



Upper Senior

Activities Brochure Autumn Term 2023

The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **one hour** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

On nights where you are not doing an activity you may leave at 4pm. Boarders may return to your houses at 4:15pm.

Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

How to choose your activities.

Look through the list and find the activities you would like to do.

Once choosing starts (**Tuesday at 1:30pm**) login to the Portal and select your choices. There is a video showing you how on the Portal.

Make sure you save your choices and check that you have at least 1 hour of activities. (Preps and orals do not count).

Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 9:10am



The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the Gold Award and you have the whole of Seniors to complete the challenge. The Bootham Challenge has seven categories.

Physical Creative Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Gold Award you need to score 300 credits over the year across least six of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

https://booth.am/challenge

Monday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	4 3 3
Monday morning break		
Barbershop	Music Staff	Creative Cultural Skills
	8 spaces	<mark>4</mark> 33
Monday lunch		
Senior Choir (Sectionals)	Richard Allain	Creative Cultural Skills
	40 spaces	4 3 3
Monday Activity Hour		
1st XI Football Team Training	George Trifan	Physical Skills
Training for the 1st XI Football team. Upper Seniors who played for U16 last year may also join.	18 spaces	<mark>15</mark> 5
Anime Club	Cherry Peng	Creative Cultural G C
A place for anyone interested in Anime to come together and watch some together or discuss it! Additionally, we will learn some basic Japanese from the Anime!	10 spaces	5 10 5
Astronomy GCSE	Steve Everest	Creative Skills
The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.	14 spaces	<mark>5</mark> 15
Dry clay sculpture	Ellie Greensmith	Creative Cultural Skills
Making sculptures, pottery, figurines etc using air dry clay.	10 spaces	10 5 5
Fitness	Sophie Morrison	Physical
General fitness using the machines in the Fitness Suite	8 spaces	20
Medieval Bookmaking	Theo Long	Creative Cultural Skills
Learn how to make books in the style of a medieval manuscript! Each week we will work our way through making books in a medieval style. This can include crafting, creative writing, and drawing depending on how you would	10 spaces	5 5 10
like to make your book. There is a lot of room for creativity: you can either stick to an authentic medieval style, or you can put your own twist on it.		
Oliver!	Andrew Quarrell	Physical Creative Cultural Skills
Production Rehearsals that lead to a final performance later in the school year. Our Production will be of a West End Musical show and will involve drama, singing, music and dance. All abilities are welcome in these areas and our school production in recent years has been a highlight of the school year. Definitely an experience you will remember forever and not to be missed. Please note that school production runs on two different activity evenings (Monday and Friday). You will need to choose it for both. Our performance dates take place during the second term. This means students choosing this activity are required to choose it next term as well. It is also the case that rehearsal times will extend later than the usual activity times. This will not happen right away and you will be informed of this via the production rehearsal schedule.	70 spaces	5 5 10 5

Relaxed EAL	Jenny Adams	This activity does not earn Bootham Challenge Credits
Come and play some games and do some fun speaking activites to help improve your language skills in a relaxed environment.	12 spaces	
Rock Bands	Jake Adams	Creative Cultural Skills
Two bands made up of singing, guitar, bass, keyboard and drum students learning to play and perform together. There will be a Junior band for a group of students in Lower, Middle and Upper Schoolrooms (grades 1-3) and a Senior band for a group in Upper and Lower Senior (grades 3-5+). We will focus on learning how to play as an ensemble, how to learn/teach songs as a group and performance practice, as well as of course preparing for concerts! Although the activity is called 'Rock Bands' this is just a starting point, and you will decide what genres of music you want to play.	10 spaces	5 5 10
Trinket Treasure Tribe	Marta Pawlowska	Creative Cultural Skills G C
Do you like tiny things? Do you look at dollhouses or models and wish you could fit inside them? Join the Trinket Treasure Tribe (or Triple T for short). Using any materials, whether they be recycled plastics or jewellery pieces, create unique "trinkets" to decorate your room or give to friends or family as gifts. For example, recycling an old mint tin into a magical little bookshelf, filled with tiny books! The only limit is your imagination!	10 spaces	5 5 5 5
U14, 15 and 16 Girls Football	Helena Landau	Physical Skills
Football training.	24 spaces	15 5
Tuesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	4 3 3
Early morning swim	Grace Litchfield	Physical
Before school swimming session.	20 spaces	2
Tuesday lunch		
Jazz Band	Richard Allain	Creative Cultural Skills
	30 spaces	4 3 3
Tuesday Activity Hour		
Art Prep (Written Annotation)	Emily Harper-Gustafsson	This activity does not earn Bootham Challenge Credits
For GCSE students. Additional studio time and teacher support for Art students needing help with their writing	20 spaces	
Astronomy GCSE	Mike Shaw	Creative
The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.	14 spaces	5 15
Basic HTML	Luke Gilliver	Creative Skills
Come and learn some basic HTML needed to create your own web page	10 spaces	10 10
Dungeons and Dragons	Sophie Morrison	Creative Cultural Skills
Serious players only (but beginners are welcome!)	30 spaces	5 5 10

EAL Option on Opping ant		
EAL Science Support	Kelly McCarthy	Creative Cultural Skills
Isn't Science fun?! Sometimes the language can be a bit confusing for EAL learners, though. This support session will help you with the language needed to succeed in Biology, Chemistry and Physics and to be prepared for your GCSE exams. Come and join us in the 'EAL laboratory'!	14 spaces	<mark>5 5 10</mark>
First Aid for Beginners	Alison Webster	Skills V&S GC L
Come and learn the basics of first aid. An essential course that everyone should do at some point.	12 spaces	<mark>10 5 5 5</mark>
Horse Riding	Cathy Rowell	Physical Skills
Learn to ride a horse! It does not matter if you have ridden before- beginners are welcome. We generally have a	9 spaces	15 5
beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4:10 on Tuesday afternoon and ride from 4:30 to 5:30, we should get back to school by 5:45, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at specials.	£25.00 per session	
Just Dance	Mathew Aston	Physical Creative Cultural Skills
Just Dance - for fun! Come along and join in with an hour of Just Dance. No controllers, just fun. Can you manage a full hour? Maybe try a classic or something new! Everyone should join in, I certainly will!	30 spaces	5 5 5
Plantasia Drawing Club	Grace MacFarlane	Creative Cultural
Bring an object to draw, a colouring book or just doodle from your head. This is an opportunity to just sit back, relax and get your creative juices flowing. Plantasia music will be played in the background to help stimulate a calming environment for doodling!	10 spaces	10 10
Psychology Taster	Harriet Ennis	Creative Cultural Skills
Interested in understanding the human mind and human behaviour? Considering studying Psychology later in life? Come find out more!	12 spaces	5 5 10
Scrap building (building from scratch)	James Turner	Creative Cultural Skills G C
Come along to this activity to build anything you can imagine out of plastic junk.	10 spaces	5 5 5 5
Sign Language	Cherry Peng	Creative Cultural Skills V & S G C
Come and learn the basics of British Sign Language.	10 spaces	5 5 5 5 5
Supported Prep	Cathy Pearce	This activity does not earn Bootham Challenge Credits
Come and get support with your prep from the Learning Support department.	12 spaces	
Water Polo	Michelle Gatenby	Physical Skills
For this high stamina based activity you need to be able to swim 100 metres Breaststroke, 100 metres Frontcrawl, 100 metres Backstroke and tread water for 3 minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.	14 spaces	15 5
Wednesday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	4 3 3

Senior Brass	Music Staff	Creative Cultural Skills
	12 spaces	4 3 3
Senior Clarinets	Music Staff	Creative Cultural Skills
	10 spaces	<mark>4 3 3</mark>
Wednesday morning break		
Close Harmony Group	Music Staff	Creative Cultural Skills
	10 spaces	4 3 3
Wednesday Activity Hour		
Japanese language and culture		
んなさん!こんにちは!With a combination of both fun	Marta Pawlowska 20 spaces	Creative Cultural Skills G C
and writing some beginner Japanese, as well as learning about some of cultural differences and festivals in Japan!	20 304063	5 55 <mark>5</mark>
Artichoke (Art Magazine)	Jessica Hargreaves	Creative Cultural Skills L
Become a part of the artichoke publishing team! Write	15 spaces	
about what you are passionate about and feature alongside a catalogue of college artwork.		10 5 5 5
BEAST	Claire Hollis	Skills V & S G C L
This year we are renewing our Eco Schools Green Flag status! This will mean we are recognised as one of the UK's	20 spaces	5 5 10 5
most exciting and sustainable places of education. BEAST will be in charge of establishing and managing all our Eco projects in school and will meet every other Tuesday during tutor time. BEAST will also be updating school of news and changes during morning meetings too. Come and join us!		
Bikes in Need	Htoon Aung	Creative Cultural Skills V & S G C L
Repair or maintain bikes and put back into community via a charity.	6 spaces	5 5 5 5 5 5
Bootham CoderDojo	Tom Lund	Creative Skills
The Bootham CoderDojo is a space where you can come	28 spaces	
along and create code with yourself or a partner. The session will be composed of free time to try something out, show off your skills, and most importantly have fun. At then end of every session you will showcase what you have done or the progress to the end goal you have made. If you can't think of what to do then don't worry we have lots of different project ideas that you can have a go at.		515
Chess Club	Raphael Last	Creative Cultural Skills
Play chess against others and practice your skills in preparation for competition!	24 spaces	5 5 10
Couch to 5k	Grace MacFarlane	Physical Skills
Want to enjoy running? Complete various weeks of training with the goal to be able to run 5km at the end continuously. Beginners welcome.	8 spaces	15 5

Creative Cross Stitch		
Creative Cross Stitch is a wonderful way to unwind and tap	Beth Steer	Creative Skills
into your artistic potential. Cross stitching is a craft that involves using colorful threads to create intricate designs on fabric. Whether you're a beginner or an experienced stitcher, this activity welcomes all skill levels. You can bring your own cross stitch projects - such as upcycling jeans, tops or tote bags - or use the provided embroidery kits that offer a range of beautiful patterns to choose from.	20 spaces	<mark>15</mark> 5
Drama Club	Rachel Cook	Physical Creative Cultural Skills
Join Drama club for exciting drama activities whilst making friends and showcasing your performing talents. We will have fun creating and devising a performance together that will be performed to an audience in the last week of term. PS You can be a part of Drama Club and the musical at the	30 spaces	5 5 5 5
same time!		
Eurovision Quizzers	Ruth Roebuck	Creative Cultural Skills V & S G C
Work towards hosting a 'Eurovision Quiz night' and everything that entails. Research facts and music, create a quiz, advertise and promote then host the quiz night for the Bootham community. Raising money for a charity of your choice.	10 spaces	5 5 5 5 5 5 5
GCSE Art catch up	David Swales	This activity does not earn Bootham Challenge Credits
For GCSE Art students who need additional time and support to catch up with missed or incomplete coursework.	20 spaces	
Greenpower Car	Freddie Hewitt	Creative Skills V & S G C
The challenge is to build a car that can be raced, from a design created by College Students.	12 spaces	5 <mark>10 5 5</mark>
Jewellery Making	Ellie Greensmith	Creative Cultural Skills
Making earrings, necklaces, bracelet, rings, headbands.	10 spaces	10 5 <u>5</u>
Origami for All	Liliya Brezina	Creative Cultural Skills
Fold paper, make friends, teach or design a model - it's entirely up to you. This term we will also welcome a special guest from the British Origami Society and prepare some Christmas decorations in time for the festivities.	15 spaces	10 5 5
Palaeography	Theo Long	Creative Cultural Skills
Palaeography is the study of ancient texts and handwriting – join this club to learn a new skill.	12 spaces	5 5 10
Supported Prep	Olivia Hails	This activity does not earn Bootham Challenge Credits
Come and get support with your prep from the Learning Support department.	12 spaces	
Technical Theatre	Luke Gilliver	Physical Creative Cultural Skills
Learning and trying skills used in backstage roles of productions.	10 spaces	5 5 5 5
Thursday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	3 3 3

Thursday morning break		
Aural - grades 1 - 5	Music Staff	Creative Cultural Skills
	10 spaces	
	10 00000	4 3 3
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	4 3 3
Thursday lunch		
String Ensemble	Music Staff	Physical Creative Cultural Skills
5	10 spaces	
	10 00000	2 3 2 3
Thursday Activity Hour		
Chinese A Level Preparation	Candy Lam	Creative Cultural Skills G C
Lessons for native speakers who wish to take the Chinese	12 spaces	
A level. This session fruns from 16:15 to 17:45 and full attendance is required if you want to take the exam.		5 5 5 5
Diplomacy: Fantasy Edition	James Turner	Creative Cultural Skills
Play the popular strategy-based, competitive board game Diplomacy across 'The World of Forgotten Realms'. The	7 spaces	5 5 10
game has an emphasis on negotiation and forming and		
breaking alliances – compete with your friends for control of the board.		
Dystopian Film Club	Jess Hoggarth Hall	Creative Cultural
Enter the world of Dystopian films. With movies like: The Hunger Games, The Divergent Series, and The Maze Runner Trilogy.	25 spaces	5 5
Extended writing support	Helena Landau	Cultural Skills
The perfect session if you need some support with English Language, Literature or any extended writing tasks for your GCSE subjects!	12 spaces	5 5
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Fitness	Sophie Morrison	Physical
Strength and conditioning for sport in the fitness suite	12 spaces	20
GCSE Art Prep	Jessica Hargreaves	This activity does not earn Bootham Challenge Credits
Additional practical studio time and teacher support for	20 spaces	
GCSE Art students.		
Historic Chess	Cherry Peng	Creative Cultural Skills G C
Want to learn more about different type of chess? Here you can know about three types of Asian chess, they include Chinese chess (xiangqi), gobang and checkers(tiaoqi).	12 spaces	5 5 5 5
Learn some new, yet ancient, games!		
Senior Orchestra	Richard Allain	Creative Cultural Skills
Senior Orchestra for students grade 3 and above.	80 spaces	10 5 5
Social Boardgames	Andrew Clarkson	Creative Cultural Skills
Come and play modern boardgames. React faster, plan	15 spaces	
deeper, lie more convincingly; all to gain an edge over a piece of cardboard.		5 5 10

Sustainable Eachion		
Sustainable Fashion Do you love clothing but are you worried about the	Laura Bok	Creative Cultural Skills G C
environmental impact of fast fashion? In this activity we will explore ways to love clothes without the worries. You will consider your personal style and clothing needs and how you can make your current wardrobe last by patching and altering. On some days we will visit local charity shops to see what gems we can find. We will swap second hand clothing tips and we might even organise a clothes swap.	9 spaces	5 10 5 5
Swim Training	Michelle Gatenby	Physical Skills
Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.	20 spaces	15 5
Upper Senior DT Coursework Prep (MEP)	Matthew Parker	Creative Skills
Help with practical work. This will be a fornightly session and you may go home on the other week.	30 spaces	This is a revision course. You can sign up for it after the hocks
Vegan Cooking	Theo Long	Creative Cultural Skills
Learn how to cook vegan meals, including breakfasts, lunches, and dinners. We will use a range of ingredients to make all sorts of different kinds of vegan food.	8 spaces	5 5 10
World Shapers	Claire Hollis	Creative Cultural V & S G C L
Lend your voice and help to change the world! At Worldshapers, we campaign and work with international organisations to represent Bootham School and promote	15 spaces	5 5 5 5
great Social Action causes around the city. This term, we will be working on countering fast fashion and hopefully running our own show! Come along and bring all your ideas - we can't wait to see you.		
Thursday 5:15pm to 7pm		
Advanced Fencing	Donald Walker	Physical Creative Skills
If you've been fencing for a while then this is for you. You can also sign up for one of the other sessions (at no extra	16 spaces	10 5 5
cost) and pass on your skills to others.	£60.00 per term	
Friday before school		
Chamber Music	Music Staff	Creative Cultural Skills
Please talk to Richard before signing up.	10 spaces	4 3 3
Flute Trio		Physical Creative Cultural Skills
	Music Staff 3 spaces	
	0 00000	2 3 2 3
Guitar Ensemble	Music Staff	Creative Skills
See music staff for more information and to sign up.	4 spaces	5 5
Senior Flutes	Music Staff	Physical Creative Cultural Skills
	10 spaces	2 3 2 3
Friday morning break		
Aural - grades 6 - 8	Music Staff	Creative Cultural Skills

Friday lunch		
Junior Guitar	Music Staff	Creative Cultural Skills
	10 spaces	4 3 3
Senior Choir	Richard Allain	Creative Cultural Skills
	40 spaces	4 3 3
Senior Guitars	Music Staff	Creative Cultural Skills
	10 spaces	4 3 3
Friday Activity Hour		
Journaling Club	Grace MacFarlane	Creative Cultural Skills
Bring your own journals and have the opportunity to relax and write for an hour. There will be weekly prompts where you can write from that or just write whatever you want.	15 spaces	10 5 5
Journaling is a good way of relieving stress, letting go and letting your creativity flow! There will be opportunities to discuss different journaling techniques and have fun with different prompts.		
Astronomy GCSE	Mike Shaw	Creative Skills
The group is already set up so is not available for new students. Existing students please choose Monday, Tuesday and Friday.	14 spaces	5 15
Beginners Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.	30 spaces £60.00 per term	10 5 5
Card Making	Htoon Aung	Creative Skills
Learn how to make cards. Superb gifts!	10 spaces	10 10
Chess Club	Dominic Thunhurst and Zach Fine	Creative Skills
Chess is a board game of strategic skill for two players, come and learn the basics of chess, relax and play your friends!	15 spaces	5 15
Dungeons and Dragons	Sophie Morrison	Creative Cultural Skills
Serious players only (but beginners are welcome!)	30 spaces	5 5 10
Haberdashery and Crafts	Liliya Brezina	Creative Skills
Come along, relax and try out different crafts each week. We can try weaving. paper arts, paper mache, craft kits and more! If you want to try something in particular then bring your ideas along!	15 spaces	10 10
Mask Making	Ellie Greensmith	Creative Cultural Skills
Using crafting/art materials to make masks.	15 spaces	10 5 5

Oliver!	Andrew Quarrell	Physical Creative Cultural Skills
Production Rehearsals that lead to a final performance later in the school year. Our Production will be of a West End Musical show and will involve drama, singing, music and dance. All abilities are welcome in these areas and our school production in recent years has been a highlight of the school year. Definitely an experience you will remember forever and not to be missed. Please note that school production runs on two different activity evenings (Monday and Friday). You will need to choose it for both. Our performance dates take place during the second term. This means students choosing this activity are required to choose it next term as well. It is also the case that rehearsal times will extend later than the usual activity times. This will not happen right away and you will be informed of this via the production rehearsal schedule.	70 spaces	5 5 10 5
Strategy and Board Games	Will Lewis	Creative Cultural Skills
Come and enjoy some new and familiar games. Come with your friends and make some new ones.	16 spaces	5 5 10
Swim Training	Grace Litchfield	Physical Skills
Must be able to swim 100 metres Breaststroke, 100 metres Backstroke, 100 metres Frontcrawl, tread water for 3 minutes and be confident with diving.	28 spaces	15 5
Zine Club	Marta Pawlowska	Creative Cultural Skills
Create your own little maga-ZINE! A zine is a small booklet filled with anything and everything you want. You like music? Create a zine about the best bands to listen to. A movie buff? Make a zine about your top 10 films to see. Comics, recipes, art, poetry and anything else can be turned into a zine so don't feel intimidated and come along!	20 spaces	10 5 5
Friday 5:15pm to 6:15pm		
Intermediate Fencing	Donald Walker	Physical Creative Skills
Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It	16 spaces	10 5 5
improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot. This activity runs on leave weekends and half term.	£60.00 per term	