, theatre, art, or a combination – in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year – and there will be regular "glow up" style challenges for you to let your creativity run wild too!

Claire Plowes  
20 spaces

Creative	Cultural	Skills	V & S	
5	5	5	5	

## Wednesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

...  
3 spaces

	V & S	
	20	

### Amnestea

Join the Amnesty group - write letters supporting or advocating for people who have been unjustly imprisoned or mistreated across the globe, all whilst enjoying a cup of tea.

Laura Bok  
10 spaces

Creative	Cultural	Skills	V & S	G C	L	
5	5	5	5	5	5	

### Bikes in Need

Repair or maintain bikes and put back into community via a charity.

Htoon Aung  
10 spaces

Creative	Cultural	Skills	V & S	G C	L	
5	5	5	5	5	5	

### Caligraphy

Learn the art of calligraphy, experimenting with modern lettering and different brush strokes

Felicity Williams  
10 spaces

Creative	Cultural	Skills	
5	5	10	

### Chess Club

Play chess against others and practice your skills in preparation for competition!

Raphael Last  
24 spaces

Creative	Cultural	Skills	
5	5	10	

### Chess Training

Chess training for intermediate and advanced level chess players

Bedat Lee  
8 spaces

Creative	Cultural	Skills	
5	5	10	

### French Magazine

Help create Bootham's first French language magazine. Our magazine will celebrate Bootham successes, events and would contain short articles on what you enjoy including sport, cooking, French food tasting, new bands. We will share with a link French school.

Vanina Meunier  
16 spaces

Creative	Cultural	Skills	G C	
5	5	10	5	

### Japanese for (not so) Beginners

A continuation of last term so you need to have some basics. Talk to James if you want to join and a complete beginner.

James Lewis-Morgan  
15 spaces

Creative	Cultural	Skills	G C	
5	5	5	5	

### Les Mis

Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.

Andrew Quarrell  
80 spaces

Physical	Creative	Cultural	Skills	
10	10	10	10	

### Origami Club

Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous experience necessary! Join Origami club to explore the wonders of paper folding!

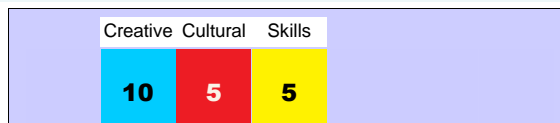
Liliya Brezina  
15 spaces



### Poetry Club

Fancy yourself a budding bard? Whether you're a keen writer or just want to learn a little bit more about the form, each week we'll have a different poetry workshop. We'll look at forms such as black-out poetry, prose poetry, surrealism and slam, and even get a little crafty while we're at it.

Chloe Elliott  
10 spaces



### Screen-free games

Come along for screen-free games - have the chance to play board games, both classic and contemporary. This is a great chance to connect with others, relax and have fun!

Carolyn Bloxwich  
20 spaces



### Table Tennis

Practice your skills and keep fit!

John Brameld  
16 spaces



## Thursday before school

### Chamber Music

Sign up with the Music Department.

Music Staff  
10 spaces



## Thursday lunch

### Schoolrooms Choir

Sign up with the Music Department.

Music Staff  
10 spaces



### String Ensemble

See music staff for more information and to sign up.

Music Staff  
10 spaces



## Thursday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

...  
3 spaces



### Anime Club

A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!

Cherry Peng  
10 spaces



### Bootham Book Club

We will be shadowing the brand new York Book Award and Excelsior graphic novel awards for 2023, reading the shortlists, discussing our favourites, then voting for the winners! There will also be an opportunity for the group to attend the awards ceremonies for both prizes later in the year.

Laura Herring  
10 spaces





## Charades

To say or not to say, that is the question! Join us for games of Dumb charades, Pictionary and Taboo.

Nadia De Souza

12 spaces

Creative Cultural Skills

5

5

10

## Crotchet and Feminism

In this activity you will learn to crochet whilst talking about current world events and anything feminism related, designed to be a wind-down club that engages verbally whilst crocheting.

Katie, Katie and Hannah

12 spaces

Creative Cultural Skills

5

5

10

G C

5

## Hits from the Musicals

Grab some popcorn and get ready to sing along with your favourite Disney and Musical Theatre films.

Felicity Williams

20 spaces

Creative Cultural Skills

5

10

5

## Kahoot quizzing

Work in a team or solo to win! New quiz themes and prizes each week.

James Lewis-Morgan

16 spaces

Creative Cultural Skills

5

5

10

## Pirates of the Caribbean Film Club

This term Film Club enjoys this Disney classic series!

Jess Hoggarth Hall

60 spaces

Cultural

10

## Senior Orchestra

Senior Orchestra for students grade 3 and above.

Richard Allain

80 spaces

Creative Cultural Skills

10

5

5

## Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby

20 spaces

Physical

15

Skills

5

## U14 Football Team Training

Training for U14 football team.

..

18 spaces

Physical

15

Skills

5

## Wind and brass group

Wind and brass

Tim Bayley

30 spaces

Creative Cultural Skills

10

5

5

## World Shapers

Take action for a fairer world - you can make a difference! Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school.

Kayleigh Oliver

15 spaces

Creative Cultural

5

5

V & S

G C

L

5

5

5

Thursday 5:15pm to 7pm

## Advanced Fencing

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

Donald Walker

16 spaces

**£60.00 per term**

Physical Creative

10

5

Skills

5

Friday before school

## Chamber Music

Sign up with the Music Department.

Music Staff

10 spaces

Creative Cultural Skills

3

3

3

## Friday morning break

### Junior Flutes

See music staff for more information and to sign up.

Music Staff  
12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Friday lunch

### Junior Guitars

See music staff for more information and to sign up.

Music Staff  
12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

### Senior Choir

Sign up with the Music Department.

Richard Allain  
40 spaces

Creative	Cultural	Skills
3	3	3

## Friday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..  
3 spaces

V & S
20

### Badge Club

Learn how to make handmade badges and stickers!

Jessica Hargreaves  
15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

### Beginners Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

Donald Walker  
30 spaces  
**£60.00 per term**

Physical	Creative	Skills
10	5	5

### Card Making

Learn how to make cards. Superb gifts!

Htoon Aung  
10 spaces

Creative	Skills
10	10

### Cryptography Club

Crack some codes. Each week a new challenge will be set. Can you crack the codes to get into the safe and get the sweet sweet rewards?

James Ratcliffe  
24 spaces

Creative	Skills
5	15

### David Attenborough Film Club

The title says it all! Join the Biology department in celebrating the life and work of David Attenborough. You can chose the films we watch and enjoy hours of beautiful images, while effortlessly expanding your science horizons. Nature films are also good for our mental health and occasionally there will be free POPCORN too! What is not too like?

Liliya Brezina  
15 spaces

Cultural	Skills	G C
10	5	5

### Dungeons and Dragons

Serious players only (but beginners are welcome!)

Sophie Morrison  
16 spaces

Creative	Cultural	Skills
5	5	10

### Haberdashery and Crafts

Come along, relax and try out different crafts each week. We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!

Georgia Harland  
15 spaces

Creative	Skills
10	10

### HIIT workout with Aston

HIIT High Intensity Interval Training. Three 15 minute HIITs, one for abs, one for lower body and one for upper body.

Mathew Aston

12 spaces



### Improvers Swimming

For anyone who want to improve their breaststroke, backstroke, frontcrawl and have an introduction to butterfly. Additional skills taught will be entries and personal survival.

Michelle Gatenby

20 spaces



### les Mis

Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.

Andrew Quarrell

80 spaces



### Miniverses

Big ideas, small scale worlds. Create fascinating dioramas of anything your imagination can conjure.

James Lewis-Morgan

10 spaces



### Strategy and Board Games

Come and enjoy some new and familiar games. Come with your friends and make some new ones.

Will Lewis

16 spaces



### Taste of East Asian Food

Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!

Cherry Peng

8 spaces



### Zine Club

Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.

Chloe Elliott

12 spaces



## Friday 5:15pm to 6:15pm

### Intermediate Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

Donald Walker

16 spaces

£60.00 per term

