

Platinum Award

College I

Activities Brochure Summer Term 2023

The Activities Programme

The following pages have your options for Activities this term.

You need to choose a minimum of **one hour** of activities in school. These can be in activity hour or at another time. You must also attend specials on Tuesdays when needed.

On nights that you don't have an activity you may either work in the College areas or go home at 4pm.

How to choose your activities.

- 1. Look through the list and find the activities you would like to do.
- 2. Once choosing starts (Tuesday at 1:30pm) login to the Portal and select your choices. There is a video showing you how on the Portal.
- 3. Make sure you save your choices and check that you have at least 1 hour of activities.
- 4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 9:10am

Challenge Courses

If you want something to really stretch you and looks great on your UCAS form then opt for a **Challenge Course.**

These are 8 week courses in a variety of different areas. They are taught by experts in the field and aim to broaden you curriculum.

Each course will be assessed at the end and you will be awarded on the scale of pass, merit or distinction. The assessments vary depending on the course but they could be written, based on a presentation or practical.

You should aim to take at least 2 challenge courses over your time in college. They are especially useful if you are looking for something to broaden you UCAS form or CV and can give you experience in key areas.

As the summer term is shorter (and you have exams) there is a smaller programme but there will be more in September.

Full details of all the courses are in the back of this booklet as well as in the main Activity Menu. You sign up for them in the usual way.



The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Platinum Award and you have the whole of College to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Social Action	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Platinum Award you need to score 200 credits over the year across all of the categories.

Each Activity has its credits shown in the following menu and you can add other evidence via the Student Portal. Here, you can also check on your progress.

https://booth.am/challenge

Monday before school		
Chamber Music Please talk to Richard before signing up.	Music Staff 10 spaces	Creative Cultural Skills 3 3 3
Monday lunch		
Music Theory	Music Staff 10 spaces	Creative Cultural Skills 3 3 3
Monday Activity Hour		
Board Games Play some stategic board games with friends.	Elizabeth McCulloch 12 spaces	Creative Cultural Skills 5 5 10
Caligraphy Learn the art of calligraphy, experimenting with modern lettering and different brush strokes.	Felicity Williams 10 spaces	Creative Cultural Skills 5 5 10
Embroidery and Crafts Spend a relaxing hour sewing and doing other craft activities.	Shazma White 10 spaces	Creative Cultural Skills 5 5 10
Escape Rooms and co-op board games During this activity you will be "locked" into a room with nothing but a deck of cards and your own minds to try and get out. We will also play other cooperative board games that include Pandemic, and Mysterium. Come and join in with these mind-bending team building games.	Tom Lund 10 spaces	Creative Cultural Skills 5 5 10
Fitness General fitness using the machines in the Fitness Suite.	Kitty Wilson 12 spaces	Physical 20
Movie Review Club Come watch movies of your choosing, eat snacks and take part in group discussion to develop your reviewing and critiquing skills!	Effie Dodds-Aston and Jessica Wakelin 12 spaces	Creative Cultural Skills 5 5 10
Music appreciation club A college activity to listen to music and discuss them and learn about the artists every week! Music goes across all genres and recommendations are welcome.	Luana Booth and Daisy Kramer-Dent 20 spaces	Creative Cultural Skills 5 5 5
Production Crew Come and play around with technical equipment and learn the ins and outs of how the kit works. Looking at Lighting, Sound, Stage etc. Ideally for those who have already done Crew already.	Luke Gilliver 15 spaces	Physical Creative Skills 5 5

Quilting

Did you know that quilting may date as far back as 3400 BCE?! If you fancy learning a traditional skill used for creating both decorations as well as garments of necessity. It's also a great way to use fabric scraps.

Lisa Niven

8 spaces

Creative	Cultural	Skills
10	5	5

Challenge Course

See the back of the booklet for full details.

		Basic credits
Student Cooking	James Lewis-Morgan	Creative Skills
Learn to cook basic meals on a budget. In the final week you will be given a set budget and will create a three course meal for some VIP guests.	8 spaces	5 5
		Additional credits are earned for gaining a pass, merit or distinction.
Volleyball	Grace Litchfield	Physical Skills
Team training.	18 spaces	15 5
Walk On Art Trail!	Jessica Hargreaves	Creative Cultural Skills V & S
Calling all college art students! This activity will involve making artwork, designing, marketing, and curating. Bringing together elements of the whole Bootham community old and new to create an outdoor art trail event	10 spaces	5 5 5 5
for the summer term (In line with the bicentenary!). It will be a fantastic opportunity to collaborate with one another as artists and will be great to put on university applications.		
Water Polo	Michelle Gatenby	Physical Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.	14 spaces	15 5
Werewolves / Mafia	Liliya Brezina	Creative Cultural Skills
Familiar with the game werewolves or mafia? Work on your debate and persuasion skills in this game of interrogation, mystery and fun.	13 spaces	5 5 10
Tuesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	3 3 3
Swimming	Grace Litchfield	Physical Skills
An extra morning session for Bootham team swimmers.	20 spaces	15 5
Tuesday lunch		
Tuesday lunch Big Band	Music Staff	Physical Creative Cultural Skills

Tuesday Activity Hour			
Anime Club	Cherry Peng	Creative Cultural G C	
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10 5	
Bikes in Need			
Repair or maintain bikes and put back into community via a	Htoon Aung 6 spaces	Creative Cultural Skills V & S G C L	
charity.		5 555555	
Horse Riding	Cathy Rowell	Physical Skills	
Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a	9 spaces	15 5	
beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.	£24.00 per week		
House Captains Activity	Anne Whittle	V&S L	
House Captains planning time. Note - you will need to attend Specials when required.	8 spaces	15 5	
Wednesday before school			
Chamber Music	Music Staff	Creative Cultural Skills	
Please talk to Richard before signing up.	10 spaces		
		3 3 3	
Senior Brass	Music Staff		
Senior Brass	Music Staff 12 spaces	3 3 3 3 Physical Creative Cultural Skills 2 3 2 3	
Senior Brass Wednesday Activity Hour		Physical Creative Cultural Skills	
		Physical Creative Cultural Skills	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts,	12 spaces	Physical Creative Cultural Skills 2 3 2 3	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of	12 spaces Jessica Hargreaves	Physical Creative Cultural Skills 2 3 2 3	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE	12 spaces Jessica Hargreaves	Physical Creative Cultural Skills 2 3 2 3	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome!	12 spaces Jessica Hargreaves 15 spaces	Physical Creative Cultural Skills 2 3 2 3 2 3 Creative Cultural Skills 10 5 5 5	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome! BEAST Be part of something amazing this Spring as B.E.A.S.T reawakens after the winter! Join us on our mission to maintain Bootham as the most sustainable and conscious school in the city. Get ready to plant, litter pick, research,	12 spaces Jessica Hargreaves 15 spaces Claire Hollis	Physical Creative Cultural Skills 2 3 2 3 Creative Cultural Skills 10 5 5 Skills V & S Skills V & S	
Wednesday Activity Hour Artichoke (Art Magazine) Come join the editorial team for the second volume of Artichoke! Whether you want to get into designing layouts, covers, taking photos, writing articles about all things art and culture this year's edition will be bigger and better! Would be excellent for students who take A Level or GCSE art but all creative minds welcome! BEAST Be part of something amazing this Spring as B.E.A.S.T reawakens after the winter! Join us on our mission to maintain Bootham as the most sustainable and conscious school in the city. Get ready to plant, litter pick, research, campaign and celebrate as we spearhead lasting change.	12 spaces Jessica Hargreaves 15 spaces Claire Hollis 20 spaces	Physical Creative Cultural Skills 2 3 2 3 2 3 2 3 3 Creative Cultural Skills 10 5 5 5 Skills V&S Skills V&S Skills V&S 5 5 3 3	

Chess Club	Raphael Last	Creative Cultural Skills
Play chess against others and practice your skills in	24 spaces	
preparation for competition!	·	5510
Debating Club	Carolyn Bloxwich	Creative Cultural Skills
Learn the skill of debating and take part in some in school competitions.	20 spaces	5 5 10
·		
Drama Club		
Come and be a part of our drama club, creating, making	Rachel Cook 30 spaces	Physical Creative Cultural Skills
and devising exciting drama. Make your own performances or develop something from in your drama lessons to be	ou spaces	5 5 5 5
performed to an audience on 14th June. Make new friends, work with different people, have fun whilst showcasing your talents!		
French Culture Club	Vanina Meunier	Creative Cultural Skills G C
Immerse yourself in French Culture. Thie films, the games, the Tour de France, Bastille Day, the music and much more!	17 spaces	
		51055
GCSE Foundation Maths Revision and Resit		[
	Mathew Aston	This activity does not earn Bootham Challenge Credits
Topics from the Foundation tier retaught, as well as working through exam questions.	6 spaces	
Croonnower Cor		
Greenpower Car	Freddie Hewitt	Creative Skills V & S G C
The challenge is to build a car that can be raced in June, from a design created by College Students.	12 spaces	5 10 5 5
International Film Club	Ana-Maria Vazquez Martin	
Watch some international films (with subtitles) and discuss!	16 spaces	Cultural Skills G C
		10 <mark>5 5</mark>
Knit and Natter	5.4.9	
Come and knit squares that will be sewn together by gogos	Beth Steer 15 spaces	Creative Cultural Skills V & S G C
(grandmothers) in South Africa for the charity Knit A Square which provides blankets, knitted toys and hats for orphaned and vulnerable children. Any level of knitting experience (including beginners) very welcome! Beginners can work on		5 5555
the squares and those with more experience who can read knitting patterns can make beanies/hats, hand-warmers and soft toys.		
Learn Spanish through cooking	Emily O'Loan	Creative Cultural Skills G C
Explore the art and joy of Spanish food, language, and culture in the kitchen. Using bilingual recipes we will learn	5 spaces	
traditional Spanish dishes—from tapas to churros—you will learn new and exciting words and recipes that you may go on to share at home for your next family fiesta!		55 10 5
Nail Art	Cherry Peng	Creative Cultural Skills
Want to make your own nail art? Here you can use all the	10 spaces	
tools to create your own nail art, of course you can use		10 5 5

adving activities and interesting practicals. 20 Relax and create usy day. Responding to a prompt, either create a piece of infiging a different property is the create a piece of and as well? 12 spaces 10 5 5 Summer Tem Play under optermane of a published play at the end of the school year. The activity universely on a high sectoristic of the school year. The activity universely on a high sectoristic of the school year. The activity universely are only a bool of the school year. The activity universely a void the end of the school year. The activity universely a void the school where a different activity universely a void the school the school year. The activity universely are only a void the school the school year. The activity universely are only a void the school the school year. The activity universely are only and the school the school year. The activity universely are only and the school the school year. The activity universely are only and the school the school of the								
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Thursday before school Stills String Ensemble Marc Still Thursday before school Stills String Ensemble Marc Still Thursday before school Stills String Ensemble Marc Still String Ensemble Marc Stills String Ensemble Marc Still String Ensemble Marc Strill String String En	Summer Term Play	Andrew Quarrell		Physical Creative Cultural	Skills			
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Handle of the TV show, work in teams to complete elightfully ridiculous challenges, with the chance to be 10 spaces 5 5 5 J14, 15 and Seniors Cricket Antony Malouf Physical Skills iseam training 24 spaces 15 5 Thursday before school Chamber Music Music Staff Physical Creative Cultural Skills ibease talk to Richard before signing up. Music Staff 10 spaces Thursday lunch String Ensemble Music Staff 10 spaces 2 3 2 3 2 3 2 3 2 3 3 2 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 4 9ay some games of badminton. Beginners welcome! 16 5 Challenge Course String Creatity Velter <								
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ie am training 24 spaces Thursday before school Chamber Music Please talk to Richard before signing up. 10 spaces Thursday lunch String Ensemble Music Staff 10 spaces 2 3 2 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	U14, 15 and Seniors Cricket	Anthony Malouf		Physical	Skills	1		
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String Ensemble Music Staff Physical Creative Cultural Skills 10 spaces 2 3 2 3 Thursday Activity Hour Mark Robinson Physical Skills Skills Badminton Mark Robinson 16 spaces 15 5 Play some games of badminton. Beginners welcome! Mark Robinson Physical Skills Skills 5 Challenge Course See the back of the booklet for full details. Basic credits Basic credits First Aid Alison Webster 12 spaces Skills V & S G C L	Please talk to Richard before signing up.	10 spaces		3 3	3			
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Badminton Mark Robinson Physical Skills Play some games of badminton. Beginners welcome! 16 spaces 15 5 Challenge Course See the back of the booklet for full details. Basic credits Skills V & S 6 C Skills V & S 6 C L Skills V & S 6 C Il Spaces		10 spaces						
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15 5 Challenge Course See the back of the booklet for full details. Basic credits Sitils V&S GC L Skills V&S GC L In in-depth course with a practical assessment at the end.	Badminton	Mark Robinson		Physical	Skills			
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First Aid Alison Webster Skills V & S G C L on in-depth course with a practical assessment at the end. 12 spaces Image: Comparison of the space of the spac	Challenge Course	S	See the bac	k of the booklet for	full de	etails.		
In in-depth course with a practical assessment at the end. 12 spaces	_			Ва	sic cre	dits		
	First Aid	Alison Webster			Skills	V & S	GC	L
	An in-depth course with a practical assessment at the end.	12 spaces			E	2		2

Additional credits are earned for gaining a pass, merit or distinction.

Girls Cricket Nets	Neil Harvey	Physical	Skills		
Any age welcome!	30 spaces	15	5		
Historic Chess	Cherry Peng	Creative Cultu	ral Skills	GC	_
Nant to learn more about different type of chess? Here you	12 spaces				
can know about three types of Asian chess, they include Chinese chess (xiangqi), gobang and checkers(tiaoqi). Learn some new, yet ancient, games!		55	5	5	
Hits from the Musicals	Felicity Williams	Creative Cultu	ral Skills		
Grab some popcorn and get ready to sing along with your avourite Disney and Musical Theatre films.	20 spaces	5 10	5		
talian cooking club					
An activity that will help you to make the best pasta dough	Marco Piscioneri 8 Spaces	Creative Cultu	ral Skills		
	o spaces	5 5	10		
Kahoot quizzing	James Lewis-Morgan	Creative Cultu	ral Skills		
Nork in a team or solo to win! New quiz themes and prizes	16 spaces				
each week.		55	10		
Marvel Film Club	Jess Hoggarth Hall	Cultu	ral		
Step into the MCU!	60 spaces	10			
Senior Orchestra					
Senior Orchestra for students grade 3 and above.	Richard Allain 80 spaces	Creative Cultu	ral Skills		
	ou spaces	10 5	5		
Swim Training	Michelle Gatenby	Physical	Skills		
Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.	20 spaces	15	5		
World Shapers	Claire Hollis	Creative Cultu	ral	V&S GC	L
Something going on the world that you don't agree with?	15 spaces				
Become and activist and campaign for change! Join us as we prepare for June's Pride march, raise money for great causes, lead awareness campaigns and engage with politicians on big issues. 'The best way to not feel hopeless s to get up and do something about it.' Barack Obama		55		5 5	5
Thursday 5:15pm to 7pm					
Advanced Fencing	Donald Walker	Physical Creative	Skills		
f you've been fencing for a while then this is for you. You	16 spaces				
can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.	£60.00 per term	10 5	5		

Friday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	
		3 3 3
Flute Trio	Music Staff	Physical Creative Cultural Skills
	3 spaces	
		2 3 2 3
Senior Flutes	Music Staff	Physical Creative Cultural Skills
	10 spaces	
		2 3 2 3
Friday lunch		
Senior Choir	Richard Allain	Creative Cultural Skills
	40 spaces	
		3 3 3
Senior Guitars	Music Staff	Physical Creative Cultural Skills
	12 spaces	
		2 3 2 3
Friday Activity Hour		
	Mike Shaw	Creative Skills
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and	Mike Shaw 14 spaces	Creative Skills 5 15
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday.	14 spaces	
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club	14 spaces	
Astronomy GCSE The group is already set up so is not available for new tudents. Existing students please choose Monday and Friday.	14 spaces	5 15
Astronomy GCSE The group is already set up so is not available for new tudents. Existing students please choose Monday and Triday. Badge Club Learn how to make handmade badges and stickers!	14 spaces Jessica Hargreaves 15 spaces	5 15 Creative Cultural Skills G C 5 5 5
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing	14 spaces Jessica Hargreaves 15 spaces Donald Walker	5 15 Creative Cultural Skills G C
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility	14 spaces Jessica Hargreaves 15 spaces Donald Walker 30 spaces	5 15 Creative Cultural Skills G C 5 5 5
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility both mental and physical), strategy and observation. It	14 spaces Jessica Hargreaves 15 spaces Donald Walker	5 15 Creative Cultural 5 5 5 5 Physical Creative Skills
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility both mental and physical), strategy and observation. It mproves balance, timing and conditions the reflexes.	14 spaces Jessica Hargreaves 15 spaces Donald Walker 30 spaces	5 15 Creative Cultural 5 5 5 5 Physical Creative Skills
Friday Activity Hour Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It mproves balance, timing and conditions the reflexes. Cathartic Colouring Colour your stress away in this fun and relaxed activity. All you need to do is bring yourself and we'll take care of the rest. We'll aim to provide a relaxing atmosphere with good music, great conversation, and most importantly, with obeautiful colours and art. Join us to unwind, and let art do ts magic.	14 spaces Jessica Hargreaves 15 spaces Donald Walker 30 spaces £60.00 per term	5 15 Creative Cultural 5 5 5 5 Physical Creative Skills 10 5 5
Astronomy GCSE The group is already set up so is not available for new students. Existing students please choose Monday and Friday. Badge Club Learn how to make handmade badges and stickers! Beginners Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility both mental and physical), strategy and observation. It mproves balance, timing and conditions the reflexes. Cathartic Colouring Colour your stress away in this fun and relaxed activity. All you need to do is bring yourself and we'll take care of the rest. We'll aim to provide a relaxing atmosphere with good nusic, great conversation, and most importantly, with beautiful colours and art. Join us to unwind, and let art do	14 spaces Jessica Hargreaves 15 spaces Donald Walker 30 spaces £60.00 per term Nadia De Souza	5 15 Creative Cultural Skills G C 5 5 5 Physical Creative Skills 10 5 5 Creative Cultural Skills 10 5 5
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Dungeons and Dragons Serious players only (but beginners are welcome!) HIIT workout with Aston HIIT High Intensity Interval Training. Three 15 minute HIITs, one for abs, one for lower body and one for upper body.	Sophie Morrison 30 spaces Mathew Aston 12 spaces	Creative Cultural Skills 5 5 10 Physical 20
Muppets Movie Marathon It's time to play the music It's time to light the lights It's time to meet the Muppets on the Muppet Show tonight It's time to put on make up It's time to dress up right It's time to raise the curtain on the Muppet Show tonight	Monty Guildford 10 spaces	Creative Cultural 5 5
Summer Term Play Putting on a performance of a published play at the end of the school year. This activity will require you to attend two rehearsals a week, with the aim of putting on a high standard performance in front of an audience of friends, family and staff. All students who sign up will be offered a role. It is likely that rehearsal times will be extended beyond the usual activity finishing time of 5:15 but this will be confirmed with you in advance. The performances will take place on the evenings of 21st and 22nd June. You will need to be available on both evenings. Please note - you must sign up for both days as this activity runs twice a week.	Andrew Quarrell 30 spaces	Physical Creative Cultural Skills 10 10 10
Friday 5:15pm to 6:15pm Intermediate Fencing Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	Donald Walker 16 spaces £60.00 per term	Physical Creative Skills 10 5

Challenge Course: Student Cooking							
Led by: James Lewis-Morgan	When: Monday Activity Hour						
Course outline: Learn to cook basic meals and also stic you will be planning, making and eatin shopping!	ck to a tight budget. During the course						
Course Assessment: As a group you will plan, shop, prepare group of VIPs.	and serve a three course meal for a						
Why should you do it? Learn great life skills ready for Universit	ty and beyond.						

Additional Bootham Challenge Credits

	Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
Pass		5		5			
Merit		10		10			
Distinction		15		15			

Note—You may only take each Challenge Course once!

Challenge Course: First Aid						
Led by: Alison Webster	When: Thursday Activity Hour					
Course outline: Learn key lifesaving skills in a practical come in useful!	way. You never know when they may					
Course Assessment: You will have a practical assessment by a member of the Heath Centre staff at the end of the course.						
Why should you do it? First aid is an essential skill for anyone those wanting to go into the caring pro	•					

Additional Bootham Challenge Credits

	Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
Pass				5	2	7	2
Merit				10	4	2	4
Distinction				15	6	3	6

Note—You may only take each Challenge Course once!