

## Bootham Junior School Lunch Menu 3 Winter 2024

| Monday                                      | Tuesday                               | Wednesday  | Thursday  | Friday  |
|---|---------------------------------------|--|---|---|
| Homemade Soup of the Day<br>VG              | Homemade Soup of the Day<br>VG        | Homemade Soup of the Day<br>VG   | Homemade Soup of the Day<br>VG                                | Vegetable Frittata V                            |
| Jacket Potato Tuna Mayo<br>Cheese V VG      | Aubergine Parmigiana V                | Veggie Curries<br>Potato & Spinach VG<br>Red Lentil Dal VG<br>Aubergine & Coconut VG | Pasta Arrabiata VG  | Homemade Pizzas V                               |
| Linguini with Garlic Chilli &<br>Parsley VG | Beef Lasagne<br>Homemade Bread        | Chicken Korma<br>Thai Beef Curry DF  | Slow Roasted Brisket of Beef<br>Yorkshire Puddings<br>& Gravy | Baked Salmon Fillets                            |
| Quiche V<br>Salad Bar                       | Jacket Potato & Fillings<br>Salad Bar | Jacket Potato & Fillings<br>Salad Bar  | Jacket Potato & Fillings<br>Salad Bar                         | Salad Bar                                       |
| Baked Beans Broccoli                        | Selection of Salads                   | Boiled Rice & Naan Bread<br>Sweetcorn & Green Beans                                  | Roast Potatoes<br>Broccoli Carrots<br>Carrot & Swede Mash     | Rustic Chips<br>Peas & Sweet Corn<br>Mushy Peas |
| Apple & Cinnamon Sponge<br>with Custard     | Date Slice<br>Flapjack                | Lemon Sponge with<br>Custard   | Summer Fruits<br>Yoghurt Cream                                | Homemade Cakes &<br>Bakes                       |
| Fresh Fruit Salad                           | Fresh Fruit Salad                     | Fresh Fruit Salad  | Fresh Fruit Platter   | Fresh Fruit Salad                               |
| Homemade Yoghurt<br>Fruit Coulis            | Homemade Yoghurt<br>Fruit Coulis      | Homemade Yoghurt<br>Fruit Coulis   | Homemade Yoghurt<br>Fruit Coulis                              | Homemade Yoghurt<br>Fruit Coulis                |

Allergen alerts:

All allergens are identified on the appropriate dishes in the dining hall. If you have any questions regarding allergens

Please speak to Tom from the kitchen team, he will be happy to answer any questions you may have.