



**BOOTHAM
CHALLENGE**

Platinum Award

College

Activities Brochure
Autumn Term
2024

The Activities Programme

The following pages have your options for Activities this term.

You need to choose a minimum of **one hour** of activities in school. These can be in activity hour or at another time. You must also attend specials on Tuesdays when needed.

On nights that you don't have an activity you may either work in the College areas or go home at 4pm.

How to choose your activities.

1. Look through the list and find the activities you would like to do.
2. Once choosing starts (**Tuesday at 1:30pm**) login to the Portal and select your choices. There is a video showing you how on the Portal.
3. Make sure you save your choices and check that you have at least 1 hour of activities.
4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

Thursday at 9:15



BOOTHAM
CHALLENGE

What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Platinum Award** and you have the whole of College to complete the challenge. The Bootham Challenge has seven categories.

Physical	Creative	Cultural	Skills	Social Action	Global Citizenship	Leadership
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Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Platinum Award you need to score 200 credits over the year across all of the categories.

Each Activity has its credits shown in the following menu and you can add other evidence via the Student Portal. Here, you can also check on your progress.

<https://bootham.challenge>

Monday before school

Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Monday morning break

Barbershop

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

8 spaces

Creative	Cultural	Skills
4	3	3

Monday lunch

Music Theory

Jack Mackenzie

10 spaces

Creative	Cultural	Skills
3	3	3

Senior Choir

All students are invited to join choir, regardless of experience. There is no audition process. Note, pupils will not be called for every Monday lunchtime as these will be sectional rehearsals. If you would like to join Senior Choir, please select it on Monday AND Fridays

Richard Allain

40 spaces

Creative	Cultural	Skills
4	3	3

Monday Activity Hour

1st XI Football Team Training

Training for the 1st XI Football team. Upper Seniors who played for U16 last year may also join

George Trifan

18 spaces

Physical	Skills
15	5

Astronomy Club

An astronomy club for those with an interest in space and astronomy and would love to casually learn and discuss with like minded people

Robert Coad and Dinithi Ramanyake

8 spaces

Cultural	G C
15	5

BEAST

Bootham Environmental and Sustainability Group! Come and help make Bootham the most sustainable school in the world! We are taking part in the Plastic-Free Schools programme this year, and would love to have you involved. We will also be organising events, running campaigns and helping everyone in school to be as sustainable as possible

Claire Hollis

12 spaces

Skills	V & S	G C	L
5	5	10	5

Book Worms

Spend a relaxing hour reading a book

Elizabeth McCulloch

15 spaces

Creative	Cultural
10	10

Chinese A Level Preparation

Lessons for native speakers who wish to take the Chinese A level. This session runs from 4.15-5.45pm and full attendance is required if you want to take the exam

Candy Lam

12 spaces

Creative	Cultural	Skills	G C
5	5	5	5

Cosy Cross Stitch

Cross-stitching is an easy craft to learn and a great way to unwind and relax. Everyone is welcome to come along, from complete beginners to experienced stitchers. Feel free to bring along your own projects, or some kits and patterns will be available for you to choose from!

Hannah Beaumont

15 spaces

Creative		Skills			
5		15			

Debate Club

Tired of arguing with your family at the dinner table? Join our Debate Club and take it to the next level! This club will offer you the opportunity to explore controversial, thought-provoking, and interesting topics while gaining valuable experience in public speaking, forming and defending arguments, and research. At times, you will speak in support of the opposite side of your true opinion, which will help you listen to multiple points of view and improve your communication skills. As the year progresses, we'll aim to compete in tournaments, putting your skills to the test

Yulia Sych

6 spaces

Creative	Cultural	Skills			L
5	5	5			5

Hedgehog Habitat Help

Hedgehog Friendly Campus is a national award scheme designed to protect hedgehogs, enhance their habitat and create awareness, as supported by the British Hedgehog Preservation Society. We will work towards making impactful changes for hedgehogs and other wildlife around the school site and gain our bronze award for the school. Lots of outdoor time, lots of creativity needed and be prepared to get your hands dirty

Sophie Morrison

12 spaces

Physical	Creative	Cultural	Skills	V & S	G C		
5	5	5	5	5	5		

Introduction to Continental Philosophy

This activity offers A-Level students an engaging introduction to the key concepts and thinkers of Continental Philosophy. Designed for those considering studying philosophy or humanities at university, the session will explore foundational ideas from influential philosophers, providing a solid grounding in the tradition. Students will gain insights into existentialism, phenomenology, and other critical movements, helping them develop the analytical and critical thinking skills essential for further academic study

James Turner

8 spaces

		Cultural	Skills			G C		
		10	5			10		

Medical and Dental School Programme

Bootham's Medical and Dental School Programme has got everything you need to get started: Gain understanding of what a medical/dental career is really about: learn what it's like to be a doctor/dentist and the different paths you can take. UCAT prep made easy: tips, tricks, and strategies to prepare for the UCAT exam. Master your interviews: practice for both traditional and MMI interviews so you can feel confident. UCAS support: from writing an impressive personal statement to choosing the right medical/dental schools for you. Find work experience: We'll help you to identify placements to boost your application. Talk medicine with others like you: Opportunities to debate medical ethics, the latest health issues, and meet future med students like yourself

Kathryn Buchard

12 spaces

		Creative	Cultural	Skills		
		5	5	10		

News Hound

Watching and reading news or documentaries together and learning to make sense of them, especially in terms of Economics and Politics. It will appeal to those studying or interested in Economics especially but also Politics. This will be mainly a discussion group

Helen McPherson

10 spaces

		Cultural			G C		
		10			10		

Resit GCSE

Resit Maths tuition for College students who didn't gain a grade 4

Mathew Aston

6 spaces

This activity does not earn Bootham Challenge Credits					
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School Production - Seniors & College

Bootham School productions just keep getting bigger and bigger. Seniors and College, come and be part of one the biggest events of school calendar. Join our musical production cast, attend regular rehearsals and perform three performances to sell a out audience. School Production will provide you with school memories that will last forever! What is the show? All will be revealed in Morning Meeting! Please note that a higher level of commitment and time is required for us to achieve the production standard that we do. Rehearsals times will regularly be extended beyond 5.15pm and holiday and weekend rehearsals will be needed. Full details will be shared via our rehearsal schedule which will be given with plenty notice. Please ensure that you select School production on Monday AND Friday

Andrew Quarrell

80 spaces

Physical	Creative	Cultural	Skills	
5	5	10	5	

U14-U19 Girls Football

Girls football training- recreational and team training

Kerry Hammond

50 spaces

Physical		Skills	
15		5	

Water Polo

For this high stamina based activity you need to be able to swim 100 metres breaststroke, 100 metres frontcrawl, 100 metres backstroke and tread water for three minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.

Michelle Gatenby

14 spaces

Physical		Skills	
15		5	

Yoga

Come along to relax, stretch and clear your head after a busy day!

Jake Duckworth

12 spaces

Physical		Skills	
15		5	

Monday Evening

Basketball

5.30-6.45pm Seniors & College basketball training

Andrew Bell

24 spaces

Physical		Skills	
15		5	

Tuesday before school

Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

	Creative	Cultural	Skills	
	4	3	3	

Early morning swim

Before school swim training 7.45-8.45am

Jacob Butterfield

20 spaces

Physical		Skills	
15		5	

Ensemble

Please note that enemble is by invitation only, please see Richard Allain if you are interested

Tim Bayley

15 spaces

	Creative	Cultural	Skills	
	4	3	3	

Recorder

Learn to play the recorder

Music Staff

10 spaces

	Creative	Cultural	Skills	
	4	3	3	

Tuesday lunch

Jazz Band

Richard Allain

30 spaces

Creative	Cultural	Skills
4	3	3

Tuesday Activity Hour

Astronomy GCSE

Mike Shaw

20 spaces

The group is already set up so is not available for new students. Existing students please choose Tuesday and Wednesday

Creative	Skills
2	8

Clarinet Trio

Tim Bayley

10 spaces

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Creative	Cultural	Skills
4	3	3

Horse Riding

Cathy Rowell

9 spaces

£26.00 per session

Learn to ride a horse! It does not matter if you have ridden before; beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4.10pm on Tuesday afternoon and ride from 4.30-5.30pm, we should get back to school by 5.45pm, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at Specials

Physical	Skills
15	5

Learn to Crochet

Anne Whittle

8 spaces

This is a crochet course for absolute beginners, ideal for those who have never picked up a crochet hook before. Each week during the first half term we shall learn a new stitch or technique, working towards small individual or group projects. With just a few basic stitches you can make so many different items (hats, scarves, blankets, bags, baskets, friendship bracelets, amigurumi) and it's a great way to relax at the end of the day. The cost of materials for learning and practice is free. There would be a charge for the cost of yarn for larger individual projects or you can provide your own

Creative	Skills
10	10

Zine Club

Jade Blood

20 spaces

Learn how to make and self-publish your own mini-magazines! The topic is decided by YOU... so whatever weird and wonderful thing you're into- lets make a zine about it!

Creative	Cultural	Skills
10	5	5

Wednesday before school

Chamber Music

Music Staff

10 spaces

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Creative	Cultural	Skills
4	3	3

Senior Brass

Music Staff

12 spaces

Creative	Cultural	Skills
4	3	3

Wednesday morning break

Close Harmony Group

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Wednesday lunch

Badminton / Mixed Netball

Badminton first half term, mixed netball second half-term

Rachel Rogers

16 spaces

Physical	Skills
15	5

String Ensemble

Paul Feehan

20 spaces

Physical	Creative	Cultural	Skills
2	3	2	3

Technical Theatre

Learning and trying skills used in backstage roles of productions

Luke Gilliver

10 spaces

Physical	Creative	Cultural	Skills
5	5	5	5

Wednesday Activity Hour

Still Life Drawing

Learn how to draw from reality, you will use pencil, charcoal and other materials to draw what's in front of you. Each session there will be a new still life with different objects to work from, as well as instructional videos on drawing. The goal of this activity is to learn new techniques of expression and different ways of seeing

Grace MacFarlane

10 spaces

Creative	Skills
10	10

90s Appreciation Society

Join the 1990s Appreciation Club and take a nostalgic trip back to the decade that gave us iconic TV shows, unforgettable fashion trends, and revolutionary music! Whether you're a fan of grunge, boy bands, or classic sitcoms, this activity is the perfect place to relive the best of the 90s

Beth Steer

20 spaces

Creative	Cultural
5	15

Art for Classics

Calling all artists and designers who love the Classical world! We need your help to transform our classroom into a beautiful and inspirational learning environment. We are envisaging a Mediterranean landscape ... but your ideas and input are vital!

Laura Bok

10 spaces

Creative	Cultural	Skills	V & S	L
5	5	5	5	5

Astronomy GCSE

The group is already set up so is not available for new students. Existing students please choose Tuesday and Wednesday

Steve Everest

14 spaces

Creative	Skills
5	15

Challenge Course

See the back of the booklet for full details.

Beginners BSL

In this Challenge Course you will learn the basics of British Sign Language (BSL) and you will start to learn about deaf culture

Hannah Beaumont

10 spaces

Cultural	Skills	V & S	G C	L
2	2	2	2	2

Additional credits are earned for gaining a pass, merit or distinction.

College Play Reading

Emma Glover

Do you enjoy reading plays for fun and interest? Delve into the English Department cupboards and grasp the opportunity to read plays both old and new. Enjoy reading and perhaps acting scenes in a friendly, fun environment

10 spaces

Creative	Cultural	Skills			
10	5	5			

Colouring for Mindfulness

Marco Piscioneri

A relaxing time, when you can wind down with some nice colouring and soft music

12 spaces

Creative			Skills			
15			5			

Co-op and Competitive Boardgames

Tom Lund

Play a collection of boardgames that range from 2-8 players per game. You'll be able to compete as a team or work together as a whole depending on the games that are being played

20 spaces

Creative			Skills			L
5			10			5

Cosy Games Club

Elly Williams

A calming opportunity de-stress from studies and exams with the help of cosy video games with relaxing artwork and gameplay. A place to find, recommend and play new cosy games, either solo or cooperative

16 spaces

Creative	Cultural	Skills			
5	5	10			

EAL Subject Support

Kelly McCarthy

Come along if you would like English language/EAL support with any of your subjects. If you are all caught up and excelling in everything, I will be happy to provide you with grammar, reading and writing material to ensure you continue to thrive and progress in English

10 spaces

Creative			Skills			G C
5			10			5

Jigsaw Crew

Sophie Morrison

Intense Jigsaw action with a little Doctor Who in the background. This term we will focusing exclusively on Christmas Jigsaws. All abilities welcome. Come along, hone your skills and have fun!

8 spaces

Creative	Cultural	Skills			
5	5	10			

Martin's Merry Men (and Women)

Martin Sketchley

A fine mix of live karaoke, political discussion, cultural and artistic exploration, and music theory, with no competitive element, only for intellectual relaxation and unwinding after school, led by a small group of musical students, headed by Martin

14 spaces

Creative	Cultural	Skills			G C	L
5	5	5			5	5

MUN - Model United Nations

Joseph Butler

Step into the role of global diplomats. MUN offers the opportunity to engage in debates and negotiations on a variety of pressing international issues

20 spaces

		Skills			G C
		5			15

Origami

Liliya Brezina

Welcome to the Origami Club, where paper comes to life! Whether you're a beginner or a folding pro, our club is the perfect place to explore the ancient art of origami Each week, we'll dive into new projects, from simple shapes to intricate designs, turning ordinary paper into extraordinary creations. It's not just about making things—it's about unleashing your creativity, learning patience, and having fun with friends. Come along, get folding, and watch as your skills—and your imagination—take flight!

12 spaces

Creative			Skills			
10			10			

Oxbridge Humanities Support

Sarah Bridge

For College Two Students making Oxbridge Humanities applications

6 spaces

		Cultural	Skills			
		10	10			

Period Drama Club

Enjoy watching some film and TV adaptations of some of the greatest books in English Literature...think along the lines of Pride and Prejudice, North and South, Little Women etc. We'll have time to watch and discuss them - bliss!

Carolyn Bloxwich

14 spaces

Creative	Cultural	Skills
10	15	5

Thursday before school

Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Thursday morning break

Aural - grades 1 - 5

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Thursday Activity Hour

Challenge Course

See the back of the booklet for full details.

Art History

This activity will explore the History of Art and its progression throughout different centuries of art making

Grace MacFarlane

10 spaces

Creative	Cultural	Skills
2	2	1

Additional credits are earned for gaining a pass, merit or distinction.

Bootham Magazine

Join our magazine club to write about school life and share your ideas. Use your creativity to help us create fun and interesting articles

Valentina Chionaky Summer Harvey

10 spaces

Creative	Cultural	Skills
10	5	5

Competitive Chess

Play chess against others and practice your skills in preparation for competition! Sharpen your strategic thinking and problem-solving skills. The club will be running a ladder table which participants can move up and down, and will allow a place for you to connect with fellow enthusiasts!

James Turner

20 spaces

Creative	Cultural	Skills
5	5	10

Challenge Course

See the back of the booklet for full details.

First Aid

An in-depth course with a practical assessment at the end

Alison Webster

12 spaces

Skills	V & S	G C	L
5	2	1	2

Additional credits are earned for gaining a pass, merit or distinction.

Fitness Suite

General fitness fun using the machines in the Fitness Suite

Sophie Morrison

8 spaces

Physical
20

Pets Appreciation Society

Come and get to know the Biology pets and plants! Meet Bill, the Giant African Land Snail; Rhubarb and Custard, our much-loved Leopard geckos, feed the beautiful and nutritious locusts or watch the calming fish and enjoy the bursting with life greenhouse. This is a hands-on activity where we'll get stuck in—planting, petting, cleaning, growing, grooming, and maybe even setting up a new fish tank for B3. If you're into plants and animals, this is the perfect activity for you!

Liliya Brezina

12 spaces

Creative	Skills	G C
5	10	5

Practical Chemistry

We'll be developing your practical skills, with a mixture of practicals, demos and problem-solving activities. Depending on interest, we might also look at some Cambridge Chemistry Challenge and Chemistry Olympiad activities. Please note: this activity is primarily aimed at A level Chemists. If you're in Upper Senior and would like to take part, please discuss with Lindsey

Lindsey Robertson

8 spaces

Creative	Skills
5	15

Senior Orchestra

Senior Orchestra for students grade 3 and above.

Richard Allain

80 spaces

Creative	Cultural	Skills
10	5	5

Strategy & Board Games

Come along and play some traditional and new games!

Will Lewis

20 spaces

Creative	Cultural	Skills
5	5	10

Swim Training

For students who want to develop their competitive swimming in the four major strokes and compete for the school in galas

Michelle Gatenby

20 spaces

Physical	Skills
15	5

Table Tennis

Develop the fast response skills required of one of the world's most popular sports

Truman Durham

12 spaces

Physical	Skills
15	5

Friday before school

Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Guitar Ensemble

Jake Adams

6 spaces

Creative	Cultural	Skills
4	3	3

Friday morning break

Aural - grades 6 - 8

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

Creative	Cultural	Skills
4	3	3

Friday lunch

Senior Choir

All students are invited to join choir, regardless of experience. There is no audition process. Note, pupils will not be called for every Monday lunchtime as these will be sectional rehearsals. If you would like to join Senior Choir, please select it on Monday AND Fridays

Richard Allain
40 spaces

Creative		Cultural	Skills	
4	3	3		

Friday Activity Hour

Beginners Fencing

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

Donald Walker
30 spaces
£60.00 per term

Physical	Creative		Skills	
10	5		5	

Chamber Choir

Jo Trevenna
12 spaces

Creative		Cultural	Skills	
10	5	5		

Dungeons and Dragons

All ages and experience levels welcome. If you've never played and always wondered... come and try it for a term and see what you think. Calling all DM's – you know I can't run this club without you!

Sophie Morrison
40 spaces

Creative		Cultural	Skills	
5	5	10		

Folk Dancing

Come and have a go at traditional and modern British folk dancing. No experience necessary. We'll largely be doing social dancing (you might have heard of barn dance or ceilidh), but we'll also be dipping into other styles, like morris, traditional Jewish dancing, polka, and maybe even waltzing

Sam Ford
20 spaces

Physical	Creative	Cultural		
10	5	5		

Friendship Bracelets, Kumihimo and Other Cr

Join us for some laid-back crafting and a good natter! We'll be trying out a range of activities, from simple and intricate kumihimo bracelets to beading, card making, colouring, and loads more. Come along and get creative with us!

Liliya Brezina
15 spaces

Creative		Cultural	Skills	
10	5	5		

Just Dance

Join in with Just Dance for an hour of fun and exercise

Mathew Aston
20 spaces

Physical		Skills	
10		10	

Podcasting

Have you ever listened to a podcast and thought, Could I do that? Well, you absolutely can! Come to this activity if you are interested in taking part of creating, managing, writing, talking and speaking in your very own podcast. Whether you're passionate about movies, sport, politics or just want to talk about a unique perspective you have on a topic, this podcast is the perfect platform to make your voice heard.

Omar Habi
12 spaces

Creative		Cultural	Skills	
5	5	10		

School Production - Seniors & College

Bootham School productions just keep getting bigger and bigger. Seniors and College, come and be part of one the biggest events of school calendar. Join our musical production cast, attend regular rehearsals and perform three performances to sell a out audience. School Production will provide you with school memories that will last forever! What is the show? All will be revealed in Morning Meeting! Please note that a higher level of commitment and time is required for us to achieve the production standard that we do. Rehearsals times will regularly be extended beyond 5.15pm and holiday and weekend rehearsals will be needed. Full details will be shared via our rehearsal schedule which will be given with plenty notice. Please ensure that you select School production on Monday AND Friday

Andrew Quarrell

80 spaces

Physical	Creative	Cultural	Skills	
5	5	10	5	

Settlers of Catan and other Strategy Games

Join me each week to play a game of Catan, Carcassone and more!

James Turner

12 spaces

	Creative	Cultural	Skills	
	5	5	10	

Silent Reading Club

Do you find yourself too busy to read your favourite books in a quiet and welcoming space? At Silent Reading Club there's no assigned reading. Bring your own book and enjoy reading at your own pace

Ana-Maria Vazquez Martin

15 spaces

	Creative	Cultural	Skills	
	5	5	10	

Strength & Conditioning Training

Strength and conditioning session for 1st team footballers and netballers

Jake Duckworth

20 spaces

Physical		Skills	
15		5	

Swim Team Training

For students who want to develop their competitive swimming in the four major strokes and compete for the school in galas

Jacob Butterfield

28 spaces

Physical		Skills	
15		5	

Table Tennis

Develop the fast response skills required of one of the world's most popular sports

Tom Bell

12 spaces

Physical		Skills	
15		5	

Friday Evening

Intermediate / Advanced Fencing

5.15-7.15pm (pack up tea provided). Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot.

Donald Walker

16 spaces

£60.00 per term

Physical	Creative		Skills	
10	5		5	

Challenge Course: Beginners BSL

Led by:
Hannah Beaumont

When:
Wednesday Activity Hour

Course outline:

In this Challenge Course you will learn the basics of British Sign Language (BSL) and you will start to learn about deaf culture

Course Assessment:

You will be assessed at the end of the course in a variety of ways.

Why should you do it?

You will be able to communicate with a wider range of people and make others feel included.

Additional Bootham Challenge Credits

	Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
Pass			2	2	2	2	2
Merit			4	4	4	4	4
Distinction			6	6	6	6	6

Note—You may only take each Challenge Course once!

Challenge Course: Art History

Led by:
Grace MacFarlane

When:
Thursday Activity Hour

Course outline:

This activity will explore the History of Art and its progression throughout different centuries of art making. Each week we will discover new artists and techniques throughout history, as well as do personal research and group activities.

Course Assessment:

Students will also be assessed at the end of term on what they've learned throughout the activity.

Why should you do it?

This is a good opportunity for an entry level introduction to some material that will be discussed at a University level. This is perfect for anyone interested in taking Art History or Studio Art in the future!

Additional Bootham Challenge Credits

	Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
Pass		4	4	2			
Merit		8	8	4			
Distinction		12	12	6			

Note—You may only take each Challenge Course once!

Challenge Course: First Aid

Led by:
Alison Webster

When:
Thursday Activity Hour

Course outline:

Learn key lifesaving skills in a practical way. You never know when they may come in useful!

Course Assessment:

You will have a practical assessment by a member of the Heath Centre staff at the end of the course.

Why should you do it?

First aid is an essential skill for anyone to have. It is also very suitable for those wanting to go into the caring professions such as health or education.

Additional Bootham Challenge Credits

	Physical	Creative	Cultural	Skills	Volunteering and Service	Global Citizenship	Leadership
Pass				5	2	1	2
Merit				10	4	2	4
Distinction				15	6	3	6

Note—You may only take each Challenge Course once!