**PSHE Syllabus: Upper Senior**

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| **Week Beginning** | **Usnr** |
| Autumn 1 | Mental Health and Wellbeing |
|  | Stress management |
|  | Future opportunities |
| Autumn 2 | Family conflict |
|  | Long term commitments |
|  | Consent, communication, contraception |
|  | Building positive relationships |
|  | Harassment, assault, abuse, coercive control |
| Spring 1 | Finance course |
|  | A level choices |
|  | Employment and career progression |
| Spring 2 | Responsible health choices |
|  | Safety around drugs and alcohol |
| Summer 1 | Sexual health, fertility, routes to parenthood |
|  | Pregnancy outcomes and choices |
| Summer 2 | Exam preparation |