

PHYSICAL EDUCATION – Spring Term 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lesson 1 9.10 – 10.15	College One (12B) Week L BC, GT	College One (12B) Week A BC, GT		.	College One (D) GT VW	
Lesson 2 10.15 – 11.20	MIDDLE SCHOOLROOM B1 Basketball GT (TB) B2 Football / hard court games BC G1 Netball RR (AD) G2 Fitness /netball KH	UPPER SCHOOLROOM B1 Football / Badminton GT B2 Badminton /football KN G1 Volleyball /Netball (AD) G2 Dance / Netball VW (TB)	Upper Senior Choice B Basketball AB B Football BC B Hard court games KN G Netball RR G Fitness VW G Yoga AD	College One(C) Thursday P! (Week L) KN GT	LOWER SENIOR B1 Basketball AB B2 Fitness/ Hard court games KN B3 Football (TB) BC G1 Football GT G2 Swimming / yoga VW	MIDDLE SCHOOLROOM B1 Indoor athletics / fitness BC B2 Fitness /indoor athletics GT (TB) G1 Indoor athletics /swimming KN G2 Swimming /indoor athletics VW (AD)
Lesson 3 11.45 – 12.50	LOWER SCHOOLROOM B1 Gymnastics / fitness BC (TB) B2 Fitness / Gymnastics GT G1 Football / Dance KH G2 Dance / Football AD	College One (12A) VW, KN	LOWER SENIOR B1 Running / Hard court games AB B2 Football YSJ KN (TB) B3 Fitness / swimming BC G1 Swimming / yoga VW G2 Netball RR GCSE theory KH (AD)	UPPER SCHOOLROOM B1 Basketball / Football YSJ (TB) BC B2 Swimming / Fitness GT G1 Football YSJ / Fitness KN (AD) G2 Fitness / Netball VW		LOWER SCHOOLROOM B1 Basketball / cricket GT (AD) B2 Basketball / Cricket KN G1 Swimming / Fitness BC G2 Fitness / Swimming VW
Lesson 4 13.50 – 14.55	UPPER SENIOR (Double)		COLLEGE (options)			
Lesson 5 14.55 – 16.00	P4 B1 Football / Football AB B2 Volleyball / Fitness BC B3 Indoor Cricket/court games GT (TB) G1 Football / Football KH (AD) G2 Dance / Volleyball VW RR P5 B1 Football / Football AB B2 Water polo BC B3 Fitness / Basketball GT (TB) G1 Football / Football KH (AD) G2 Volleyball / Fitness RR VW	LOWER SENIOR B1 Football (TB) GT B2 Volleyball / water polo BC B3 Running / Unihoc KN G1 Netball RR VW G2 Football KH	Badminton KN Running MP Swimming TL Fitness KH 1 st XI Football GT BC Netball RAR/VW Red goat HM Basketball AB Yoga Jake Volleyball AD	LOWER & MIDDLE SCHOOLROOM yr 7 boys Football GT KN B1 (yr 8) Football BC B2 (yr 8) Badminton / football AB (TB) yr 7 Girls Netball VW yer 8 girls Football KH (AD) TB		‘Sport / Sport’ indicates a switch at half-term

