



**BOOTHAM  
CHALLENGE**

**Gold  
Award**

Lower Senior

Activities Brochure  
Autumn Term  
2023

# The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **two hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

On nights where you are not doing an activity you may leave at 4pm. Boarders may return to your houses at 4:15pm.

## **Music Practice**

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## **How to choose your activities.**

Look through the list and find the activities you would like to do.

Once choosing starts (**Tuesday at 1:30pm**) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 2 hours of activities. (Preps do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

**Thursday at 9:10am**



BOOTHAM  
CHALLENGE

# What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Gold Award** and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

<https://booth.am/challenge>

## Monday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

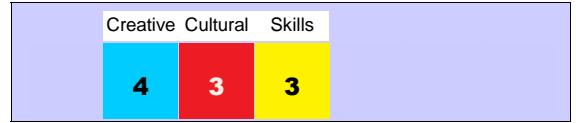


## Monday morning break

### Barbershop

Music Staff

8 spaces



## Monday lunch

### Senior Choir (Sectionals)

Richard Allain

40 spaces



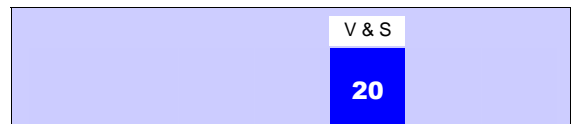
## Monday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### Anime Club

A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!

Cherry Peng

10 spaces



### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.

Steve Everest

14 spaces

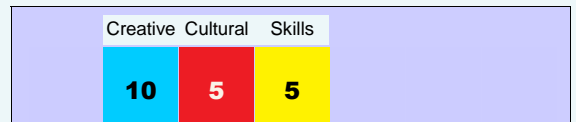


### Dry clay sculpture

Making sculptures, pottery, figurines etc using air dry clay.

Ellie Greensmith

10 spaces



### Fitness

General fitness using the machines in the Fitness Suite

Sophie Morrison

8 spaces



### Medieval Bookmaking

Learn how to make books in the style of a medieval manuscript! Each week we will work our way through making books in a medieval style. This can include crafting, creative writing, and drawing depending on how you would like to make your book. There is a lot of room for creativity: you can either stick to an authentic medieval style, or you can put your own twist on it.

Theo Long

10 spaces



### Oliver!

Production Rehearsals that lead to a final performance later in the school year. Our Production will be of a West End Musical show and will involve drama, singing, music and dance. All abilities are welcome in these areas and our school production in recent years has been a highlight of the school year. Definitely an experience you will remember forever and not to be missed. Please note that school production runs on two different activity evenings (Monday and Friday). You will need to choose it for both. Our performance dates take place during the second term. This means students choosing this activity are required to choose it next term as well. It is also the case that rehearsal times will extend later than the usual activity times. This will not happen right away and you will be informed of this via the production rehearsal schedule.

Andrew Quarrell

70 spaces



## Relaxed EAL

Come and play some games and do some fun speaking activities to help improve your language skills in a relaxed environment.

Jenny Adams

12 spaces

This activity does not earn Bootham Challenge Credits

## Rock Bands

Two bands made up of singing, guitar, bass, keyboard and drum students learning to play and perform together. There will be a Junior band for a group of students in Lower, Middle and Upper Schoolrooms (grades 1-3) and a Senior band for a group in Upper and Lower Senior (grades 3-5+). We will focus on learning how to play as an ensemble, how to learn/teach songs as a group and performance practice, as well as of course preparing for concerts! Although the activity is called 'Rock Bands' this is just a starting point, and you will decide what genres of music you want to play.

Jake Adams

10 spaces

Creative Cultural Skills

5

5

10

## Trinket Treasure Tribe

Do you like tiny things? Do you look at dollhouses or models and wish you could fit inside them? Join the Trinket Treasure Tribe (or Triple T for short). Using any materials, whether they be recycled plastics or jewellery pieces, create unique "trinkets" to decorate your room or give to friends or family as gifts. For example, recycling an old mint tin into a magical little bookshelf, filled with tiny books! The only limit is your imagination!

Marta Pawlowska

10 spaces

Creative Cultural Skills

5

5

5

G C

5

## U14, 15 and 16 Girls Football

Football training.

Helena Landau

24 spaces

Physical

15

Skills

5

## Tuesday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

Creative Cultural Skills

4

3

3

### Early morning swim

Before school swimming session.

Grace Litchfield

20 spaces

Physical

2

## Tuesday lunch

### Jazz Band

Richard Allain

30 spaces

Creative Cultural Skills

4

3

3

## Tuesday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S

20

### Art Prep (Written Annotation)

For GCSE students. Additional studio time and teacher support for Art students needing help with their writing

Emily Harper-Gustafsson

20 spaces

This activity does not earn Bootham Challenge Credits

### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.

Mike Shaw

14 spaces

Creative

5

Skills

15

### Basic HTML

Come and learn some basic HTML needed to create your own web page

Luke Gilliver

10 spaces

Creative

10

Skills

10

## Dungeons and Dragons

Serious players only (but beginners are welcome!)

Sophie Morrison

30 spaces

Creative	Cultural	Skills
5	5	10

## EAL Science Support

Isn't Science fun?! Sometimes the language can be a bit confusing for EAL learners, though. This support session will help you with the language needed to succeed in Biology, Chemistry and Physics and to be prepared for your GCSE exams. Come and join us in the 'EAL laboratory'!

Kelly McCarthy

14 spaces

Creative	Cultural	Skills
5	5	10

## First Aid for Beginners

Come and learn the basics of first aid. An essential course that everyone should do at some point.

Alison Webster

12 spaces

Skills	V & S	G C	L
10	5	5	5

## Horse Riding

Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.

Cathy Rowell

9 spaces

£25.00 per session

Physical	Skills
15	5

## HPQ Help

This is a really exciting opportunity to pursue a passion, learn how to write an academic report and give a presentation. If you've always wanted to spend some time exploring your own specific project - this is it! It's your choice - you can be as niche as you like.

Carolyn Bloxwich

12 spaces

Creative	Cultural	Skills
5	5	10

## Just Dance

Just Dance - for fun! Come along and join in with an hour of Just Dance. No controllers, just fun. Can you manage a full hour? Maybe try a classic or something new! Everyone should join in, I certainly will!

Mathew Aston

30 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

## Plantasia Drawing Club

Bring an object to draw, a colouring book or just doodle from your head. This is an opportunity to just sit back, relax and get your creative juices flowing. Plantasia music will be played in the background to help stimulate a calming environment for doodling!

Grace MacFarlane

10 spaces

Creative	Cultural
10	10

## Psychology Taster

Interested in understanding the human mind and human behaviour? Considering studying Psychology later in life? Come find out more!

Harriet Ennis

12 spaces

Creative	Cultural	Skills
5	5	10

## Scrap building (building from scratch)

Come along to this activity to build anything you can imagine out of plastic junk.

James Turner

10 spaces

Creative	Cultural	Skills	G C
5	5	5	5

## Sign Language

Come and learn the basics of British Sign Language.

Cherry Peng

10 spaces

Creative	Cultural	Skills	V & S	G C
5	5	5	5	5

## Supported Prep

Come and get support with your prep from the Learning Support department.

Cathy Pearce

12 spaces

This activity does not earn Bootham Challenge Credits

## U14 and 15 Netball Training

Team netball training.

Grace Litchfield

30 spaces

Physical	Skills
15	5

## Water Polo

For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

14 spaces

Physical	Skills
15	5

## World Cookery

Learn how to cook and eat healthily. Making beautiful continental salads, curries, soups etc. We'll be making Asian, Oriental, Mexican, Continental and Burmese foods.

Htoon Aung

6 spaces

Creative	Cultural	Skills	G C
5	5	10	5

## Wednesday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

### Senior Brass

Music Staff

12 spaces

Creative	Cultural	Skills
4	3	3

### Senior Clarinets

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

## Wednesday morning break

### Close Harmony Group

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

## Wednesday Activity Hour

### Japanese language and culture

みんなさん！こんにちは！ With a combination of both fun language and cultural activities, the Japanese language and culture club will both improve your confidence with speaking and writing some beginner Japanese, as well as learning about some of cultural differences and festivals in Japan!

Marta Pawlowska

20 spaces

Creative	Cultural	Skills	G C
5	5	5	5

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

### Artichoke (Art Magazine)

Become a part of the artichoke publishing team! Write about what you are passionate about and feature alongside a catalogue of college artwork.

Jessica Hargreaves

15 spaces

Creative	Cultural	Skills	L
10	5	5	5

### BEAST

This year we are renewing our Eco Schools Green Flag status! This will mean we are recognised as one of the UK's most exciting and sustainable places of education. BEAST will be in charge of establishing and managing all our Eco projects in school and will meet every other Tuesday during tutor time. BEAST will also be updating school of news and changes during morning meetings too. Come and join us!

Claire Hollis

20 spaces

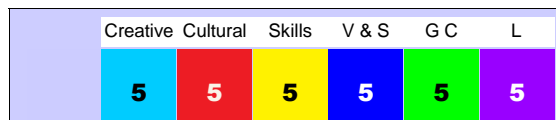
Skills	V & S	G C	L
5	5	10	5

## Bikes in Need

Htoon Aung

Repair or maintain bikes and put back into community via a charity.

6 spaces



## Bootham CoderDojo

Tom Lund

The Bootham CoderDojo is a space where you can come along and create code with yourself or a partner. The session will be composed of free time to try something out, show off your skills, and most importantly have fun. At the end of every session you will showcase what you have done or the progress to the end goal you have made. If you can't think of what to do then don't worry we have lots of different project ideas that you can have a go at.

28 spaces



## Chess Club

Raphael Last

Play chess against others and practice your skills in preparation for competition!

24 spaces



## Contemporary Dance

Jennifer Cooke

Contemporary dance for all no matter your experience levels. We will learn the foundations of contemporary dance and choreograph dances to songs of your choice. Join us to learn and discover the world of dance.

15 spaces



## Couch to 5k

Grace MacFarlane

Want to enjoy running? Complete various weeks of training with the goal to be able to run 5km at the end continuously. Beginners welcome.

8 spaces



## Creative Cross Stitch

Beth Steer

Creative Cross Stitch is a wonderful way to unwind and tap into your artistic potential. Cross stitching is a craft that involves using colorful threads to create intricate designs on fabric. Whether you're a beginner or an experienced stitcher, this activity welcomes all skill levels. You can bring your own cross stitch projects - such as upcycling jeans, tops or tote bags - or use the provided embroidery kits that offer a range of beautiful patterns to choose from.

20 spaces



## Drama Club

Rachel Cook

Join Drama club for exciting drama activities whilst making friends and showcasing your performing talents. We will have fun creating and devising a performance together that will be performed to an audience in the last week of term. PS You can be a part of Drama Club and the musical at the same time!

30 spaces



## DT GCSE coursework support

Eamonn Molloy

You will be doing practical work which will be part of your NEA. Counts as a prep so you need to do one other activity.

15 spaces

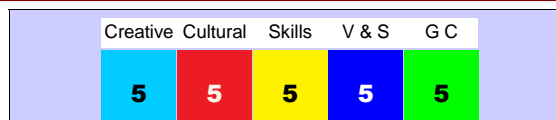


## Eurovision Quizzers

Ruth Roebuck

Work towards hosting a 'Eurovision Quiz night' and everything that entails. Research facts and music, create a quiz, advertise and promote then host the quiz night for the Bootham community. Raising money for a charity of your choice.

10 spaces



## Greenpower Car

Freddie Hewitt

The challenge is to build a car that can be raced, from a design created by College Students.

12 spaces



## Jewellery Making

Ellie Greensmith

Making earrings, necklaces, bracelet, rings, headbands.

10 spaces



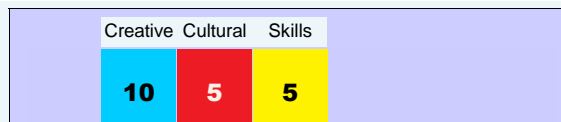


### Origami for All

Fold paper, make friends, teach or design a model - it's entirely up to you. This term we will also welcome a special guest from the British Origami Society and prepare some Christmas decorations in time for the festivities.

Liliya Brezina

15 spaces

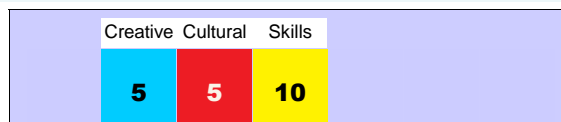


### Palaeography

Palaeography is the study of ancient texts and handwriting – join this club to learn a new skill.

Theo Long

12 spaces



### Supported Prep

Come and get support with your prep from the Learning Support department.

Olivia Hails

12 spaces

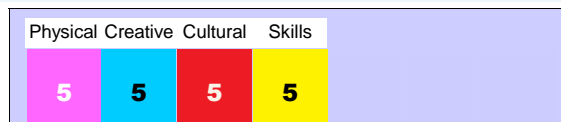
This activity does not earn Bootham Challenge Credits

### Technical Theatre

Learning and trying skills used in backstage roles of productions.

Luke Gilliver

10 spaces



### U15 Football Team Training

Training for the U15 Football team.

Paul Mussell

20 spaces



## Thursday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces



## Thursday morning break

### Aural - grades 1 - 5

Music Staff

10 spaces

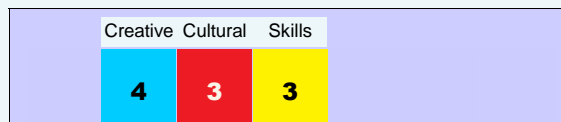


### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

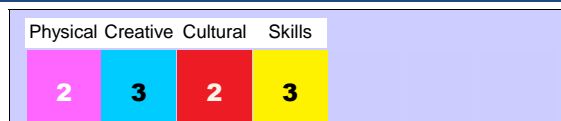


## Thursday lunch

### String Ensemble

Music Staff

10 spaces



## Thursday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces



### Diplomacy: Fantasy Edition

Play the popular strategy-based, competitive board game Diplomacy across 'The World of Forgotten Realms'. The game has an emphasis on negotiation and forming and breaking alliances – compete with your friends for control of the board.

James Turner

7 spaces

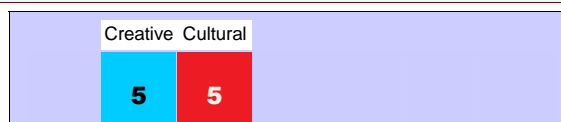


### Dystopian Film Club

Enter the world of Dystopian films. With movies like: The Hunger Games, The Divergent Series, and The Maze Runner Trilogy.

Jess Hoggarth Hall

25 spaces

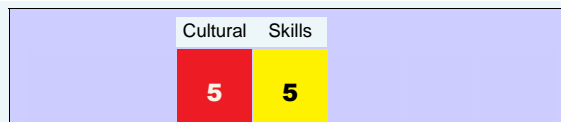


### Extended writing support

Helena Landau

The perfect session if you need some support with English Language, Literature or any extended writing tasks for your GCSE subjects!

12 spaces



### Fitness

Sophie Morrison

Strength and conditioning for sport in the fitness suite

12 spaces



### GCSE Art Prep

Jessica Hargreaves

Additional practical studio time and teacher support for GCSE Art students.

20 spaces

This activity does not earn Bootham Challenge Credits

### Historic Chess

Cherry Peng

Want to learn more about different type of chess? Here you can know about three types of Asian chess, they include Chinese chess (xiangqi), gobang and checkers(tiaoqi). Learn some new, yet ancient, games!

12 spaces



### Senior Orchestra

Richard Allain

Senior Orchestra for students grade 3 and above.

80 spaces

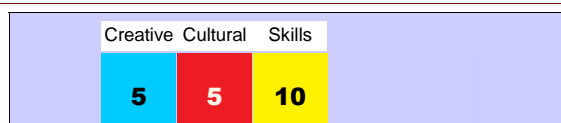


### Social Boardgames

Andrew Clarkson

Come and play modern boardgames. React faster, plan deeper, lie more convincingly; all to gain an edge over a piece of cardboard.

15 spaces



### Sustainable Fashion

Laura Bok

Do you love clothing but are you worried about the environmental impact of fast fashion? In this activity we will explore ways to love clothes without the worries. You will consider your personal style and clothing needs and how you can make your current wardrobe last by patching and altering. On some days we will visit local charity shops to see what gems we can find. We will swap second hand clothing tips and we might even organise a clothes swap.

9 spaces



### Swim Training

Michelle Gatenby

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

20 spaces



### Vegan Cooking

Theo Long

Learn how to cook vegan meals, including breakfasts, lunches, and dinners. We will use a range of ingredients to make all sorts of different kinds of vegan food.

8 spaces

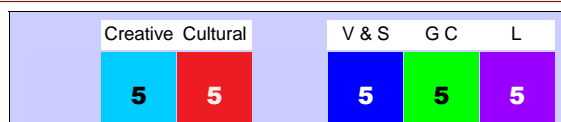


### World Shapers

Claire Hollis

Lend your voice and help to change the world! At Worldshapers, we campaign and work with international organisations to represent Bootham School and promote great Social Action causes around the city. This term, we will be working on countering fast fashion and hopefully running our own show! Come along and bring all your ideas - we can't wait to see you.

15 spaces



Thursday 5:15pm to 7pm

### Advanced Fencing

Donald Walker

If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra cost) and pass on your skills to others.

16 spaces

**£60.00 per term**



## Friday before school

### Chamber Music

Please talk to Richard before signing up.

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

### Flute Trio

Music Staff

3 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

### Guitar Ensemble

See music staff for more information and to sign up.

Music Staff

4 spaces

Creative	Skills
5	5

### Senior Flutes

Music Staff

10 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

## Friday morning break

### Aural - grades 6 - 8

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

## Friday lunch

### Junior Guitar

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

### Senior Choir

Richard Allain

40 spaces

Creative	Cultural	Skills
4	3	3

### Senior Guitars

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

## Friday Activity Hour

### Journaling Club

Bring your own journals and have the opportunity to relax and write for an hour. There will be weekly prompts where you can write from that or just write whatever you want. Journaling is a good way of relieving stress, letting go and letting your creativity flow! There will be opportunities to discuss different journaling techniques and have fun with different prompts.

Grace MacFarlane

15 spaces

Creative	Cultural	Skills
10	5	5

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

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3 spaces

V & S
20

### Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.

Mike Shaw

14 spaces

Creative	Skills
5	15

### Beginners Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

Donald Walker

30 spaces

**£60.00 per term**

Physical	Creative	Skills
10	5	5

## Card Making

Learn how to make cards. Superb gifts!

Htoon Aung

10 spaces



## Chess Club

Chess is a board game of strategic skill for two players, come and learn the basics of chess, relax and play your friends!

Dominic Thunhurst and Zach Fine

15 spaces

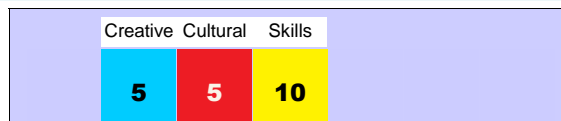


## Dungeons and Dragons

Serious players only (but beginners are welcome!)

Sophie Morrison

30 spaces



## Haberdashery and Crafts

Come along, relax and try out different crafts each week. We can try weaving, paper arts, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!

Liliya Brezina

15 spaces

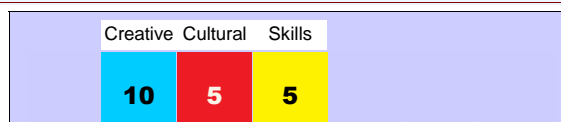


## Mask Making

Using crafting/art materials to make masks.

Ellie Greensmith

15 spaces



## Oliver!

Production Rehearsals that lead to a final performance later in the school year. Our Production will be of a West End Musical show and will involve drama, singing, music and dance. All abilities are welcome in these areas and our school production in recent years has been a highlight of the school year. Definitely an experience you will remember forever and not to be missed. Please note that school production runs on two different activity evenings (Monday and Friday). You will need to choose it for both. Our performance dates take place during the second term. This means students choosing this activity are required to choose it next term as well. It is also the case that rehearsal times will extend later than the usual activity times. This will not happen right away and you will be informed of this via the production rehearsal schedule.

Andrew Quarrell

70 spaces



## Strategy and Board Games

Come and enjoy some new and familiar games. Come with your friends and make some new ones.

Will Lewis

16 spaces



## Swim Training

Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.

Grace Litchfield

28 spaces

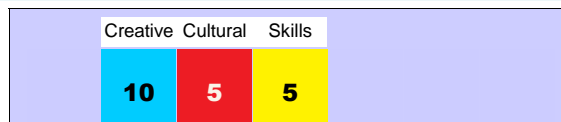


## Zine Club

Create your own little maga-ZINE! A zine is a small booklet filled with anything and everything you want. You like music? Create a zine about the best bands to listen to. A movie buff? Make a zine about your top 10 films to see. Comics, recipes, art, poetry and anything else can be turned into a zine so don't feel intimidated and come along!

Marta Pawlowska

20 spaces



## Friday 5:15pm to 6:15pm

### Intermediate Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.

Donald Walker

16 spaces

**£60.00 per term**

