

Silver Award

Middle Schoolroom

Activities Brochure Summer Term 2023

The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **three hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

Boarders may have **ONE** night going back to the boarding house a week (on any night).

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. Once choosing starts (Friday at morning break) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 3. Make sure you save your choices and check that you have at least 3 hours of activities. (Preps do not count).
- 4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 9:10am



What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Silver Award and you have the whole of Middle and Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

Physical Creative Cultu	l Skills	Volunteering and Service	Global Citizenship	Leadership
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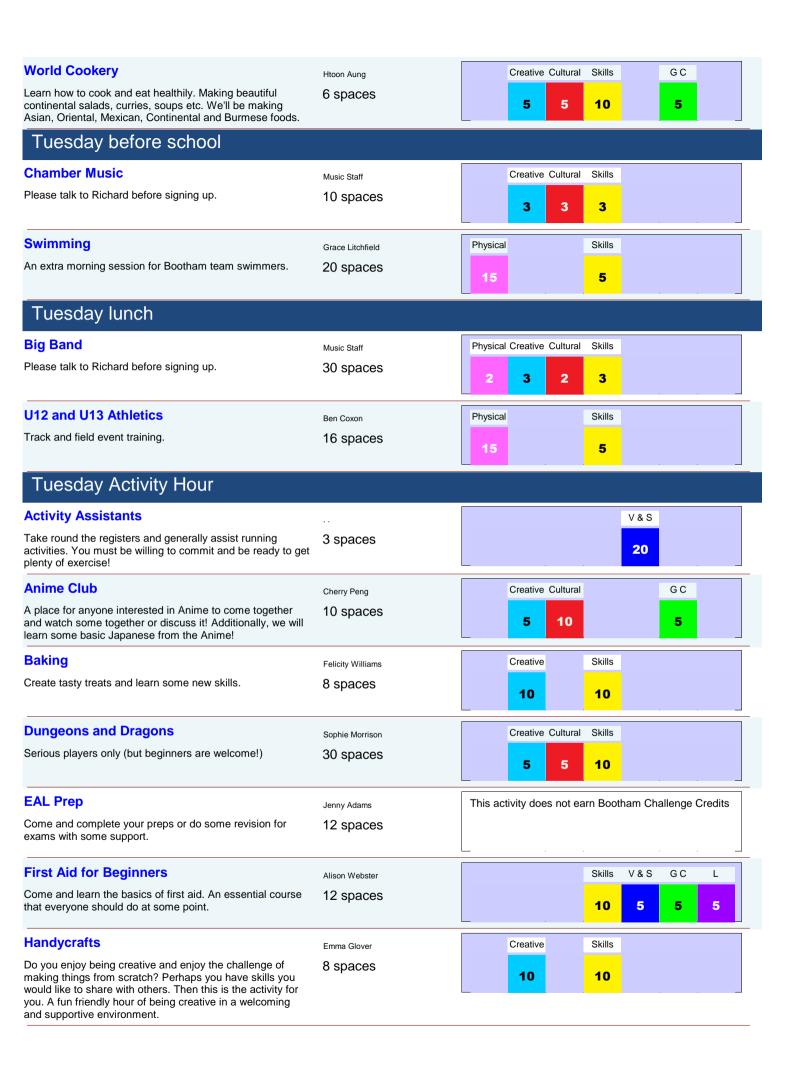
Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 400 credits over the two years across at least four of the categories.

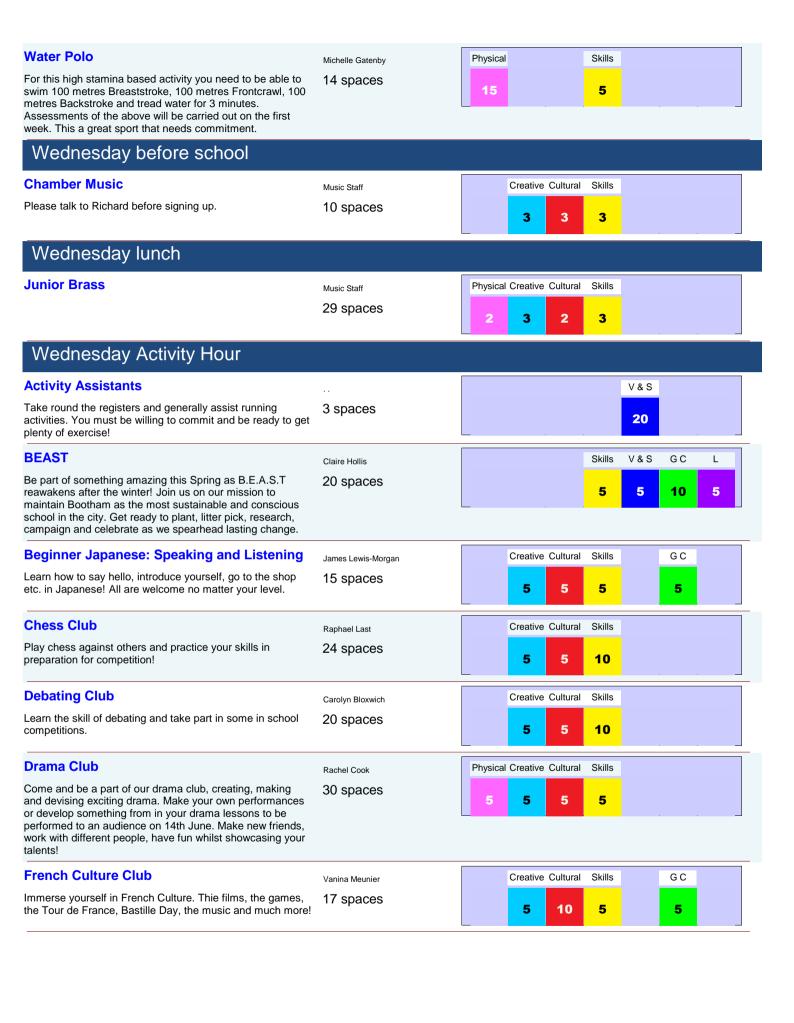
Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday before school **Chamber Music** Creative Cultural Skills Music Staff Please talk to Richard before signing up. 10 spaces 3 3 Monday lunch **Music Theory** Creative Cultural Skills Music Staff 10 spaces 3 3 Monday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces 20 activities. You must be willing to commit and be ready to get plenty of exercise! **Board Games** Creative Cultural Elizabeth McCulloch Skills Play some stategic board games with friends. 12 spaces 10 Caligraphy Creative Cultural Skills Felicity Williams Learn the art of calligraphy, experimenting with modern 10 spaces lettering and different brush strokes. 5 10 **Embroidery and Crafts** Creative Cultural Skills Shazma White Spend a relaxing hour sewing and doing other craft 10 spaces 10 5 **Escape Rooms and co-op board games** Creative Cultural Skills Tom Lund During this activity you will be "locked" into a room with 10 spaces 10 5 nothing but a deck of cards and your own minds to try and get out. We will also play other cooperative board games that include Pandemic, and Mysterium. Come and join in with these mind-bending team building games. **Natural History Club** Creative Skills GC Robert Gardiner Looking at the natural world, possible excursions out to look 12 spaces 5 10 10 at different habitats. Enjoying the world around us, making observations and recording ideas to improve our understanding of the world around us. **Production Crew** Physical Creative Luke Gilliver Skills Come and play around with technical equipment and learn 15 spaces 10 the ins and outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already. **Under 12 & Under 13 Cricket Nets** Physical Skills Andrew Bell Cricket nets session for U12 and U13 players. Ability to bat 24 spaces and bowl in the nets required. 15 5 **Water Polo** Skills Michelle Gatenby For this high stamina based activity you need to be able to 14 spaces 5 swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.



Horse Riding Physical Skills Cathy Rowell Learn to ride a horse! It does not matter if you have ridden 9 spaces before- beginners are welcome. We generally have a 5 beginners group and an intermediate group riding at the £24.00 per week same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials. **Maths Team Challenges** Creative Cultural Skills James Ratcliffe Take part in team maths challenges. We will do a mix of 20 spaces 10 5 5 questions, cross numbers, head to head relays and mathematical relay races. Add to that some random maths facts and plenty of mathematical jokes! **Medieval Club** Creative Cultural Skills Sarah Bridge Come along to learn all about the Middle Ages. We will look 15 spaces at how people lived - what did they wear? eat? write? read? listen to? - and have a go at some medieval crafts. **Natural History FILM club** Cultural Skills GC Liliya Brezina Nature films to enjoy and inspire. If you care for the Nature, 15 spaces 5 5 10 why not learn while relaxing after school. Bring your friends - the more, the merrier! **Novice runners club** Physical Madeleine Bowley If you've ever wanted to join a running club, but worried that 6 spaces you wouldn't keep up, this is the club for you! Each week 20 we'll don our trainers, embrace the weather and run at the pace of the slowest member of the group. This includes taking walking breaks whenever we need to. So come along if you want to chat as you run, get some fresh air and exercise, and build your confidence as a new or improving runner! **Supported Prep** This activity does not earn Bootham Challenge Credits Liam McCreesh Supported prep will give you the chance to receive support 12 spaces on prep, extended writing and coursework. **The Braiders** Creative Skills Nadia De Souza Practice your hairstyling skills on your friends and yourself. 14 spaces 10 10 Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down. U12 and U13 Basketball Physical Skills Neil Harvey Team training. 16 spaces 1 U13 and 14 Tennis Team Physical Skills George Trifan Tennis training session. 14 spaces 15 5 Walk and Talk EAL Physical Creative Cultural Skills GC Kelly McCarthy Practice your English as we walk around town with Kelly's 8 spaces 5 5 5 dog! 5 EARLY RELEASE



Knit and Natter	Beth Steer	Creative Cultural Skills V & S G C
Come and knit squares that will be sewn together by gogos (grandmothers) in South Africa for the charity Knit A Square which provides blankets, knitted toys and hats for orphaned	15 spaces	5 5 5 5
and vulnerable children. Any level of knitting experience (including beginners) very welcome! Beginners can work on the squares and those with more experience who can read knitting patterns can make beanies/hats, hand-warmers and soft toys.		
Nail Art	Cherry Peng	Creative Cultural Skills
Nant to make your own nail art? Here you can use all the cools to create your own nail art, of course you can use them on extensions to make your own wearable nails!	10 spaces	10 5 5
Origami Club	Liliya Brezina	Creative Cultural Skills
Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous experience necessary! Join Origami club to explore the wonders of paper folding!	15 spaces	10 5 5
Relax and create	Laura Bok	Creative Cultural Skills
A contemplative activity if you'd like to de-compress after a busy day. Responding to a prompt, either create a piece of writing or a drawing in response. Feel free to bring a book to read as well!	12 spaces	10 5 5
Table Tennis	John Brameld	Physical Skills
Practice your skills and keep fit!	16 spaces	15 5
U12 and 13 Athletics	Grace Litchfield	Physical Skills
Track and jumping events (no throws)	16 spaces	15 5
U13 Girls Rounders	Angela Woods	Physical Skills
Team Training	18 spaces	15 5
Thursday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	3 3 3
Thursday lunch		
Cricket Fielding Session	Andrew Bell	Physical Skills
	18 spaces	15 5
Schoolrooms Choir	Music Staff	Creative Cultural Skills
	40 spaces	3 3 3
String Ensemble	Music Staff	Physical Creative Cultural Skills
String Ensemble	Music Stail	

Thursday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces activities. You must be willing to commit and be ready to get 20 plenty of exercise! **All Things Karaoke** Creative Cultural Skills Nadia De Souza Come along if you fancy a super fun singing session. It 12 spaces doesn't matter if you're a trained singer or if you're 10 convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in. **Book or Film Club** Cultural Skills Laura Herring Which was better, the book or the film? We will watch 3 8 spaces book to film adaptations and read the original books to 10 10 EARLY RELEASE compare and decide; which was better? The films will be Wonder, Howl's Moving Castle and A Monster Calls. **Girls Cricket Nets** Physical Skills Neil Harvey Any age welcome! 30 spaces 5 **Historic Chess** Creative Cultural Skills G C Cherry Peng Want to learn more about different type of chess? Here you 12 spaces can know about three types of Asian chess, they include 5 5 5 Chinese chess (xiangqi), gobang and checkers(tiaoqi). Learn some new, yet ancient, games! **Hits from the Musicals** Creative Cultural Skills Felicity Williams Grab some popcorn and get ready to sing along with your 20 spaces 10 5 5 favourite Disney and Musical Theatre films. Kahoot quizzing Creative Cultural Skills James Lewis-Morgan Work in a team or solo to win! New quiz themes and prizes 16 spaces 5 5 10 each week. **Marvel Film Club** Cultural Jess Hoggarth Hall Step into the MCU! 60 spaces 10 **Senior Orchestra** Creative Cultural Skills Richard Allain Senior Orchestra for students grade 3 and above. 80 spaces 10 5 **Swim Training** Physical Skills Michelle Gatenby Must be able to swim 100 metres Breaststroke, 100 metres 20 spaces Backstroke, 100 metres Frontcrawl, tread water for 3 5 minutes and be confident with diving. Wind Band Creative Cultural Skills Tim Bayley Suitable for Wind, brass, and percussion players from 30 spaces 10 beginners up to Grade 5 **World Shapers** Creative Cultural V & S GС Claire Hollis Something going on the world that you don't agree with? 15 spaces Become and activist and campaign for change! Join us as we prepare for June's Pride march, raise money for great causes, lead awareness campaigns and engage with politicians on big issues. 'The best way to not feel hopeless is to get up and do something about it. Barack Obama

Thursday 5:15pm to 7pm **Advanced Fencing** Physical Creative Skills Donald Walker If you've been fencing for a while then this is for you. You 16 spaces can also sign up for one of the other sessions (at no extra 5 cost) and pass on your skills to others. £60.00 per term Friday before school **Chamber Music** Creative Cultural Skills Music Staff Please talk to Richard before signing up. 10 spaces 3 3 Friday morning break **Junior Flutes** Physical Creative Cultural Skills Music Staff 12 spaces 3 3 Friday lunch **Junior Guitars** Physical Creative Cultural Skills Music Staff 12 spaces 3 3 **Senior Choir** Creative Cultural Richard Allain Skills 40 spaces 3 3 Friday Activity Hour **Activity Assistants** V & S Take round the registers and generally assist running 3 spaces 20 activities. You must be willing to commit and be ready to get plenty of exercise! **Badge Club** Creative Cultural Skills GC Jessica Hargreaves Learn how to make handmade badges and stickers! 15 spaces 5 5 5 **Beginners Fencing** Physical Creative Skills Donald Walker Fencing is the best combination of mental and physical 30 spaces 5 exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It £60.00 per term improves balance, timing and conditions the reflexes. **Card Making** Skills Creative Htoon Aung Learn how to make cards. Superb gifts! 10 spaces 10 10 Cathartic Colouring Creative Cultural Skills Nadia De Souza Colour your stress away in this fun and relaxed activity. All 12 spaces you need to do is bring yourself and we'll take care of the 10 5 rest. We'll aim to provide a relaxing atmosphere with good music, great conversation, and most importantly, with beautiful colours and art. Join us to unwind, and let art do its magic. **Dungeons and Dragons** Creative Cultural Skills Sophie Morrison Serious players only (but beginners are welcome!) 30 spaces

Futsal	James Lewis-Morgan	Physical	Skills	
Play 2v2 or 7 a side focusing on close control with your football skills .	16 spaces	15	5	
Haberdashery and Crafts	Liliya Brezina	Creative	Skills	
Come along, relax and try out different crafts each week. We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!	15 spaces	10	10	
Improvers Swimming	Michelle Gatenby	Physical	Skills	
For anyone who wants to improve their breaststroke, backstroke, frontcrawl and have an introduction to butterfly. Additional skills taught will be entries and personal survival.	20 spaces	15	5	
Junk Puppetry	David Swales	Creative	Skills	GC
Build madcap satirical puppets from discarded material. Help build a junk government to put the world to rights (or fall apart trying).	14 spaces	10	5	5
Quiz Club	James Ratcliffe	Creative Cultura	al Skills	
Make a team and take part in a variety of quizzes, kahoots, blookets and other general knowledge games. Each week will have a theme with prizes to be won!	spaces	5 10	5	
Softball	Grace Litchfield	Physical	Skills	
Come and play a new sport.	18 spaces	15	5	
Friday 5:15pm to 6:15pm				
Intermediate Fencing	Donald Walker	Physical Creative	Skills	
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	16 spaces	10 5	5	
	£60.00 per term			