

Gold Award

Upper Senior

Activities Brochure Spring Term 2023

The Activities Programme

Activities are different for Upper Senior this term. You are not required to do any activities unless you have a commitment such as the production, music, sports or language orals.

If you are in school after 16:15 you need to go to prep to work. Boarders may go back to the boarding houses and must register there. Otherwise, go home before 16:15.

If you wish to sign up for any activities then please sign up in the usual way on the system. Activity choosing for you starts on Wednesday at 1:30pm.

All Activities need to be chosen by:

Thursday at 4:15pm



What is the Bootham Challenge

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Gold Award and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical Crea	tive Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 3 Monday lunch **Music Theory** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 3 Monday Activity Hour All Things Karaoke Creative Cultural Skills Nadia De Souza Come along if you fancy a super fun singing session. It 12 spaces 5 10 5 doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in. **Astronomy GCSE** Creative Skills Steve Everest The group is already set up so is not available for new 14 spaces 15 students. Existing students please choose Monday and **Board Games** Creative Cultural Skills Elizabeth McCulloch Play some stategic board games with friends. 12 spaces 5 10 **Classics Club** Creative Cultural Skills Maya Lindridge Eating Ancient Greek and Roman food, watching classics 12 spaces 5 10 5 movies and re-enacting historical events. Lots of classics fun but also classics homework and GCSE help if you need **Fitness** Physical Kitty Wilson General fitness using the machines in the Fitness Suite. 12 spaces 20 **FUN science for EAL** Creative Cultural Skills G C Liliya Brezina Expand your knowledge and understanding of science in a 10 spaces 5 5 5 relaxed and supportive environment. We will learn about plants in the green house, look after the Giant African Land snail Bill - our lab pet, explore the school grounds or simply revisit classroom and other exciting experiments. Hands-on, outdoor and classroom based activities aimed at users of English as second or additional language but everyone is welcome. **Greenpower Car** V & S GС Creative Skills Benji Alwis The challenge is to build a car that can be raced in June, 12 spaces 10 5 5 from a design created by College Students. 5 Introduction to Economics Creative Cultural Finn Taylor Interested in taking A-level economics? Take this activity to 8 spaces 10 find out if it is for you. We will explore what the beginning of a level economics is like as well as exploring real world K-pop and K-drama Appreciation Club Creative Cultural Jamie Smale Do you like K-pop or K-dramas? If you do then come along 14 spaces 10 10 and have a fun time as we watch dramas and discuss various related topics!

Production Crew Physical Creative Skills Luke Gilliver Come and play around with technical equipment and learn 15 spaces 5 10 the ins & outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already. Quilting Creative Cultural Skills Lisa Niven Did you know that quilting may date as far back as 3400 8 spaces 10 5 5 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps. U14, 15 and 16 Girls Football Physical Skills Helena Landau Football training. 18 spaces 5 Volleyball Physical Skills Ana-Maria Vazquez Martin Beginners/improvers volleyball training. If you would like to 16 spaces 5 learn the basics or help me train a beginners' volleyball team, please join us! **Water Polo** Physical Skills Michelle Gatenby For this high stamina based activity you need to be able to 14 spaces 5 swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment. Werewolves / Mafia Creative Cultural Skills Chloe Elliott Familiar with the game werewolves or mafia? Work on your 13 spaces 5 10 5 debate and persuasion skills in this game of interrogation, mystery and fun. Monday 5:30pm to 6:45pm U15-19 Basketball Training Skills Physical Andrew Bell Team training. 20 spaces 5 Tuesday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 3 **Swimming** Physical Skills Grace Litchfield An extra morning session for Bootham team swimmers . 20 spaces Sign up with PE. 5 Tuesday lunch **Big Band** Physical Creative Cultural Skills Music Staff See music staff for more information and to sign up. 30 spaces Tuesday Activity Hour **BEAST** Kayleigh Oliver Skills V & S GC L There is no Planet B! Now more than ever, we need to take 20 spaces action to save the environment. If you're interested in the 5 5 10 environment, sustainability and all things eco, join us for discussion, activities and student led ideas, to help make the school and wider community greener.

Dance Fitness Physical Creative Cultural Skills Tom Lund Dance your way to fitness with this Zumba style dance. This 20 spaces 5 5 is suitable for beginners and you will not be expected to learn a set piece of chorography. This move to beat activity uses your feet to trace letters and numbers along the floor. For a different way to stay fit dance fitness can be for you. **EAL** games and conversation Creative Cultural Skills GС Jenny Adams Come and join in the games and conversation, improving 12 spaces your English language skills and having fun with friends. 5 5 5 **EAL Prep** This activity does not earn Bootham Challenge Credits Kelly McCarthy Support with English conversation, grammar, reading and 12 spaces writing as well as subject specific help with key vocabulary and comprehension. **GCSE Art Prep** This activity does not earn Bootham Challenge Credits Emily Harper-Gustafsson Additional practical studio time and teacher support for 20 spaces GCSE Art students. **Horse Riding** Physical Cathy Rowell Skills Learn to ride a horse! It does not matter if you have ridden 9 spaces before- beginners are welcome. We generally have a 5 beginners group and an intermediate group riding at the £24.00 per week same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials. **Mandarin for Beginners** Creative Cultural G C Cherry Peng Skills A good opportunity for anyone who is interested in 10 spaces Mandarin! You will be able to learn basic Pinyin and have 5 5 5 5 simple Chinese conversations. **Scrapbooking** Chloe Elliott Creative Cultural Skills Want a chill craft activity as well as something to remember 13 spaces Bootham in years to come? You'll be given your very own 10 5 5 scrapbook and each week we'll find different activities to fill it. Think 'Wreck this Journal' but Bootham style! **Supported Prep** This activity does not earn Bootham Challenge Credits Liam McCreesh Supported prep will give you the chance to receive support 12 spaces on prep, extended writing and coursework. The Braiders Creative Skills Nadia De Souza Practice your hairstyling skills on your friends and yourself. 14 spaces 10 10 Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down. **Upper Senior DT Coursework Prep** Creative Skills Matthew Parker A chance to work on coursework away from lessons with 15 spaces This is a revision course. You can sign up for it after the mocks the opportunity to work closely with Jamie the Technician and develop your folderwork. This activity counts as a prep. Water Polo Physical Skills Michelle Gatenby For this high stamina based activity you need to be able to 14 spaces swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 5 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Wednesday before school **Chamber Music** Creative Cultural Skills Music Staff Sign up with the Music Department. 10 spaces 3 3 3 **Senior Brass** Physical Creative Cultural Skills Music Staff See music staff for more information and to sign up. 12 spaces 2 Wednesday lunch Drama: Makeup & Hair for the stage Creative Cultural Skills V & S Claire Plowes Calling all those who are interested in makeup, hair, 20 spaces 5 theatre, art, or a combination - in this new lunchtime activity, we are going to introduce you to the art of makeup for the stage. Through demonstrations, you'll learn all the basics of stage makeup, then get hands on and practise your new skills each week. You'll be training ready to volunteer to help out with any school productions throughout the year - and there will be regular "glow up" style challenges for you to let your creativity run wild too! Wednesday Activity Hour **Amnestea** Creative Cultural Skills V & S GС L Laura Bok Join the Amnesty group - write letters supporting or 10 spaces 5 5 advocating for people who have been unjustly imprisoned or mistreated across the globe, all whilst enjoying a cup of tea. Artichoke (Art Magazine) Creative Cultural Skills L Jessica Hargreaves Come join the editorial team for the second volume of 15 spaces 10 5 5 5 Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome! **Bikes in Need** Skills V & S GС Creative Cultural Htoon Aung L Repair or maintain bikes and put back into community via a 10 spaces 5 5 5 charity. 5 5 5 Caligraphy Creative Cultural Felicity Williams Learn the art of calligraphy, experimenting with modern 10 spaces 5 10 lettering and different brush strokes **Chess Club** Creative Cultural Skills Raphael Last Play chess against others and practice your skills in 24 spaces preparation for competition! 5 5 10 Chess Training Creative Cultural Skills Bedat Lee Chess training for intermediate and advanced level chess 8 spaces 5 5 10 players French Magazine Creative Cultural Skills G C Vanina Meunier Help create Bootham's first French language magazine. 16 spaces Our magazine will celebrate Bootham successs, events and 5 10 5 would contain short articles on what you enjoy including sport, cooking, French food tasting, new bands. We will share with a link French school. **GCSE Foundation Maths Revision and Resit** This activity does not earn Bootham Challenge Credits Mathew Aston Compulsory Revision class for those REQUIRED to resit 6 spaces This is a revision course. You can sign up for it after GCSE Maths. Voluntary Revision class for those sitting the mocks Foundation Tier in Maths.

Greenpower Car	Benji Alwis	Creative	Skills V & S G C			
The challenge is to build a car that can be raced in June, from a design created by College Students.	12 spaces	5	10 5 5			
Japanese for (not so) Beginners	James Lewis-Morgan	Creative Cultural	Skills G C			
A continuation of last term so you need to have some basics. Talk to James if you want to join and a a complete beginner.	15 spaces	5 5	5			
Learn Spanish through cooking	Emily O'Loan	Creative Cultural	Skills G C			
Explore the art and joy of Spanish food, language, and culture in the kitchen. Using bilingual recipes we will learn traditional Spanish dishes—from tapas to churros—you will learn new and exciting words and recipes that you may go on to share at home for your next family fiesta!	6 spaces	5 5	10 5			
Les Mis	Andrew Quarrell	Physical Creative Cultural	Skills			
Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.	80 spaces	10 10 10	10			
Origami Club	Liliya Brezina	Creative Cultural	Skills			
Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous	15 spaces	10 5	5			
experience necessary! Join Origami club to explore the wonders of paper folding!						
Poetry Club	Chloe Elliott	Creative Cultural	Skills			
Fancy yourself a budding bard? Whether you're a keen writer or just want to learn a little bit more about the form, each week we'll have a different poetry workshop. We'll look at forms such as black-out poetry, prose poetry, surrealism and slam, and even get a little crafty while we're at it.	10 spaces	10 5	5			
The Philosophy of The Good Place	Beth Steer	Creative Cultural	Skills			
Explore some of life's biggest questions through the TV Show The Good Place. Is there an afterlife? What makes a good life? What is virtuous behaviour? What do we owe other people in our society? How do we solve the Trolley Problem? Open to anyone who is interested in these questions, whether you currently study RS or not!	20 spaces	5 10	5			
Upper Senior DT coursework support	Eamonn Molloy	Creative	Skills			
Develop your designing and making skills to support your DT coursework.	15 spaces	10	10			
Thursday before school						
Chamber Music	Music Staff	Creative Cultural	Skills			
Sign up with the Music Department.	10 spaces	3 3	3			
Thursday lunch						
String Ensemble	Music Staff	Physical Creative Cultural	Skills			
See music staff for more information and to sign up.	10 spaces	2 3 2	3			
Thursday Activity Hour						
Anime Club	Cherry Peng	Creative Cultural	GC			
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10	5			

Crotchet and Feminism Creative Cultural GС Skills Katie, Katie and Hannah In this activity you will learn to crochet whilst talking about 12 spaces current world events and anything feminism related, 5 5 10 5 designed to be a wind-down club that engages verbally whilst crocheting. **GCSE Art Prep** This activity does not earn Bootham Challenge Credits Jessica Hargreaves Additional practical studio time and teacher support for 20 spaces GCSE Art students. Hits from the Musicals Creative Cultural Skills Felicity Williams Grab some popcorn and get ready to sing along with your 20 spaces 10 5 favourite Disney and Musical Theatre films. Kahoot quizzing Creative Cultural Skills James Lewis-Morgan Work in a team or solo to win! New guiz themes and prizes 16 spaces 5 10 5 each week. Pirates of the Caribbean Film Club Cultural Jess Hoggarth Hall This term Film Club enjoys this Disney classic series! 60 spaces 10 Senior Orchestra Creative Cultural Skills Richard Allain Senior Orchestra for students grade 3 and above. 80 spaces 10 5 5 So you are interested in Psychology? Skills Harriet Ennis Creative Cultural If you are new to Psychology (whether you just started the 15 spaces 5 5 10 course in College or are in Seniors and might want to study it in College) this is the activity for you.... We will give you a taste of what Psychology is like, including some practical work. This will be a great opportunity to study fascinating subjects exploring the human mind and your behaviour. This is a chance to ask all the questions you always wanted to ask. **Swim Training** Skills Physical Michelle Gatenby Must be able to swim 100 metres Breaststroke, 100 metres 20 spaces 15 5 Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving. **World Shapers** Creative Cultural V & S GC L Kayleigh Oliver Take action for a fairer world - you can make a difference! 15 spaces Join us to discuss and learn about the world, including issues like fair trade, refugee action, and LGBTQIA+. Join campaigns and use your voice and your creativity to speak out, leading and taking part in activities like bake sales, fair trade stalls, social media campaigns, engaging with local politicians, and awareness campaigning around school. Thursday 5:15pm to 7pm **Advanced Fencing** Physical Creative Skills Donald Walker If you've been fencing for a while then this is for you. You 16 spaces 5 can also sign up for one of the other sessions (at no extra 10 cost) and pass on your skills to others. £60.00 per term Friday before school **Chamber Music** Creative Cultural Music Staff Skills Sign up with the Music Department. 10 spaces 3 3 3

Floris Tris		
Flute Trio	Music Staff 3 spaces	Physical Creative Cultural Skills
See music staff for more information and to sign up.		2 3 2 3
Senior Flutes	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	10 spaces	
5 ,	10 00000	2 3 2 3
Friday lunch		
Senior Choir	Richard Allain	Creative Cultural Skills
Sign up with the Music Department.	40 spaces	
		3 3 3
Senior Guitars	Music Staff	Physical Creative Cultural Skills
See music staff for more information and to sign up.	12 spaces	2 3 2 3
Friday Activity Hour		
1st XI Football Team Training	George Trifan	Physical Skills
Training for the 1st XI Football team, including Upper Seniors who played for U16s last year.	22 spaces	15 5
		3
Astronomy GCSE	Mike Shaw	Creative Skills
The group is already set up so is not available for new	14 spaces	45
students. Existing students please choose Monday and Friday.		5 15
Badge Club	Jessica Hargreaves	Creative Cultural Skills G C
Learn how to make handmade badges and stickers!	15 spaces	5 5 5
Beginners Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical	30 spaces	40 5
exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It	SSO OO por torm	10 5 5
improves balance, timing and conditions the reflexes.	£60.00 per term	
Card Making	Htoon Aung	Creative Skills
Learn how to make cards. Superb gifts!	10 spaces	10 10
		10
Chinese A Level Preparation	Candy Lam	Creative Cultural Skills G C
Lessons for native speakers who wish to take the Chinese	12 spaces	
A level either this summer or in 2024.		5 5 5
David Attenborough Film Club	Liliya Brezina	Cultural Skills G C
The title says it all! Join the Biology department in	15 spaces	10 E
celebrating the life and work of David Attenborough. You can chose the films we watch and enjoy hours of beautiful	•	10 5 5
images, while effortlessly expanding your science horizons. Nature films are also good for our mental health and		
occasionally there will be free POPCORN too! What is not too like?		
Dungeons and Dragons	Cophia Marriaga	Creative Cultural Skills
Serious players only (but beginners are welcome!)	Sophie Morrison 16 spaces	Greater Guitaral Guille
2.2 2.2 2.3, 2.2 2.3, (22. 2.25	10 00000	5 5 10

Fitness Suite	Peter Rankin	Physical		
Exercise in the fitness suite.	8 spaces	20		
GCSE Art Prep	David Swales	This activity does not earn Bootham Challenge Credits		
Additional practical studio time and teacher support for GCSE Art students.	20 spaces			
Haberdashery and Crafts	Georgia Harland	Creative Skills		
Come along, relax and try out different crafts each week. We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!	15 spaces	10 10		
HIIT workout with Aston	Mathew Aston	Physical		
HIIT High Intensity Interval Training. Three 15 minute HIITs, one for abs, one for lower body and one for upper body.	12 spaces	20		
les Mis	Andrew Quarrell	Physical Creative Cultural Skills		
Rehearsals for the cast. You must sign up for Wednesday and Friday and there will be some late finishes.	80 spaces	10 10 10 10		
Miniverses	James Lewis-Morgan	Creative Cultural Skills		
Big ideas, small scale worlds. Create fascinating dioramas of anything your imagination can conjure.	10 spaces	10 5 5		
Strategy and Board Games	Will Lewis	Creative Cultural Skills		
Come and enjoy some new and familiar games. Come with your friends and make some new ones.	16 spaces	5 5 10		
Taste of East Asian Food	Cherry Peng	Creative Cultural Skills G C		
Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use	8 spaces	5 10 5 5		
chopsticks!				
Zine Club	Chloe Elliott	Creative		
Learn how to make and self publish your own zine! (small magazines about ANYTHING you like- to be swapped and shared with friends) Art Seniors and College can use this time for catching up on sketchbook pages too.	12 spaces	<mark>15 5</mark>		
Friday 5:15pm to 6:15pm				
Intermediate Fencing	Donald Walker	Physical Creative Skills		
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility	16 spaces	10 5 5		
(both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	£60.00 per term			