

**BOOTHAM  
CHALLENGE**

# Gold Award

Lower Senior

Activities Brochure  
Summer Term  
2023

# The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **two hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

Boarders may have **TWO** nights going back to the boarding house a week (on any night).

## **Music Practice**

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## **How to choose your activities.**

Look through the list and find the activities you would like to do.

Once choosing starts (Tuesday at 1:30pm) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 2 hours of activities. (Prep and music practice do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

**Thursday at 9:10am**



**BOOTHAM  
CHALLENGE**

## What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Gold Award** and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

<https://booth.am/challenge>

## Monday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

## Monday lunch

### Music Theory

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

## Monday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Steve Everest

14 spaces

Creative	Skills
5	15

### Board Games

Play some strategic board games with friends.

Elizabeth McCulloch

12 spaces

Creative	Cultural	Skills
5	5	10

### Caligraphy

Learn the art of calligraphy, experimenting with modern lettering and different brush strokes.

Felicity Williams

10 spaces

Creative	Cultural	Skills
5	5	10

### Embroidery and Crafts

Spend a relaxing hour sewing and doing other craft activities.

Shazma White

10 spaces

Creative	Cultural	Skills
5	5	10

### Escape Rooms and co-op board games

During this activity you will be "locked" into a room with nothing but a deck of cards and your own minds to try and get out. We will also play other cooperative board games that include Pandemic, and Mysterium. Come and join in with these mind-bending team building games.

Tom Lund

10 spaces

Creative	Cultural	Skills
5	5	10

### Fitness

General fitness using the machines in the Fitness Suite.

Kitty Wilson

12 spaces

Physical
20

### Movie Review Club

Come watch movies of your choosing, eat snacks and take part in group discussion to develop your reviewing and critiquing skills!

Effie Dodds-Aston and Jessica Wakelin

12 spaces

Creative	Cultural	Skills
5	5	10

### Production Crew

Come and play around with technical equipment and learn the ins and outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.

Luke Gilliver

15 spaces

Physical	Creative	Skills
5	5	10

### Quilting

Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.

Lisa Niven

8 spaces

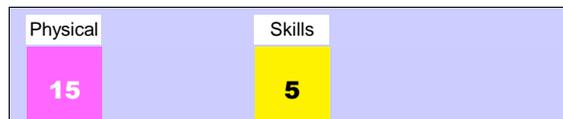
Creative	Cultural	Skills
10	5	5

## U15 Team Tennis

Team training.

Jon Lee

12 spaces

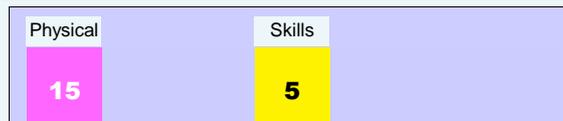


## Volleyball

Team training.

Grace Litchfield

18 spaces



## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes.

Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

14 spaces



## Werewolves / Mafia

Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.

Liliya Brezina

13 spaces



## Tuesday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

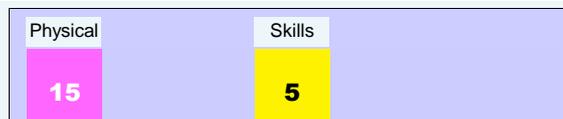


### Swimming

An extra morning session for Bootham team swimmers.

Grace Litchfield

20 spaces



## Tuesday lunch

### Big Band

Please talk to Richard before signing up.

Music Staff

30 spaces



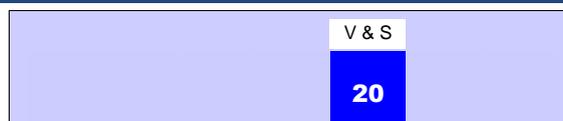
## Tuesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### Anime Club

A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!

Cherry Peng

10 spaces



### Bikes in Need

Repair or maintain bikes and put back into community via a charity.

Htoon Aung

6 spaces

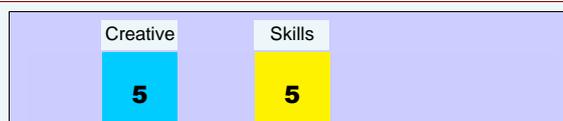


### Drama GCSE Practical Coursework session

For Lower Senior drama students, working towards your devising coursework.

Rachel Cook

16 spaces



### Dungeons and Dragons

Serious players only (but beginners are welcome!)

Sophie Morrison

30 spaces



## EAL Prep

Come and complete your preps or do some revision for exams with some support.

Jenny Adams

12 spaces

This activity does not earn Bootham Challenge Credits

## First Aid for Beginners

Come and learn the basics of first aid. An essential course that everyone should do at some point.

Alison Webster

12 spaces

Skills V & S G C L

10 5 5 5

## GCSE Art Prep

Additional practical studio time and teacher support for GCSE Art students.

Emily Harper-Gustafsson

20 spaces

This activity does not earn Bootham Challenge Credits

## Horse Riding

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

Cathy Rowell

9 spaces

**£24.00 per week**

Physical	Skills
15	5

## Medieval Club

Come along to learn all about the Middle Ages. We will look at how people lived - what did they wear? eat? write? read? listen to? - and have a go at some medieval crafts.

Sarah Bridge

15 spaces

Creative Cultural Skills

5 5 10

## Natural History FILM club

Nature films to enjoy and inspire. If you care for the Nature, why not learn while relaxing after school. Bring your friends - the more, the merrier!

Liliya Brezina

15 spaces

Cultural Skills G C

5 5 10

## Supported Prep

Supported prep will give you the chance to receive support on prep, extended writing and coursework.

Liam McCreesh

12 spaces

This activity does not earn Bootham Challenge Credits

## The Braiders

Practice your hairstyling skills on your friends and yourself. Learn a variety of easy to do hairstyles which would be perfect for those casual low-effort days and looks for more dressed-up occasions. If you know any funky hairdos, feel free to take the lead and teach a class. In our club, we aim to turn those bad hair frowns, upside down.

Nadia De Souza

14 spaces

Creative Skills

10 10

## U14 and 15 Girls Rounders

Rounders Team training will include fitness, skills, tactics and match play.

Victoria Seller

24 spaces

Physical Skills

15 5

## Walk and Talk EAL

Practice your English as we walk around town with Kelly's dog!

Kelly McCarthy

8 spaces

**EARLY RELEASE**

Physical Creative Cultural Skills G C

5 5 5 5 5

## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

14 spaces

Physical Skills

15 5

## Wednesday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

Creative	Cultural	Skills
3	3	3

### Senior Brass

Music Staff

12 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Wednesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

### Artichoke (Art Magazine)

Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome!

Jessica Hargreaves

15 spaces

Creative	Cultural	Skills	L
10	5	5	5

### BEAST

Be part of something amazing this Spring as B.E.A.S.T reawakens after the winter! Join us on our mission to maintain Bootham as the most sustainable and conscious school in the city. Get ready to plant, litter pick, research, campaign and celebrate as we spearhead lasting change.

Claire Hollis

20 spaces

Skills	V & S	G C	L
5	5	10	5

### Beginner Japanese: Speaking and Listening

Learn how to say hello, introduce yourself, go to the shop etc. in Japanese! All are welcome no matter your level.

James Lewis-Morgan

15 spaces

Creative	Cultural	Skills	G C
5	5	5	5

### Chess Club

Play chess against others and practice your skills in preparation for competition!

Raphael Last

24 spaces

Creative	Cultural	Skills
5	5	10

### Debating Club

Learn the skill of debating and take part in some in school competitions.

Carolyn Bloxwich

20 spaces

Creative	Cultural	Skills
5	5	10

### Drama Club

Come and be a part of our drama club, creating, making and devising exciting drama. Make your own performances or develop something from in your drama lessons to be performed to an audience on 14th June. Make new friends, work with different people, have fun whilst showcasing your talents!

Rachel Cook

30 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

### DT Making Skills

Support to get you up to speed for the NEA.

Eamonn Molloy

15 spaces

Creative	Skills
5	5

### French Culture Club

Immerse yourself in French Culture. Thie films, the games, the Tour de France, Bastille Day, the music and much more!

Vanina Meunier

17 spaces

Creative	Cultural	Skills	G C
5	10	5	5

### Greenpower Car

The challenge is to build a car that can be raced in June, from a design created by College Students.

Freddie Hewitt

12 spaces

Creative	Skills	V & S	G C
5	10	5	5

## HPQ Help

The Higher Project Qualification is a GCSE-standard research project that is completed in Lower Senior.

Laura Herring

12 spaces

Creative	Cultural	Skills
5	5	10

## International Film Club

Watch some international films (with subtitles) and discuss!

Ana-Maria Vazquez Martin

16 spaces

Cultural	Skills	G C
10	5	5

## Knit and Natter

Come and knit squares that will be sewn together by gogos (grandmothers) in South Africa for the charity Knit A Square which provides blankets, knitted toys and hats for orphaned and vulnerable children. Any level of knitting experience (including beginners) very welcome! Beginners can work on the squares and those with more experience who can read knitting patterns can make beanies/hats, hand-warmers and soft toys.

Beth Steer

15 spaces

Creative	Cultural	Skills	V & S	G C
5	5	5	5	5

## Learn Spanish through cooking

Explore the art and joy of Spanish food, language, and culture in the kitchen. Using bilingual recipes we will learn traditional Spanish dishes—from tapas to churros—you will learn new and exciting words and recipes that you may go on to share at home for your next family fiesta!

Emily O'Loan

5 spaces

Creative	Cultural	Skills	G C
5	5	10	5

## Nail Art

Want to make your own nail art? Here you can use all the tools to create your own nail art, of course you can use them on extensions to make your own wearable nails!

Cherry Peng

10 spaces

Creative	Cultural	Skills
10	5	5

## Origami Club

Make things from paper, spent time creating with your friends, perhaps even learn and teach a model? A Valentine card, bunting for St Patrick's day, bunch of spring flowers, Easter egg holders, chicks and a dragon for St George are all projects we can try. All abilities welcome and no previous experience necessary! Join Origami club to explore the wonders of paper folding!

Liliya Brezina

15 spaces

Creative	Cultural	Skills
10	5	5

## Relax and create

A contemplative activity if you'd like to de-compress after a busy day. Responding to a prompt, either create a piece of writing or a drawing in response. Feel free to bring a book to read as well!

Laura Bok

12 spaces

Creative	Cultural	Skills
10	5	5

## Summer Term Play

Putting on a performance of a published play at the end of the school year. This activity will require you to attend two rehearsals a week, with the aim of putting on a high standard performance in front of an audience of friends, family and staff. All students who sign up will be offered a role. It is likely that rehearsal times will be extended beyond the usual activity finishing time of 5:15 but this will be confirmed with you in advance. The performances will take place on the evenings of 21st and 22nd June. You will need to be available on both evenings. Please note - you must sign up for both days as this activity runs twice a week.

Andrew Quarrell

30 spaces

Physical	Creative	Cultural	Skills
10	10	10	10

## Taskmaster

Based on the TV show, work in teams to complete delightfully ridiculous challenges, with the chance to be crowned Taskmaster Champion.

Felicity Williams

10 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

## U14, 15 and Seniors Cricket

Team training

Anthony Malouf

24 spaces

Physical	Skills
15	5

## World Cookery

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces



## Thursday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces



## Thursday lunch

### String Ensemble

Music Staff

10 spaces



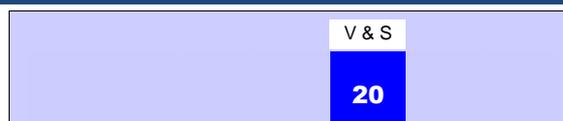
## Thursday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### All Things Karaoke

Come along if you fancy a super fun singing session. It doesn't matter if you're a trained singer or if you're convinced you cannot sing on pitch (we'll be happy to prove you wrong). There'll be themed rounds, group battles, and even some creative challenges set up for you. So, if you think you can handle some fun, do join in.

Nadia De Souza

12 spaces



### GCSE Art Prep

Additional practical studio time and teacher support for GCSE Art students.

Jessica Hargreaves

20 spaces

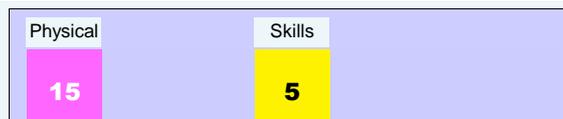
This activity does not earn Bootham Challenge Credits

### Girls Cricket Nets

Any age welcome!

Neil Harvey

30 spaces



### Historic Chess

Want to learn more about different type of chess? Here you can know about three types of Asian chess, they include Chinese chess (xiangqi), gobang and checkers(tiaoqi). Learn some new, yet ancient, games!

Cherry Peng

12 spaces



### Hits from the Musicals

Grab some popcorn and get ready to sing along with your favourite Disney and Musical Theatre films.

Felicity Williams

20 spaces



### Kahoot quizzing

Work in a team or solo to win! New quiz themes and prizes each week.

James Lewis-Morgan

16 spaces



### Marvel Film Club

Step into the MCU!

Jess Hoggarth Hall

60 spaces



### Senior Orchestra

Senior Orchestra for students grade 3 and above.

Richard Allain

80 spaces

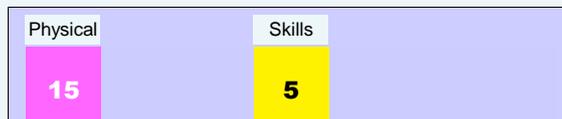


### Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Michelle Gatenby

20 spaces



### U14 and 15 Athletics

Track and jumping events (no throws)

Grace Litchfield

16 spaces

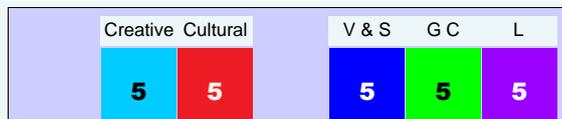


### World Shapers

Something going on in the world that you don't agree with? Become an activist and campaign for change! Join us as we prepare for June's Pride march, raise money for great causes, lead awareness campaigns and engage with politicians on big issues. 'The best way to not feel hopeless is to get up and do something about it.' Barack Obama

Claire Hollis

15 spaces



## Thursday 5:15pm to 7pm

### Advanced Fencing

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

Donald Walker

16 spaces

**£60.00 per term**



## Friday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces



### Flute Trio

Music Staff

3 spaces



### Senior Flutes

Music Staff

10 spaces



## Friday lunch

### Senior Choir

Richard Allain

40 spaces



### Senior Guitars

Music Staff

12 spaces



## Friday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday and Friday.

Mike Shaw

14 spaces



### Badge Club

Learn how to make handmade badges and stickers!

Jessica Hargreaves

15 spaces



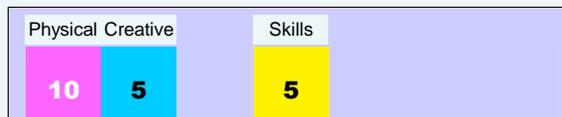
### Beginners Fencing

Donald Walker

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

30 spaces

£60.00 per term



### Card Making

Htoon Aung

Learn how to make cards. Superb gifts!

10 spaces



### Cathartic Colouring

Nadia De Souza

Colour your stress away in this fun and relaxed activity. All you need to do is bring yourself and we'll take care of the rest. We'll aim to provide a relaxing atmosphere with good music, great conversation, and most importantly, with beautiful colours and art. Join us to unwind, and let art do its magic.

12 spaces



### Dungeons and Dragons

Sophie Morrison

Serious players only (but beginners are welcome!)

30 spaces



### Fitness Suite

Peter Rankin

Exercise in the fitness suite.

8 spaces



### Haberdashery and Crafts

Liliya Brezina

Come along, relax and try out different crafts each week. We can try mosaic, collage, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!

15 spaces

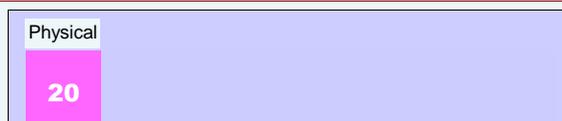


### HIIT workout with Aston

Mathew Aston

HIIT High Intensity Interval Training. Three 15 minute HIITs, one for abs, one for lower body and one for upper body.

12 spaces



### Summer Term Play

Andrew Quarrell

Putting on a performance of a published play at the end of the school year. This activity will require you to attend two rehearsals a week, with the aim of putting on a high standard performance in front of an audience of friends, family and staff. All students who sign up will be offered a role. It is likely that rehearsal times will be extended beyond the usual activity finishing time of 5:15 but this will be confirmed with you in advance. The performances will take place on the evenings of 21st and 22nd June. You will need to be available on both evenings. Please note - you must sign up for both days as this activity runs twice a week.

30 spaces



### Taste of East Asian Food

Cherry Peng

Join us then you will have a chance to learn and try to cook Chinese, Japanese and Korean food, for example: Dumplings, Steamed stuffed bun, Zongzi, Tangyuan (glutinous rice ball), Mochi, Sushi and how to use chopsticks!

8 spaces



## Friday 5:15pm to 6:15pm

### Intermediate Fencing

Donald Walker

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

16 spaces

£60.00 per term

