



**BOOTHAM  
CHALLENGE**

# Silver Award

Middle Schoolroom

Activities Brochure  
Autumn Term  
2024

# The Activities Programme

The following pages have your options for Activities this term.

You need to do a minimum of **three hours** of activities that are **not preps**. These could be in activity hour or in one of the other slots. Break, lunch and before school activities count as half an hour unless stated.

On nights where you are not doing an activity you may leave at 4pm. Boarders may return to your houses at 4:15pm.

## Music Practice

On a night when you have not selected an activity you may sign up for a half an hour music practice slot. For the other half hour you will need to go to prep.

## How to choose your activities.

1. Look through the list and find the activities you would like to do.
2. Once choosing starts (**Tuesday at break**) login to the Portal and select your choices. There is a video showing you how on the Portal.
3. Make sure you save your choices and check that you have at least 3 hours of activities. (Preps do not count).
4. Look out for the confirmation email saying what activities you have.

When activities start there will be a list in the English Corridor showing which room your activities will be in.

All Activities need to be chosen by:

**Thursday at 9:15**



## What is the Bootham Challenge?

The Bootham Challenge is to live life to the full, gaining skills across a wide range of disciplines. This award scheme allows you to demonstrate to others that you have these skills and also to challenge yourself to experience new things.

You are enrolled on the **Silver Award** and you have the whole of Middle and Upper Schoolroom to complete the challenge. The Bootham Challenge has seven categories.

|          |          |          |        |                             |                       |            |
|----------|----------|----------|--------|-----------------------------|-----------------------|------------|
| Physical | Creative | Cultural | Skills | Volunteering<br>and Service | Global<br>Citizenship | Leadership |
|----------|----------|----------|--------|-----------------------------|-----------------------|------------|

Everything you do will score credits in one or more of the categories. This includes Activities, other School events and out of school hobbies.

To achieve the Silver Award you need to score 400 credits over the two years across at least five of the categories.

Each activity has its credits shown in the following menu and you can add other evidence via the Student Portal using the link below. You can also check your current credits.

<https://bootham.challenge>

## Monday before school

### Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Monday morning break

### Barbershop

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

8 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Monday lunch

### Music Theory

Jack Mackenzie

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 3        | 3        | 3      |

### Senior Choir

All students are invited to join choir, regardless of experience. There is no audition process. Note, pupils will not be called for every Monday lunchtime as these will be sectional rehearsals. If you would like to join Senior Choir, please select it on Monday AND Fridays

Richard Allain

40 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

### U12 and U13 Basketball

Basketball for boys and girls. This activity runs 12.45pm to 1.20pm

Andrew Bell

24 spaces

| Physical | Skills |
|----------|--------|
| 15       | 5      |

## Monday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

4 spaces

| V & S |
|-------|
| 20    |

### BEAST

Bootham Environmental and Sustainability Group! Come and help make Bootham the most sustainable school in the world! We are taking part in the Plastic-Free Schools programme this year, and would love to have you involved. We will also be organising events, running campaigns and helping everyone in school to be as sustainable as possible

Claire Hollis

12 spaces

| Skills | V & S | G C | L |
|--------|-------|-----|---|
| 5      | 5     | 10  | 5 |

### Book Worms

Spend a relaxing hour reading a book

Elizabeth McCulloch

15 spaces

| Creative | Cultural |
|----------|----------|
| 10       | 10       |

### Cosy Cross Stitch

Cross-stitching is an easy craft to learn and a great way to unwind and relax. Everyone is welcome to come along, from complete beginners to experienced stitchers. Feel free to bring along your own projects, or some kits and patterns will be available for you to choose from!

Hannah Beaumont

15 spaces

| Creative | Skills |
|----------|--------|
| 5        | 15     |

### Hedgehog Habitat Help

Hedgehog Friendly Campus is a national award scheme designed to protect hedgehogs, enhance their habitat and create awareness, as supported by the British Hedgehog Preservation Society. We will work towards making impactful changes for hedgehogs and other wildlife around the school site and gain our bronze award for the school. Lots of outdoor time, lots of creativity needed and be prepared to get your hands dirty

Sophie Morrison

12 spaces

| Physical | Creative | Cultural | Skills | V & S | G C |
|----------|----------|----------|--------|-------|-----|
| 5        | 5        | 5        | 5      | 5     | 5   |

## Introduction to Korean Language and Culture

Elly Williams

15 spaces

An introduction to the Korean language and its writing system Hangul. Alongside a beginner's look at the language we will take a look at Korea's distinct culture, history as well as the growing Hallyu pop culture wave



## Natural History Club

Robert Gardiner

12 spaces

Come and help maintain the diversity of wildlife in the school grounds, from setting up bird feeders and nesting boxes to investigating tree species, pond life and setting up sand traps to get footprints of our nocturnal neighbors. Maybe you will see a tardigrade in some moss or a Diatom in a puddle



## Rock Bands

Jake Adams

10 spaces

Two bands made up of singing, guitar, bass, keyboard and drum students learning to play and perform together. There will be a Junior band for a group of students in Lower, Middle and Upper Schoolrooms (grades 1-3) and a Senior band for a group in Seniors and College (grades 3-5+). We will focus on learning how to play as an ensemble, how to learn/teach songs as a group and performance practice, as well as of course preparing for concerts! Although the activity is called 'Rock Bands' this is just a starting point, and you will decide what genres of music you want to play.



## Supported Prep

Jess White

8 spaces

Come and get support with your prep from the Learning Support department

This activity does not earn Bootham Challenge Credits

## The Pancake Club

Liliya Brezina

6 spaces

Pancakes, waffles, crêpes, katmi, blini, serabi, kaka... they come in all shapes, sizes, and colours, but they're always a treat! Join us for some pre-dinner fun every week. We'll be whipping, flipping, and tucking into them thick and thin, in red, green, yellow, or their classic colours, sweet or savoury. And who knows, we might even get to decorate a pancake cake! It doesn't take much to learn, and then you'll have the perfect weekend treat to whip up for your family—what a delicious way to get creative and have a giggle!



## U12 and 13 Girls Netball Practice

Rachel Rogers

36 spaces

Fun netball drills, skills and matches



## U14-U19 Girls Football

Kerry Hammond

50 spaces

Girls football training- recreational and team training



## Water Polo

Michelle Gatenby

14 spaces

For this high stamina based activity you need to be able to swim 100 metres breaststroke, 100 metres frontcrawl, 100 metres backstroke and tread water for three minutes. Assessments of the above will be carried out on the first week. This a great sport that needs commitment.



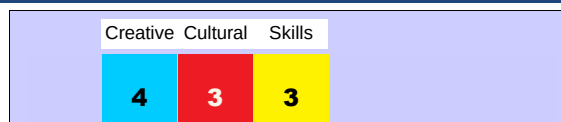
## Tuesday before school

### Chamber Music

Music Staff

10 spaces

Please note that this activity is by invitation only, please see Richard Allain if you are interested



### Early morning swim

Jacob Butterfield

20 spaces

Before school swim training 7.45-8.45am



## Ensemble

Please note that ensemble is by invitation only, please see Richard Allain if you are interested

Tim Bayley

15 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Recorder

Learn to play the recorder

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Tuesday lunch

## Jazz Band

Richard Allain

30 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Tuesday Activity Hour

## Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

4 spaces

| V & S |
|-------|
| 20    |

## Baking

An easy and fun way to relax with friends or meet new people, learn some new skills, and you'll even have some sweet treats you can take away at the end!

Elly Williams

8 spaces

| Creative | Skills |
|----------|--------|
| 10       | 10     |

## Clarinet Trio

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Tim Bayley

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Drama Club

Join Drama club for exciting drama activities whilst making friends and showcasing your performing talents. We will have fun creating a performance together that will be performed to an audience of friends and family in the last week of term. Additional and extended rehearsals may be needed. PS You can be a part of Drama Club and the musical at the same time!

Rachel Cook

30 spaces

| Physical | Creative | Cultural | Skills |
|----------|----------|----------|--------|
| 5        | 5        | 5        | 5      |

## Dungeons and Dragons

All ages and experience levels welcome. If you've never played and always wondered... come and try it for a term and see what you think. Calling all DM's – you know I can't run this club without you!

Sophie Morrison

40 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 5        | 5        | 10     |

## First Aid for Beginners

Come and learn the basics of first aid. An essential course that everyone should do at some point

Alison Webster

12 spaces

| Skills | V & S | G C | L |
|--------|-------|-----|---|
| 10     | 5     | 5   | 5 |

## Horse Riding

Learn to ride a horse! It does not matter if you have ridden before; beginners are welcome. We generally have a beginners group and an intermediate group riding at the same time. This term we will be riding at York Riding School. We will leave school at 4.10pm on Tuesday afternoon and ride from 4.30-5.30pm, we should get back to school by 5.45pm, traffic permitting. You will need to wear clothes you don't mind getting dirty and a boot with a 1-2cm heel (or wellies). The riding school can provide hats and has a few pairs of boots that can be borrowed, but mainly in smaller sizes. College may ride when not at Specials

Cathy Rowell

9 spaces

£26.00 per session

| Physical | Skills |
|----------|--------|
| 15       | 5      |

### Learn to Crochet

This is a crochet course for absolute beginners, ideal for those who have never picked up a crochet hook before. Each week during the first half term we shall learn a new stitch or technique, working towards small individual or group projects. With just a few basic stitches you can make so many different items (hats, scarves, blankets, bags, baskets, friendship bracelets, amigurumi) and it's a great way to relax at the end of the day. The cost of materials for learning and practice is free. There would be a charge for the cost of yarn for larger individual projects or you can provide your own

Anne Whittle

8 spaces

| Creative | Skills |
|----------|--------|
| 10       | 10     |

### Maths Team Challenges

Take part in team maths challenges. We will do a mix of questions, cross numbers, head to head relays and mathematical relay races. Add to that some random maths facts and plenty of mathematical jokes!

James Ratcliffe

20 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 5        | 5        | 10     |

### Medieval Bookmaking

Learn how to make books in the style of a medieval manuscript! Using card, we will make books like they did in the Middle Ages. We will construct our books according to medieval methods, learn how to write in medieval handwriting styles, and have a go at 'illuminating' (decorating) our books in a medieval style! There is lots of room for creativity: you can decide whether to make an 'authentic' medieval book, or develop your own twist on it

Theo Long

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 5        | 5        | 10     |

### Supported Prep

Come and get support with your prep from the Learning Support department

Cathy Pearce

12 spaces

This activity does not earn Bootham Challenge Credits

### Zine Club

Learn how to make and self-publish your own mini-magazines! The topic is decided by YOU... so whatever weird and wonderful thing you're into- lets make a zine about it!

Jade Blood

20 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 10       | 5        | 5      |

## Wednesday before school

### Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Wednesday morning break

### Close Harmony Group

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

### Table Tennis at break

Develop the fast response skills required of one of the world's most popular sports

Keith Newell

12 spaces

| Physical | Skills |
|----------|--------|
| 3        | 5      |

## Wednesday lunch

### Junior Brass

Music Staff

12 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

### String Ensemble

Paul Feehan

20 spaces

| Physical | Creative | Cultural | Skills |
|----------|----------|----------|--------|
| 2        | 3        | 2        | 3      |

## Technical Theatre

Learning and trying skills used in backstage roles of productions

Luke Gilliver

10 spaces

| Physical | Creative | Cultural | Skills |  |  |  |  |  |  |
|----------|----------|----------|--------|--|--|--|--|--|--|
| 5        | 5        | 5        | 5      |  |  |  |  |  |  |

## Wednesday Activity Hour

### Still Life Drawing

Learn how to draw from reality, you will use pencil, charcoal and other materials to draw what's in front of you. Each session there will be a new still life with different objects to work from, as well as instructional videos on drawing. The goal of this activity is to learn new techniques of expression and different ways of seeing

Grace MacFarlane

10 spaces

|  | Creative |  | Skills |  |  |  |  |  |  |
|--|----------|--|--------|--|--|--|--|--|--|
|  | 10       |  | 10     |  |  |  |  |  |  |

### 90s Appreciation Society

Join the 1990s Appreciation Club and take a nostalgic trip back to the decade that gave us iconic TV shows, unforgettable fashion trends, and revolutionary music! Whether you're a fan of grunge, boy bands, or classic sitcoms, this activity is the perfect place to relive the best of the 90s

Beth Steer

20 spaces

|  | Creative | Cultural |  |  |  |  |  |  |  |
|--|----------|----------|--|--|--|--|--|--|--|
|  | 5        | 15       |  |  |  |  |  |  |  |

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

4 spaces

|  |  |  |  | V & S |  |  |  |  |  |
|--|--|--|--|-------|--|--|--|--|--|
|  |  |  |  | 20    |  |  |  |  |  |

### Art for Classics

Calling all artists and designers who love the Classical world! We need your help to transform our classroom into a beautiful and inspirational learning environment. We are envisaging a Mediterranean landscape ... but your ideas and input are vital!

Laura Bok

10 spaces

|  | Creative | Cultural | Skills | V & S |  | L |  |  |  |
|--|----------|----------|--------|-------|--|---|--|--|--|
|  | 5        | 5        | 5      | 5     |  | 5 |  |  |  |

### Colouring for Mindfulness

A relaxing time, when you can wind down with some nice colouring and soft music

Marco Piscioneri

12 spaces

|  | Creative |  | Skills |  |  |  |  |  |  |
|--|----------|--|--------|--|--|--|--|--|--|
|  | 15       |  | 5      |  |  |  |  |  |  |

### Co-op and Competitive Boardgames

Play a collection of boardgames that range from 2-8 players per game. You'll be able to compete as a team or work together as a whole depending on the games that are being played

Tom Lund

20 spaces

|  | Creative |  | Skills |  |  | L |  |  |  |
|--|----------|--|--------|--|--|---|--|--|--|
|  | 5        |  | 10     |  |  | 5 |  |  |  |

### EAL Subject Support

Come along if you would like English language/EAL support with any of your subjects. If you are all caught up and excelling in everything, I will be happy to provide you with grammar, reading and writing material to ensure you continue to thrive and progress in English

Kelly McCarthy

10 spaces

|  | Creative |  | Skills |  | G C |  |  |  |  |
|--|----------|--|--------|--|-----|--|--|--|--|
|  | 5        |  | 10     |  | 5   |  |  |  |  |

### Jigsaw Crew

Intense Jigsaw action with a little Doctor Who in the background. This term we will focusing exclusively on Christmas Jigsaws. All abilities welcome. Come along, hone your skills and have fun!

Sophie Morrison

8 spaces

|  | Creative | Cultural | Skills |  |  |  |  |  |  |
|--|----------|----------|--------|--|--|--|--|--|--|
|  | 5        | 5        | 10     |  |  |  |  |  |  |

### Origami

Welcome to the Origami Club, where paper comes to life! Whether you're a beginner or a folding pro, our club is the perfect place to explore the ancient art of origami Each week, we'll dive into new projects, from simple shapes to intricate designs, turning ordinary paper into extraordinary creations. It's not just about making things—it's about unleashing your creativity, learning patience, and having fun with friends. Come along, get folding, and watch as your skills—and your imagination—take flight!

Liliya Brezina

12 spaces

|  | Creative |  | Skills |  |  |  |  |  |  |
|--|----------|--|--------|--|--|--|--|--|--|
|  | 10       |  | 10     |  |  |  |  |  |  |



### U12 13 Boys Football Team

Team training

Ben Coxon

24 spaces

| Physical | Skills |
|----------|--------|
| 15       | 5      |

## Thursday before school

### Chamber Music

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Thursday morning break

### Aural - grades 1 - 5

Please note that this activity is by invitation only, please see Richard Allain if you are interested

Music Staff

10 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Thursday lunch

### Indoor 5 a side Football

Play football for fun against your friends. Everybody welcome!

George Trifan

16 spaces

| Physical | Skills |
|----------|--------|
| 15       | 5      |

### Junior Choir

This activity runs 12.45pm to 1.20pm

Jo Trevenna

30 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 4        | 3        | 3      |

## Thursday Activity Hour

### Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

..

4 spaces

| V & S |
|-------|
| 20    |

### City Design

Using a range of drawing to create cities. Learn how to use different types of drawing such as isometric to create different buildings and plan your own town/ city with all different shops, restaurants and other things

Robyn Harrison Izzy Bojke

20 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 10       | 5        | 5      |

### Competitive Chess

Play chess against others and practice your skills in preparation for competition! Sharpen your strategic thinking and problem-solving skills. The club will be running a ladder table which participants can move up and down, and will allow a place for you to connect with fellow enthusiasts!

James Turner

20 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 5        | 5        | 10     |

### Maths in Arts & Crafts

Each week, we will work on a new arts and crafts project while also learning about some of the maths that makes our projects possible

Hannah Beaumont

15 spaces

| Creative | Cultural | Skills |
|----------|----------|--------|
| 5        | 5        | 10     |

### Pets Appreciation Society

Come and get to know the Biology pets and plants! Meet Bill, the Giant African Land Snail; Rhubarb and Custard, our much-loved Leopard geckos, feed the beautiful and nutritious locusts or watch the calming fish and enjoy the bursting with life greenhouse. This is a hands-on activity where we'll get stuck in—planting, petting, cleaning, growing, grooming, and maybe even setting up a new fish tank for B3. If you're into plants and animals, this is the perfect activity for you!

Liliya Brezina

12 spaces

| Creative | Skills | G C |
|----------|--------|-----|
| 5        | 10     | 5   |

|                                                  |                |                                                                                                                   |          |          |        |    |   |   |
|--------------------------------------------------|----------------|-------------------------------------------------------------------------------------------------------------------|----------|----------|--------|----|---|---|
| <b>Senior Orchestra</b>                          | Richard Allain | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>10</td><td>5</td><td>5</td></tr></table> | Creative | Cultural | Skills | 10 | 5 | 5 |
| Creative                                         | Cultural       | Skills                                                                                                            |          |          |        |    |   |   |
| 10                                               | 5              | 5                                                                                                                 |          |          |        |    |   |   |
| Senior Orchestra for students grade 3 and above. | 80 spaces      |                                                                                                                   |          |          |        |    |   |   |

|                                                     |            |                                                                                                                   |          |          |        |   |   |    |
|-----------------------------------------------------|------------|-------------------------------------------------------------------------------------------------------------------|----------|----------|--------|---|---|----|
| <b>Strategy &amp; Board Games</b>                   | Will Lewis | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>5</td><td>5</td><td>10</td></tr></table> | Creative | Cultural | Skills | 5 | 5 | 10 |
| Creative                                            | Cultural   | Skills                                                                                                            |          |          |        |   |   |    |
| 5                                                   | 5          | 10                                                                                                                |          |          |        |   |   |    |
| Come along and play some traditional and new games! | 20 spaces  |                                                                                                                   |          |          |        |   |   |    |

|                                                                          |                  |                                                       |
|--------------------------------------------------------------------------|------------------|-------------------------------------------------------|
| <b>Supported Prep</b>                                                    | Hannah Jorgensen | This activity does not earn Bootham Challenge Credits |
| Come and get support with your prep from the Learning Support department | 12 spaces        |                                                       |

|                                                                                                                           |                  |                                                                                        |          |        |    |   |
|---------------------------------------------------------------------------------------------------------------------------|------------------|----------------------------------------------------------------------------------------|----------|--------|----|---|
| <b>Swim Training</b>                                                                                                      | Michelle Gatenby | <table><tr><td>Physical</td><td>Skills</td></tr><tr><td>15</td><td>5</td></tr></table> | Physical | Skills | 15 | 5 |
| Physical                                                                                                                  | Skills           |                                                                                        |          |        |    |   |
| 15                                                                                                                        | 5                |                                                                                        |          |        |    |   |
| For students who want to develop their competitive swimming in the four major strokes and compete for the school in galas | 20 spaces        |                                                                                        |          |        |    |   |

|                                                                                     |               |                                                                                        |          |        |    |   |
|-------------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------|----------|--------|----|---|
| <b>Table Tennis</b>                                                                 | Truman Durham | <table><tr><td>Physical</td><td>Skills</td></tr><tr><td>15</td><td>5</td></tr></table> | Physical | Skills | 15 | 5 |
| Physical                                                                            | Skills        |                                                                                        |          |        |    |   |
| 15                                                                                  | 5             |                                                                                        |          |        |    |   |
| Develop the fast response skills required of one of the world's most popular sports | 12 spaces     |                                                                                        |          |        |    |   |

|                                                                                                                                                                                                                                                                                                      |                 |                                                                                                                                                                   |          |          |          |        |     |   |   |   |   |   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------|----------|--------|-----|---|---|---|---|---|
| <b>Theatre Across the World</b>                                                                                                                                                                                                                                                                      | Natasha Seymour | <table><tr><td>Physical</td><td>Creative</td><td>Cultural</td><td>Skills</td><td>G C</td></tr><tr><td>5</td><td>5</td><td>5</td><td>5</td><td>5</td></tr></table> | Physical | Creative | Cultural | Skills | G C | 5 | 5 | 5 | 5 | 5 |
| Physical                                                                                                                                                                                                                                                                                             | Creative        | Cultural                                                                                                                                                          | Skills   | G C      |          |        |     |   |   |   |   |   |
| 5                                                                                                                                                                                                                                                                                                    | 5               | 5                                                                                                                                                                 | 5        | 5        |          |        |     |   |   |   |   |   |
| Enjoy drama? Interested in learning about other cultures? In this activity we will explore theatre styles from different countries through games and activities. You will get the chance to play around with different techniques as we take a look at some performance styles from across the globe | 20 spaces       |                                                                                                                                                                   |          |          |          |        |     |   |   |   |   |   |

|                                                   |               |                                                                                        |          |        |    |   |
|---------------------------------------------------|---------------|----------------------------------------------------------------------------------------|----------|--------|----|---|
| <b>U12 and 13 Girls Football</b>                  | Helena Landau | <table><tr><td>Physical</td><td>Skills</td></tr><tr><td>15</td><td>5</td></tr></table> | Physical | Skills | 15 | 5 |
| Physical                                          | Skills        |                                                                                        |          |        |    |   |
| 15                                                | 5             |                                                                                        |          |        |    |   |
| Football training, recreational and team training | 30 spaces     |                                                                                        |          |        |    |   |

|                                                                                                                |            |                                                                                                                   |          |          |        |    |   |   |
|----------------------------------------------------------------------------------------------------------------|------------|-------------------------------------------------------------------------------------------------------------------|----------|----------|--------|----|---|---|
| <b>Wind Band</b>                                                                                               | Tim Bayley | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>10</td><td>5</td><td>5</td></tr></table> | Creative | Cultural | Skills | 10 | 5 | 5 |
| Creative                                                                                                       | Cultural   | Skills                                                                                                            |          |          |        |    |   |   |
| 10                                                                                                             | 5          | 5                                                                                                                 |          |          |        |    |   |   |
| Wind, brass and percussion players are warmly invited to join this activity aimed at less-experienced students | 30 spaces  |                                                                                                                   |          |          |        |    |   |   |

|                                                                                                       |             |                                                                                                                  |          |          |        |   |   |   |
|-------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------|----------|----------|--------|---|---|---|
| Friday before school                                                                                  |             |                                                                                                                  |          |          |        |   |   |   |
| <b>Chamber Music</b>                                                                                  | Music Staff | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>4</td><td>3</td><td>3</td></tr></table> | Creative | Cultural | Skills | 4 | 3 | 3 |
| Creative                                                                                              | Cultural    | Skills                                                                                                           |          |          |        |   |   |   |
| 4                                                                                                     | 3           | 3                                                                                                                |          |          |        |   |   |   |
| Please note that this activity is by invitation only, please see Richard Allain if you are interested | 10 spaces   |                                                                                                                  |          |          |        |   |   |   |

|                        |            |                                                                                                                  |          |          |        |   |   |   |
|------------------------|------------|------------------------------------------------------------------------------------------------------------------|----------|----------|--------|---|---|---|
| <b>Guitar Ensemble</b> | Jake Adams | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>4</td><td>3</td><td>3</td></tr></table> | Creative | Cultural | Skills | 4 | 3 | 3 |
| Creative               | Cultural   | Skills                                                                                                           |          |          |        |   |   |   |
| 4                      | 3          | 3                                                                                                                |          |          |        |   |   |   |
|                        | 6 spaces   |                                                                                                                  |          |          |        |   |   |   |

|                                                                                                       |             |                                                                                                                  |          |          |        |   |   |   |
|-------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------|----------|----------|--------|---|---|---|
| Friday morning break                                                                                  |             |                                                                                                                  |          |          |        |   |   |   |
| <b>Aural - grades 6 - 8</b>                                                                           | Music Staff | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>4</td><td>3</td><td>3</td></tr></table> | Creative | Cultural | Skills | 4 | 3 | 3 |
| Creative                                                                                              | Cultural    | Skills                                                                                                           |          |          |        |   |   |   |
| 4                                                                                                     | 3           | 3                                                                                                                |          |          |        |   |   |   |
| Please note that this activity is by invitation only, please see Richard Allain if you are interested | 10 spaces   |                                                                                                                  |          |          |        |   |   |   |

|                                                                                                                                                                                                                                                                                  |                |                                                                                                                  |          |          |        |   |   |   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|------------------------------------------------------------------------------------------------------------------|----------|----------|--------|---|---|---|
| Friday lunch                                                                                                                                                                                                                                                                     |                |                                                                                                                  |          |          |        |   |   |   |
| <b>Senior Choir</b>                                                                                                                                                                                                                                                              | Richard Allain | <table><tr><td>Creative</td><td>Cultural</td><td>Skills</td></tr><tr><td>4</td><td>3</td><td>3</td></tr></table> | Creative | Cultural | Skills | 4 | 3 | 3 |
| Creative                                                                                                                                                                                                                                                                         | Cultural       | Skills                                                                                                           |          |          |        |   |   |   |
| 4                                                                                                                                                                                                                                                                                | 3              | 3                                                                                                                |          |          |        |   |   |   |
| All students are invited to join choir, regardless of experience. There is no audition process. Note, pupils will not be called for every Monday lunchtime as these will be sectional rehearsals. If you would like to join Senior Choir, please select it on Monday AND Fridays | 40 spaces      |                                                                                                                  |          |          |        |   |   |   |

# Friday Activity Hour

## Activity Assistants

Take round the registers and generally assist running activities. You must be willing to commit and be ready to get plenty of exercise!

4 spaces



## Beginners Fencing

Donald Walker

Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes.

30 spaces

£60.00 per term



## Chamber Choir

Jo Trevenna

12 spaces



## Cryptography Club

James Ratcliffe

Crack some codes. Each week a new challenge will be set. Can you crack the codes to get into the safe and get the sweet sweet rewards?

24 spaces

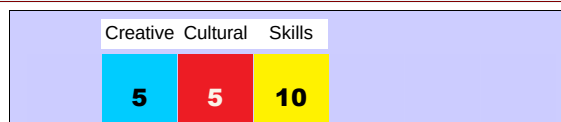


## Dungeons and Dragons

Sophie Morrison

All ages and experience levels welcome. If you've never played and always wondered... come and try it for a term and see what you think. Calling all DM's – you know I can't run this club without you!

40 spaces

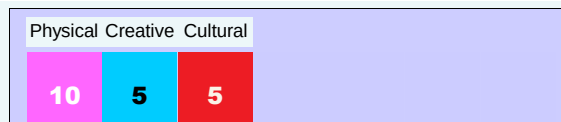


## Folk Dancing

Sam Ford

Come and have a go at traditional and modern British folk dancing. No experience necessary. We'll largely be doing social dancing (you might have heard of barn dance or ceilidh), but we'll also be dipping into other styles, like morris, traditional Jewish dancing, polka, and maybe even waltzing

20 spaces

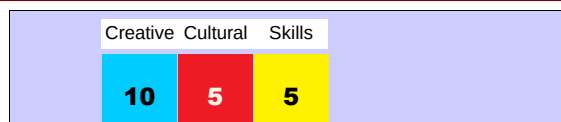


## Friendship Bracelets, Kumihimo and Other Cr

Liliya Brezina

Join us for some laid-back crafting and a good natter! We'll be trying out a range of activities, from simple and intricate kumihimo bracelets to beading, card making, colouring, and loads more. Come along and get creative with us!

15 spaces



## Just Dance

Mathew Aston

Join in with Just Dance for an hour of fun and exercise

20 spaces



## Paper Doll Making

Grace MacFarlane

In this activity we will design our own paper dolls and personalise their wardrobe. This activity is perfect for students who want to brush up on their drawing skills and are interested in paper fabrication. We will go above and beyond to customizing your dolls houses, pets, accessorizes and more. Anyone with a great imagination is welcome!

16 spaces



## Settlers of Catan and other Strategy Games

James Turner

Join me each week to play a game of Catan, Carcassonne and more!

12 spaces

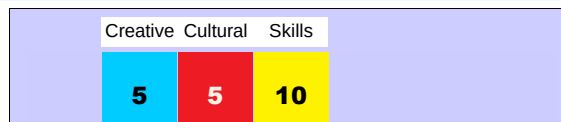


## Silent Reading Club

Ana-Maria Vazquez Martin

Do you find yourself too busy to read your favourite books in a quiet and welcoming space? At Silent Reading Club there's no assigned reading. Bring your own book and enjoy reading at your own pace

15 spaces



Swim Team Training

For students who want to develop their competitive swimming in the four major strokes and compete for the school in galas

Jacob Butterfield

28 spaces



Table Tennis

Develop the fast response skills required of one of the world's most popular sports

Tom Bell

12 spaces



Friday Evening

Intermediate / Advanced Fencing

5.15-7.15pm (pack up tea provided). Fencing is the best combination of mental and physical exercise possible. It teaches initiative, discipline, flexibility (both mental and physical), strategy and observation. It improves balance, timing and conditions the reflexes. This activity is straight after normal activities. You need to select prep or an activity in the first slot.

Donald Walker

16 spaces

£60.00 per term

